



## **MANIPAL UNIVERSITY JAIPUR**

### **Guidance and FAQ on Coronavirus Disease -2019 (COVID-19)**

As you are aware the world is currently experiencing a multi country epidemic of Coronavirus Diseases (COVID-19) caused by a virus known as Severe Acute Respiratory Syndrome Coronavirus -2 (SARS-CoV-2). The disease emerged in early December 2019 in Wuhan city of Hubei province in China. Substantial numbers of cases COVID-19 reported from 115 countries. While the case numbers are steadily increasing an spreading across many other countries the active community transmission is ongoing

India has reported 114 cases as of today from various states of India including Rajasthan. However, as of all cases are associated with travel or close contact with a known case. We at MUJ have taken adequate steps to ensure the safety of students and staff. We will periodically update the guidance.

#### **1. What is coronavirus?**

Coronaviruses are a large family of RNA viruses. In humans, several coronaviruses are known to cause respiratory infections ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS). The most recently discovered coronavirus (SARS-COV-2) causes coronavirus disease COVID-19.

#### **2. What is COVID 19?**

COVID-19, also known as Coronavirus, is a new respiratory virus first identified in Wuhan, Hubei Province, China, which has spread globally, including India.

#### **3. What are the symptoms that COVID-19 can cause and how is the virus spread?**

- The most important symptoms to look out for in COVID-19 are fever, dry cough, and



sore throat.

- Some people become infected but don't develop any symptoms and don't feel unwell.
- People with fever, dry cough and difficulty in breathing should seek medical attention.

#### **4. How does COVID-19 spread?**

- The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales.
- People can also get infected by touching objects or surfaces contaminated by the virus.

#### **5. What can I do to protect myself and prevent the spread of the disease?**

- Practice frequent hand washing with soap and water or clean your hands with an alcohol-based hand rub whenever the need arises.
- Avoid frequent touching of the face, eyes, nose and mouth without washing hands
- Follow social distancing by keeping at least 1 meter (3 feet) away from sick persons / person with fever or cough.
- Avoid mass gathering
- Make sure you, and the people around you, follow good respiratory etiquette [covering the mouth while sneezing or coughing]
- Throw used tissues into closed bins immediately after use
- Stay home if you feel unwell. If you have a fever, cough and difficulty in breathing, seek medical attention.
- Follow advice given by the healthcare provider and the public health authority on how to protect yourself and others from COVID19.



**6. What should I do if I visited any areas where COVID 19 is spreading in the past 14 days?**

- If you have returned from any place that is currently experiencing an outbreak of COVID- 19,
- If asymptomatic - Please inform the concerned authorities and quarantine yourself in your room / house and limit your contact with others for a period of two weeks.
- If you develop fever, cough and difficulty in breathing report to the healthcare facility (Emergency department of KH, Manipal, Contact number-08202922761)

**7. How likely am I to catch COVID-19?**

The risk depends on where you live or where you have travelled recently. The risk of infection is higher in areas where a number people have been diagnosed with COVID-

19. For people in most other parts of the world, your risk of getting COVID-19 is currently low.

**8. Who is at risk of developing severe illness?**

While we are still learning about how COVID-19 affects people, older persons, immunocompromised and people with pre-existing co morbid conditions appear to develop serious illness more often than others.

**9. Are antibiotics effective or treating the COVID-19?**

No. Antibiotics do not work against viruses, they only work on bacterial infections. COVID-19 is caused by a virus, so antibiotics do not work.

**10. Is there a vaccine, drug or treatment for COVID-19?**

Not yet. To date, there is no vaccine and no specific antiviral medicine to prevent or treat COVID-19. However, those affected should receive care to



relieve symptoms. People with serious illness should be hospitalized. Most patients recover with supportive care.

**11. Should I wear a mask to protect myself?**

Use a mask only if you have respiratory symptoms (coughing or sneezing), have suspected COVID-19 infection with mild symptoms, or are caring for someone with suspected COVID-19 infection.

**12. How long is the incubation period for COVID-19?**

The “incubation period” means the time between catching the virus and beginning to have symptoms of the disease. Most estimates of the incubation period for COVID-19 range from 1-14 days, most commonly around five days.

**13. How long does the virus survive on surface?**

It is not certain how long the virus that causes COVID-19 survives on surfaces. Studies suggest that coronaviruses (including preliminary information on the COVID-19 virus) may persist on surfaces for a few hours or up to several days.

**14. Is it safe to receive a package from any area where COVID-19 has been reported?**

Yes. The likelihood of an infected person contaminating commercial goods is low and the risk of catching the virus that causes COVID-19 from a package that has been moved, travelled, and exposed to different conditions and temperature is also low.

