

International Winter School Manipal University Jaipur (IWSMUJ2022)

Course Overview

Name of course: Fascinating World of Mandala

Name of instructor: Dr Nupur Ojha

Session: January 2022

Language of instruction: English

Number of contact hours: 36

Credit awarded: 03

Objective of course

1. The course will enable the students to learn various types and techniques of mandala, which includes tools, shapes and details.
2. Elaborating various mediums and surfaces used for creating mandalas
3. Detailing the intricacies of mandala patterns, grids and layouts.
4. It will also enhance values like patience, self- confidence and self- creativity.
5. Design various types of mandalas by composing grids, patterns and layouts from basic to advance level

Syllabus

Unit 1: Introduction to mandalas- History of Mandalas, Therapeutic significance and benefits of mandalas, tools and techniques used for drawing mandalas, color theory and color schemes, mediums and surfaces used, Introduction to grids, patterns and layouts,

Unit 2: Drawing basic mandalas: Composing grid, layout and patterns for designing mandalas

Unit 3: Intermediate level mandalas: Mandalas on Black paper, Full page mandala, Galaxy mandala, Mandala with background frame

Unit 4: Advance level mandala: Watercolor mandala, Floral mandala

Organization of course

Total contact hrs 36		
1st week:	10 hrs (classes)	2 hrs (self-study/project)
2nd week:	10 hrs (classes)	2 hrs (Mid term exam/assessment/discussion)
3rd week:	10 hrs (classes)	2 hrs (End term exam)

Mode of lectures: online lecture/workshop/ hands-on

Course Plan

Lecture no.	Topic	Lecture mode	Instructor
L: 1-6	Introduction to mandalas- History of Mandalas, Therapeutic significance and benefits of mandalas, tools and techniques used for drawing mandalas, color schemes and types, mediums and surfaces used, Introduction to grids,	Online	Dr Nupur Ojha
L: 7-12	Mandala patterns and layouts	Online/Hands on	Dr Nupur Ojha
L: 13-18	Drawing basic mandalas: Composing grid, layout and patterns for designing mandalas	Online/Hands on	Dr Nupur Ojha
L: 19-24	Mandalas on Black paper, Full page mandala,	Online/Hands on	Dr Nupur Ojha
L: 25-30	Mandala with background frame, Galaxy mandala	Online/Hands on	Dr Nupur Ojha
L: 31-36	Water-color background mandala, Floral mandala	Online/Hands on	Dr Nupur Ojha

Brief profile of the instructor

I am a self-learned artist and have been drawing mandalas for few years now. I design various types of mandalas and some of my work got featured by various renowned artists. I remain keenly interested in developing new techniques and experimenting with new mediums.