**15. Is there anything I should not do?**

- The following measures **ARE NOT** effective against COVID-2019 and can be harmful: Smoking



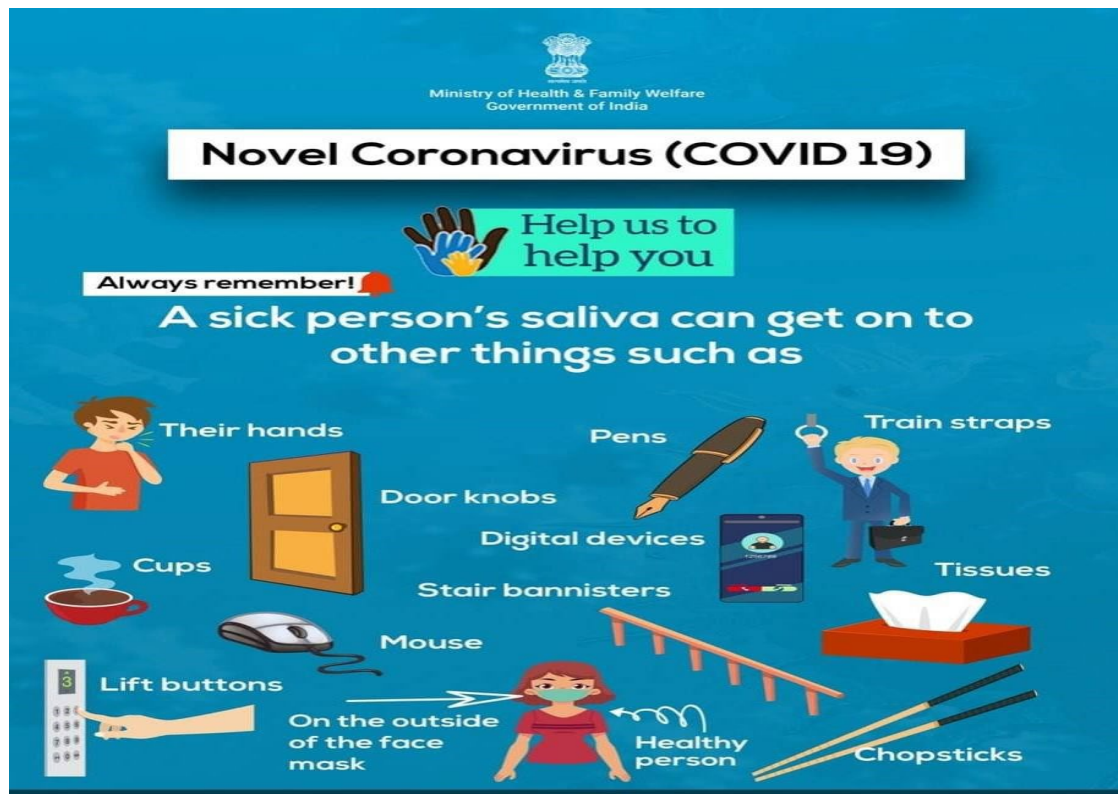


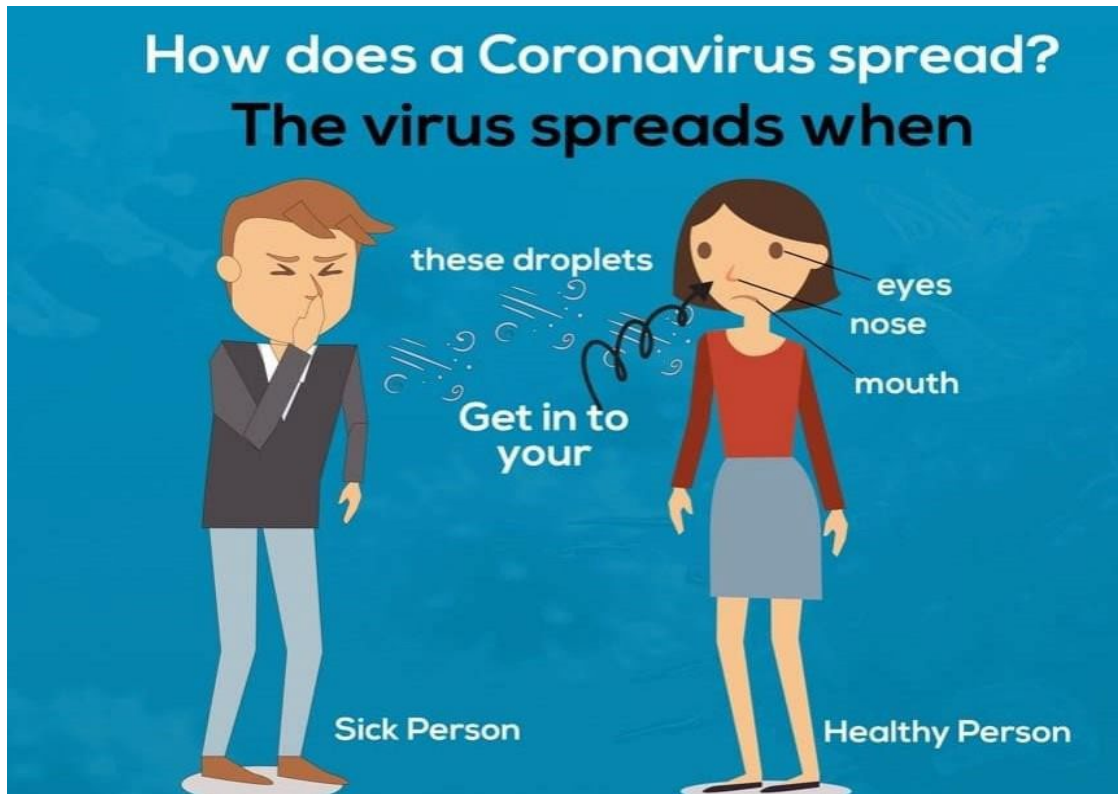
- Wearing multiple masks
- Taking self-medication such as antibiotics

**16. Can we use the biometrics for attendance?**

Biometric attendance system followed in the institutions and hospitals shall be stopped with immediate effect, until further orders.

However, biometric attendance prescribed by the statutory bodies has to be continued with due care until further instructions from the respective statutory bodies.







**MANIPAL UNIVERSITY  
JAIPUR**

*(University under Section 2(f) of the UGC Act)*

**A report on**

**Five Day Executive Development Program**

**On**

**Wellness of being: Exploring human health  
and wellness**

**13<sup>th</sup> June 2022 to 17<sup>th</sup> June 2022**



## **Introduction of the Event**

Health is necessary for all human beings. Good health is imperative for effective and efficient working in personal and professional life. According to (WHO)World Health Organisation, "Health is a state of complete physical mental and social well-being of a person and not merely the absence of disease and infirmity" thus health and well-being are interrelated.

This EDP proposes to fulfil this objective of training faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. It will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness.

## **The objective of the Event**

The basic objective of the program is to train faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. It will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness. This EDP Gives all the information about multiple dimensions of health and fitness including:

- Diet nutrition its functions.
- Weight and health management through diet.
- PCOD and PCOS are major issues in lifestyle.
- Lifestyle diseases and their solutions.
- Yoga is a way of a healthy lifestyle and how yoga is important for working professionals.
- Mental health and how to create a balance between mental health and spiritual health

## **Beneficiaries of the Event**

All the executives and faculty members of MUJ and other Institutes

## **Details of the Guests**

The session was engaged by the following resource persons

**Dr. Nibu R. Krishna**, Associate Professor, (HoD) Department of Yogic Science Lakshmibai National Institute of Physical Education, Gwalior · NAAC A++ Accredited, Category-1, Deemed to be University

**Ms. G. Vani Bhushanam**, Scientific Officer, Department of Sports Nutrition, Human Performance Lab, Sports Authority of India, New Delhi Ministry of Youth Affairs & Sports, GOI Certified Sports Nutritionist by International Olympic Committee.

**Dr. RS Bhogal**, Head (Assistant Director Research), at the Scientific Research Department of, Kaivalyadhama Expert on Mental health

**Mrs. Nidhi S:** PCOD, PCOS Expert, women health trainer (Germany)

**Mr. Yogi Yogendra Kushwaha**, Yoga trainer China

**Mrs. Smitha Ramesh**, Nutritionist Expert (Dubai)

## **Brief Description of the Event**

In this EDP different experts have taken sessions on . The day-wise brief of each session is as follows:

**Day-1** (Mrs. Smitha Ramesh, Ms. G. Vani Bhushanam)

### **Agenda Items:**

- What is the problem in day to day nutrition of Executives.
- Role of early breakfast and timely meal.
- How to prepare your food.
- The nutritional values of food.



- Diet for Weight loss and Weight management
- Stress and Diet
- Eating habits

**Day-2**

(Mrs. Nidhi Sharma)

**Agenda Items:**

- What are PCOD and PCOS
- Symptoms of PCOD and PCOS
- Causes of PCOD and PCOS
- How to resolve the issue in young professionals
- Activity level and how to decrease the risk of lifestyle disease

**Day-3**

(Mr. Yogi Yogendra Kushwaha)

**Agenda Items:**

- Yoga for working professional
- Mindful techniques that can be used at workplaces
- Why Yoga is important in modern lifestyle
- How to deal with stress among students with the help of yoga
- Reason why people forget to live mindfully
- Meditation technique that can be used on our workplace.
- Q&A



**Day-4**

(Dr. Nibu R. Krishna)

**Agenda Items:**

- Yogic practices and their effect on the human body.
- Challenges faced by young professionals in the day-to-day lifestyle and how yoga can be an active part of the working lifestyle.
- Facial exercises.
- Stress reliever exercises
- Mantra meditation

**Day-5**

(Dr. RS Bhogal)

**Agenda Items:**

- Depression in young professionals.
- Stress in day-to-day life
- What can be a way of life for working professionals.
- How to increase awareness.
- Sense and control on senses
- Meditation session on control of senses.



**MANIPAL UNIVERSITY  
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## Flyer of the event



### Executive Development Program

Organised by

**Department of Arts**

**School of Humanities & Social Sciences**

on

## Wellness of Being

Exploring Human Health and Wellness

**13- 17 June, 2022 Time 9AM-11AM**



**Dr. Nibu R. Krishna**  
Associate Professor, (HoD)  
Department of Yogic Science  
Lakshmbai National Institute of  
Physical Education, Gwalior



**Ms. G. Vani Bhushanam**  
Scientific Officer, Department of Sports Nutrition,  
Human Performance Lab  
Sports Authority of India, New Delhi  
Ministry of Youth Affairs & Sports  
GOI Certified Sports Nutritionist by International  
Olympic Committee.



**Dr. R S Bhogal**  
Head (Assistant Director Research)  
Scientific Research Department  
Kaivalyadhama Expert on Mental health



**Mrs. Nidhi S**  
PCOD, PCOS Expert, women  
health trainer (Germany)



**Mr. Yogi Yogendra Kushwaha**  
Yoga Trainer (China)



**Mrs. Smitha Ramesh**  
Nutritionist Expert (Dubai)

### Wellness of Being: Exploring Human Health and Wellness

Health is necessary for all human beings. Good health is imperative for effective and efficient working in personal and professional life. According to (WHO)World Health Organisation, "Health is a state of complete physical mental and social well-being of a person and not merely the absence of disease and infirmity". Thus, health and well-being are interrelated. This EDP proposes to fulfil this objective of training faculty and executives to better their lives. It will train and teach faculty and executives about multiple dimensions of human health and fitness comprehensively. It will focus on the various dimensions of health including nutrition, mental, spiritual, and physical fitness.

#### PROPOSED SCHEDULE FOR WORKSHOP

#### 5 DAYS Executive Development Program on Multiple Dimensions of Health

Date	Session I 9:00 Am to 10:00 Pm
13 <sup>th</sup> June 2022	Introductory Session On diet consciousness in young professionals By Ms. Vani Bhushanam and Smitha Ramesh
14 <sup>th</sup> June 2022	Session On PCOD, PCOS is a challenging issue in today's time. By Ms. Nidhi
15 <sup>th</sup> June 2022	Yoga for stress management in working life by Dr. Nibu R Krsihna
16 <sup>th</sup> June 2022	Yoga for the working Professionals. (How to use your surroundings)
17 <sup>th</sup> June 2022	The balance between spiritual and mental health

Registration Fee  
Rs. 300

#### Payment Link

Interested participants can register themselves using below link

<https://www.payumoney.com/customer/users/paymentOptions/#/1011F8DA7C0FCB5EC870FBB52B99DD08/EDPMANI2022/217344>

#### Registration Form

Please fill this Google form after Registration

<https://forms.office.com/r/EafyEeeB5U>

#### Mr Mohit Sharma

Convener

Email : mohit.sharma@jaipur.manipal.edu

Mob. : 9424900728



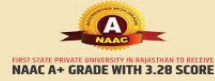


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**MANIPAL UNIVERSITY  
JAIPUR**



## **Online Executive Development Program**

Organised by

**Department of Arts**

**School of Humanities & Social Sciences**

on

# **Wellness of Being**

**Exploring Human Health and Wellness**

**13-17 June, 2022**    **Time 9AM-11AM**



**Registration Fee  
Rs. 300**

### **Payment Link**

Interested participants can register themselves using below link

<https://www.payumoney.com/customer/users/paymentOptions/#!/1011F8DA7C0FCB5EC870FBB52B99DD08/EDPMANI2022/217344>

### **Registration Form**

Please fill this Google form after Registration

<https://forms.office.com/r/EafyEeeB5U>

### **Mr Mohit Sharma**

Convener

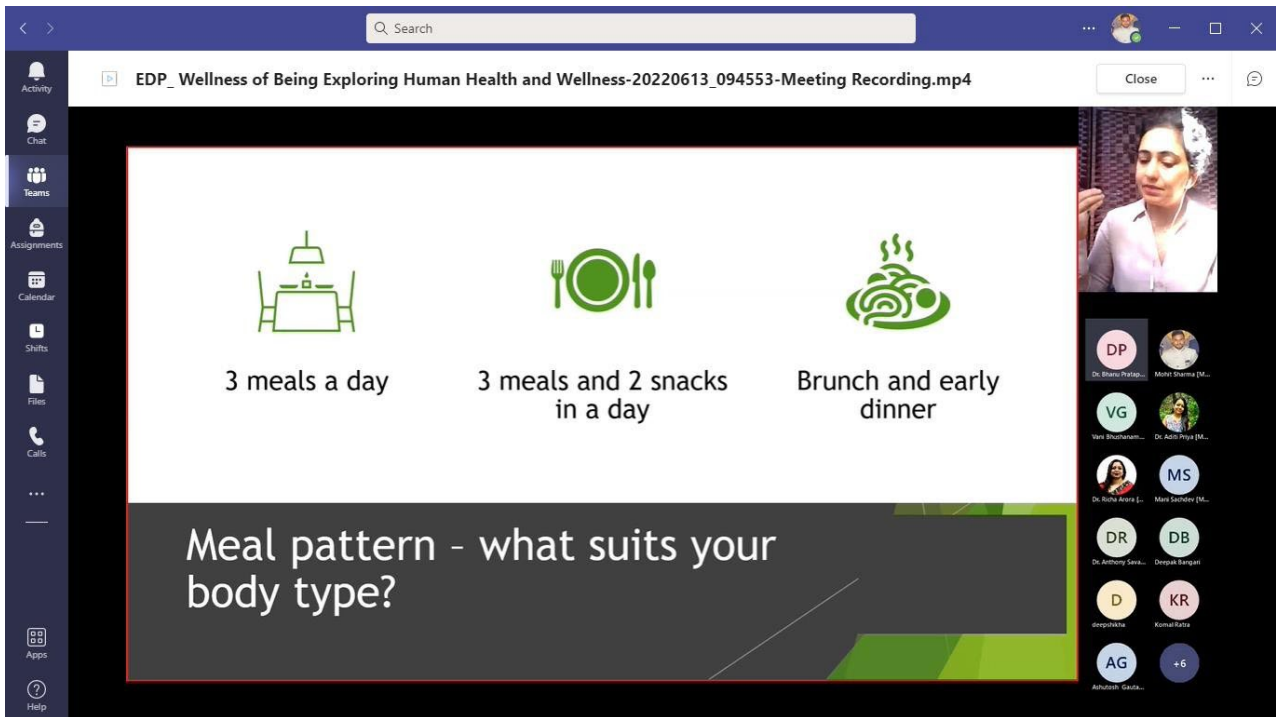
Email : [mohit.sharma@jaipur.manipal.edu](mailto:mohit.sharma@jaipur.manipal.edu)

Mob. : 9424900728

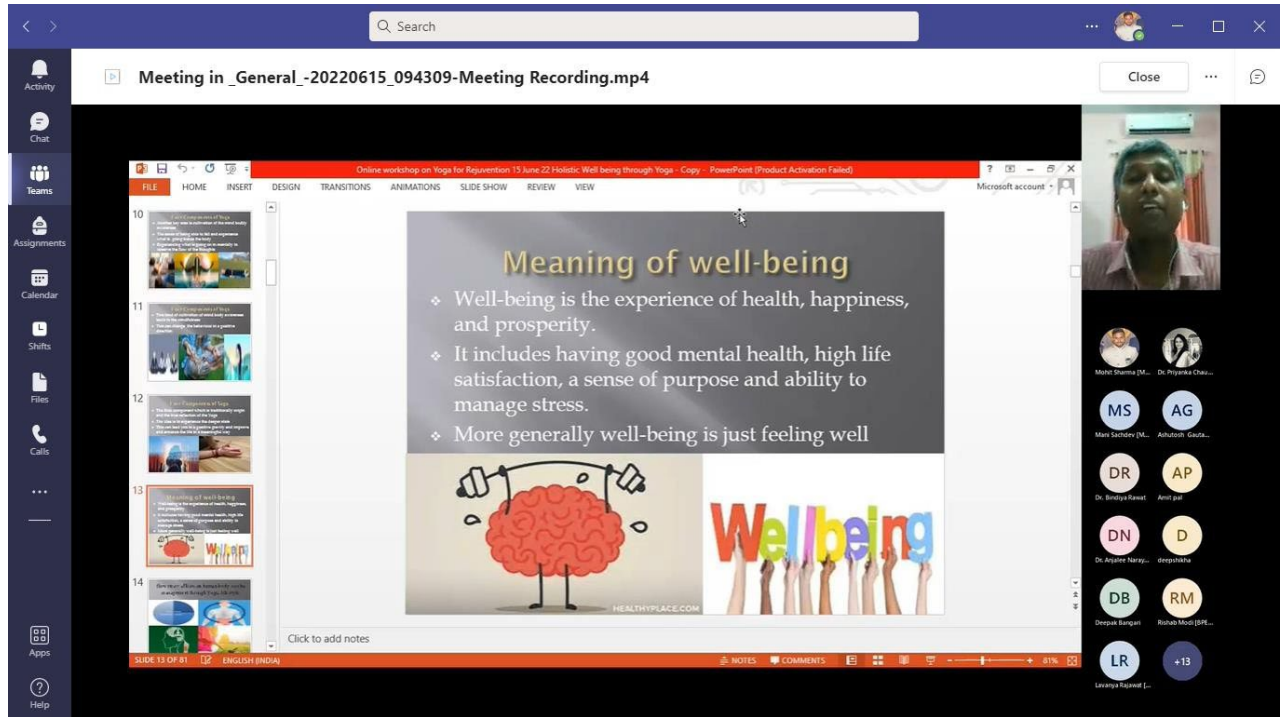
## Photographs



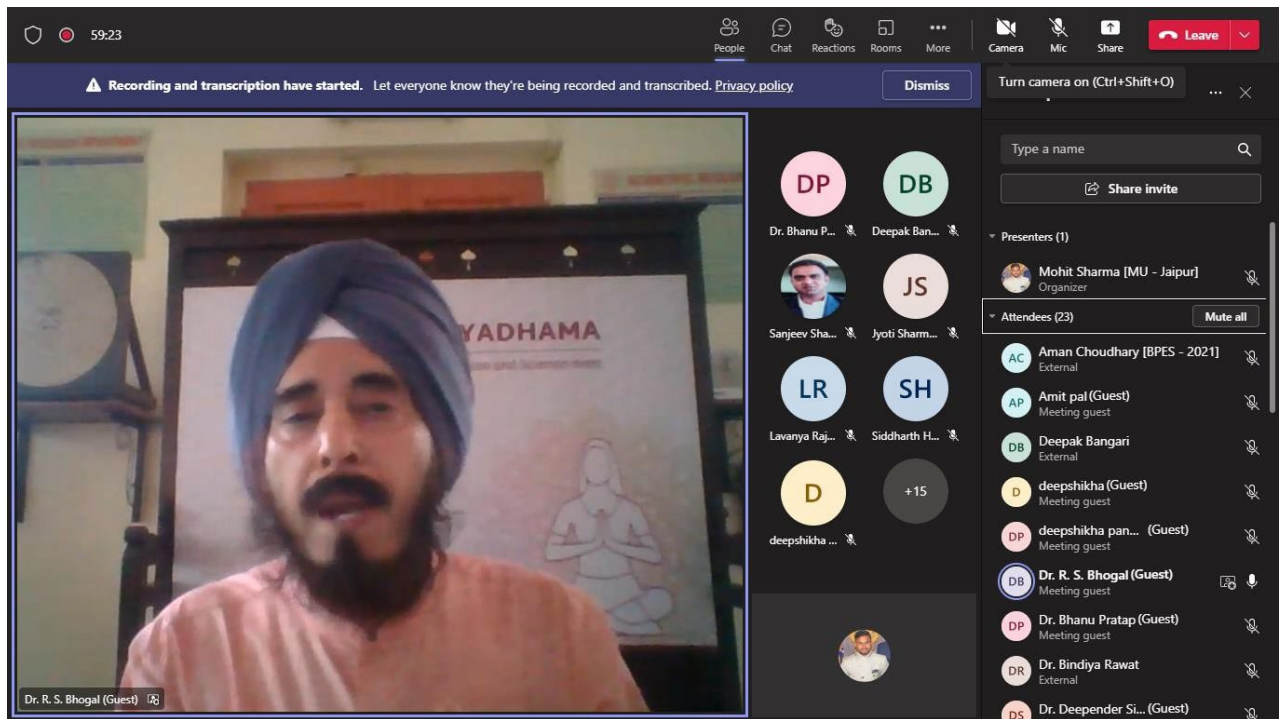
Guest speaker delivering her speech



Guest speaker describing the ideal meal plan for a body type



Second guest speaker explaining the meaning of well-being

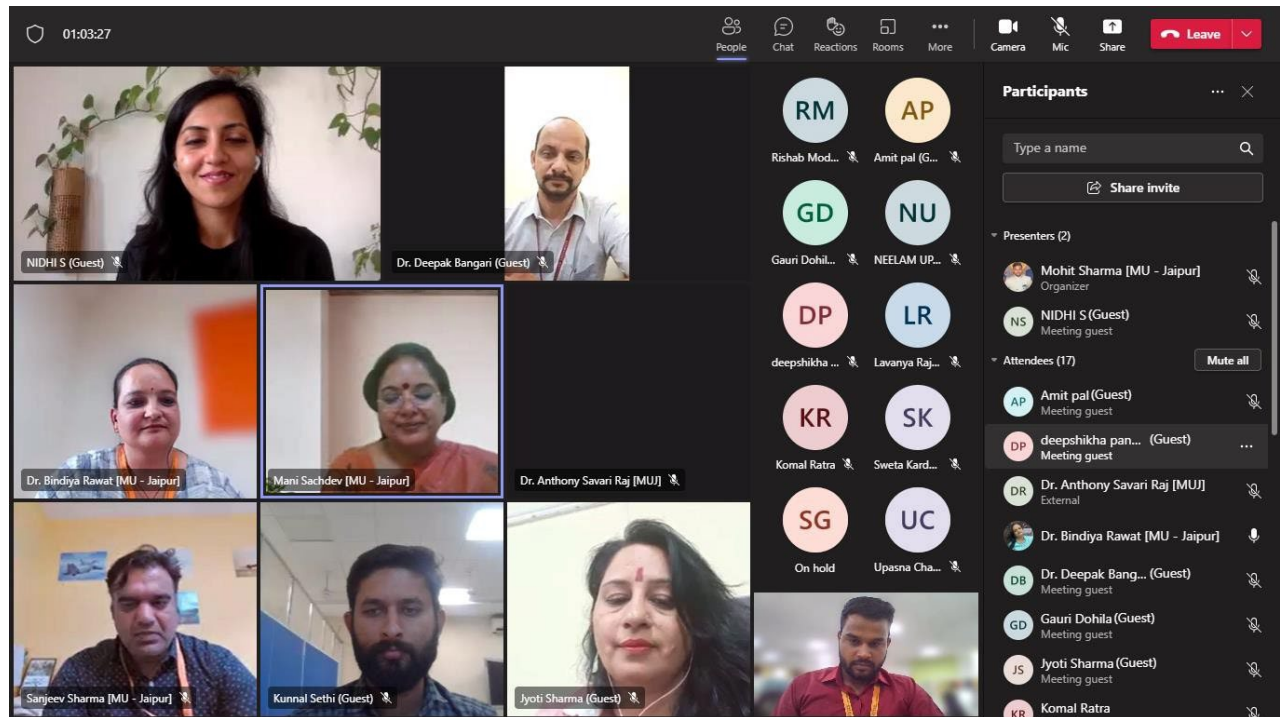


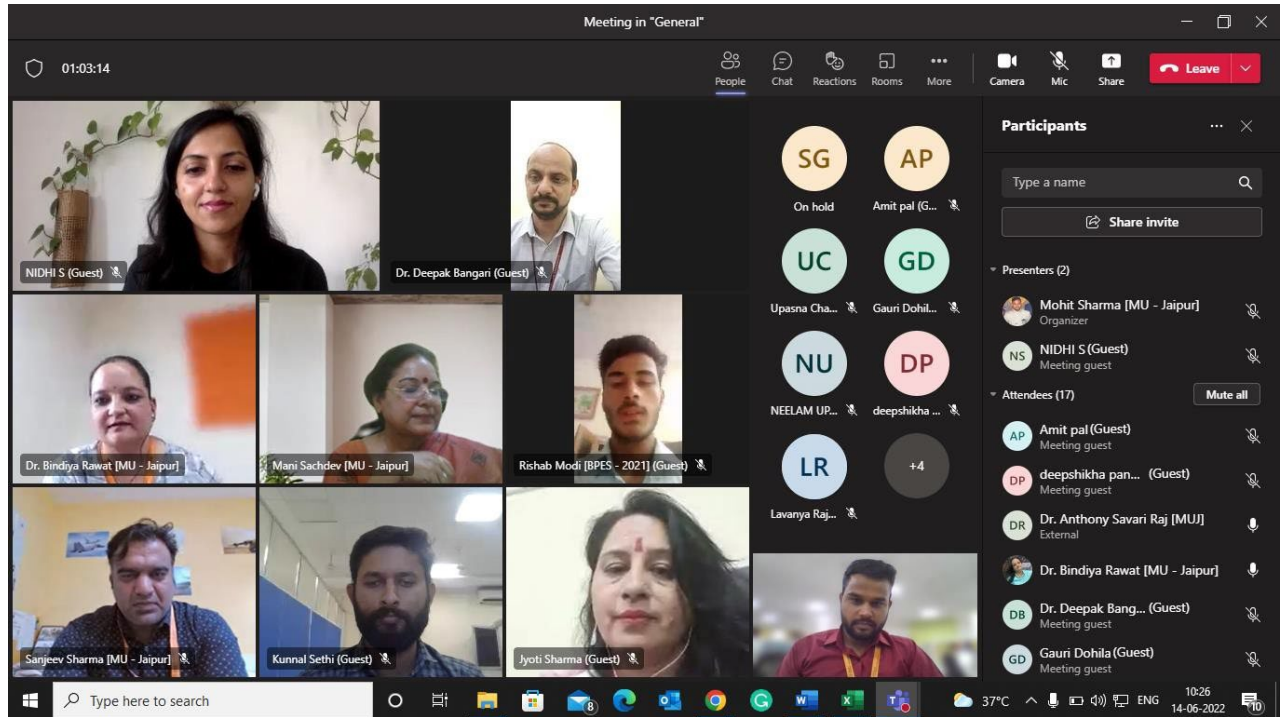
Third guest speaker delivering his lecture





Participants listening to the lectures





Participants participating in the lectures



Guest speaker in conversation with department faculty

## Syllabus covered :

### AT1101 Foundation of Physical Education and Sports

[3 1 0 4]

**Introduction:** Definition, aim and objectives of physical education, principles of physical education, relationship of physical education with general education, misconceptions regarding physical education, how physical education help to achieve the aim of education. **Philosophical aspect of Physical Education:** Meaning of philosophy, different philosophies applied to physical education- Idealism, Pragmatism, Realism, Naturalism, Existentialism and Materialism, implication of different philosophies for physical education and sports. **Biological Concept of Physical Education:** Biological principles of physical education: growth and development- Meaning, difference, principles and various stages; heredity and environment-various theories and its effect on growth and development; body types and its classification; sex differences; chronological, physiological and anatomical ages. **Sociological Foundation:** Physical education & sports as a need of the society, sociological implications of physical education and sports, physical activities and sports as a cultural heritage, role of sports in national integration. **Psychological Foundation:** Meaning, definition, scope and importance of psychology, meaning of learning, laws of learning, theories of learning (trial and error, conditioned reflex insight theory, learning by imitation), factor affecting learning, different stages and plateau.

### Reference:

1. Kamlesh, M.L. (1988). Physical Education Facts and foundations, Faridabad: PBPublications.
2. Barrow Harold, M. (1993). Man and movements principles of Physical Education, Philadelphia:Lea and Febiger.
3. Ravaness, R.S. (1978). Foundation of Physical Education. Boston USA: Houghton MillinCo.
4. Krishana Murthy, V. and Paramesara Ram, N. (1990). Educational Dimensions of Physical Education, New Delhi: Print India.
5. Singh, Ajmer et.al. (2008). Essentials of Physical Education, Ludhiana: Second revised Addition, Kalyani Publishers.

**Introduction:** Meaning and definition of anatomy and physiology; Need and importance in physical education and sports; Structure & function of Cell, Tissue & its types. **Skeletal and Muscular System:** General structure of bone, classification and functions of the bone, joints their structure and classification, various types of muscle and their functions, microscopic structure of skeletal muscle. **Cardiovascular and Respiratory System:** Organs of cardiovascular and respiratory system and their structure, mechanism of blood circulation and respiration, blood pressure, cardiac output, cardiac cycle, heart rate, pulse rate and athlete's heart, vital capacity, tidal volume, dead space, oxygen debt and second wind **Nervous and Endocrine System:** Parts of the brain, their structure and function, Spinal cord its structure and function, structure of neuron and its types, reflex action and reflex arch, structure and function of various types of endocrine glands and their location. **Excretory and Digestive System:** Structure and function of kidney, urinary tract and skin, microscopic structure of nephron-mechanism of urinary excretion, structure of digestive tract, mechanism of digestion, elements of food, digestion of food, action of various enzymes on food, assimilation and absorption of food, various glands of digestive system, their structure and functions.

#### **Reference:**

1. Pearc, E. (1989). Anatomy and Physiology for Nurses, Delhi Oxford University Press.
2. Parrot, J.W. (1973). Anatomy for the students and Teachers of Physical Education, London: Edward Arnold Ltd.
3. Miller, A. and Leavel L.C, (1973). Anatomy and Physiology, New York: Amerind Publishing Co. Pvt. Ltd.
4. Singh Ajmer et.al. (2008). Essentials of Physical Education Ludhiana: Kalyani Publishers.
5. Fox, E.L. (1989). Physiological Basis of Physical Education, Athletic Brown Publication.
6. McArdle, William D., Katch, Frank L. and Katch, Victor L. (2014). Exercise Physiology: Nutrition, Energy and Human Performance. Eighth Edition. Lippincott Williams and Wilkins. Wolters Kluwer Company.
7. Pandey, P. K. (1989). Know how sports medicine. Jalandhar: A.P. Publisher.



**AT1202 Sports Psychology**

**[3 1 0 4]**

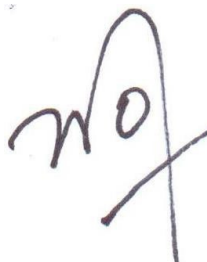
**Introduction of Sports Psychology:** Meaning, definition, scope and importance of sports psychology, development of sports psychology in India, psychological factors effecting physical performance, role of sports psychology in the field of physical education and sports. **Growth and Development:** Concept of growth and development: Physical, mental, social, intellectual and emotional development in infancy, later childhood and adolescence stages. **Motivation in Sports:** Meaning and definition of motivation need and drive, types of motivation, developing motivation and self-confidence, goal setting and motivation. **Personality:** Meaning and definition of personality, theories of personality, factors affecting personality development, role of physical education and sports in the development of personality. **Anxiety and Stress:** Sources of anxiety and stress, emotional states and their effect on performance, dimensions and theories of aggression (biological and psychosocial), factors promoting aggression, aggression and violence in sports.

Teams link :

<https://teams.microsoft.com/l/meetup-join/19%3adV8FzpEd8ZuoHqytjU8ksGI32weRSOinlrPPJO8edao1%40thread.tacv2/1655392430716?context=%7b%22Tid%22%3a%22a1608842-8390-4bfb-90af-89ae3ab30761%22%2c%22Oid%22%3a%221041bbee-e5dd-4a3c-8d7f-8a222e047733%22%7d>

MUJ weblink:

<https://jaipur.manipal.edu/muj/news-events/events-list/wellness-of-being-exploring-human-health-and-wellness.html>



**Dr. Mani Sachdev**  
**Head, Department of Arts**  
**Manipal University Jaipur**

Seal and Signature of HOD



MUJ/DSW/Student Clubs/2022/club name/date



## **DIRECTORATE OF STUDENTS' WELFARE**

**Online fun activity The Joey Trivia-ni**

**Fun Filled Event**

**HUMAN RIGHTS CELL**

**ONLINE EVENT**

**Platform:**

**Date of Event (12th August2022)**

**(7:00 PM- 8:30 PM)**

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## 1. Introduction of the Event

Human rights cell, Manipal University Jaipur is organizing an event for the fun filled the name of the event is “JOEY TRIVIA-NI “. It is an online event that would be conducted on Microsoft Teams. It is a non-academic fun event cum ice braking activity that will include a trivia based on Bollywood movies, memes and OTT shows and series.

## 2. Objectives of the Event

The aim of the event is to conduct a lively interactive session among the students and try out how well they remember the shows and movies they watch and stream on OTTs. It is also aimed to let them explore their minds, how quick witted it is.

## 3. Beneficiaries of the Event

MUJ Students

## 4. Brief Description of the event

The Human Rights Cell, School of Law, Manipal University Jaipur organized the trivia contest titled “JOEY TRIVIA-NI “on 12<sup>th</sup> August 2022 starting 7:00 p.m. The students were divided into the 5 teams based on the registrations. In the event there were three rounds.

Round 1 Bollywood round

Round 2 Netflix & OTT round

Round 3 Pictionary

Each team got 15 seconds to answer the question (who raises the hand first) and for the right answer team got the 10 points.

## 5. Photographs



Fig1. Question from round 3



Fig 2. Question from round 2

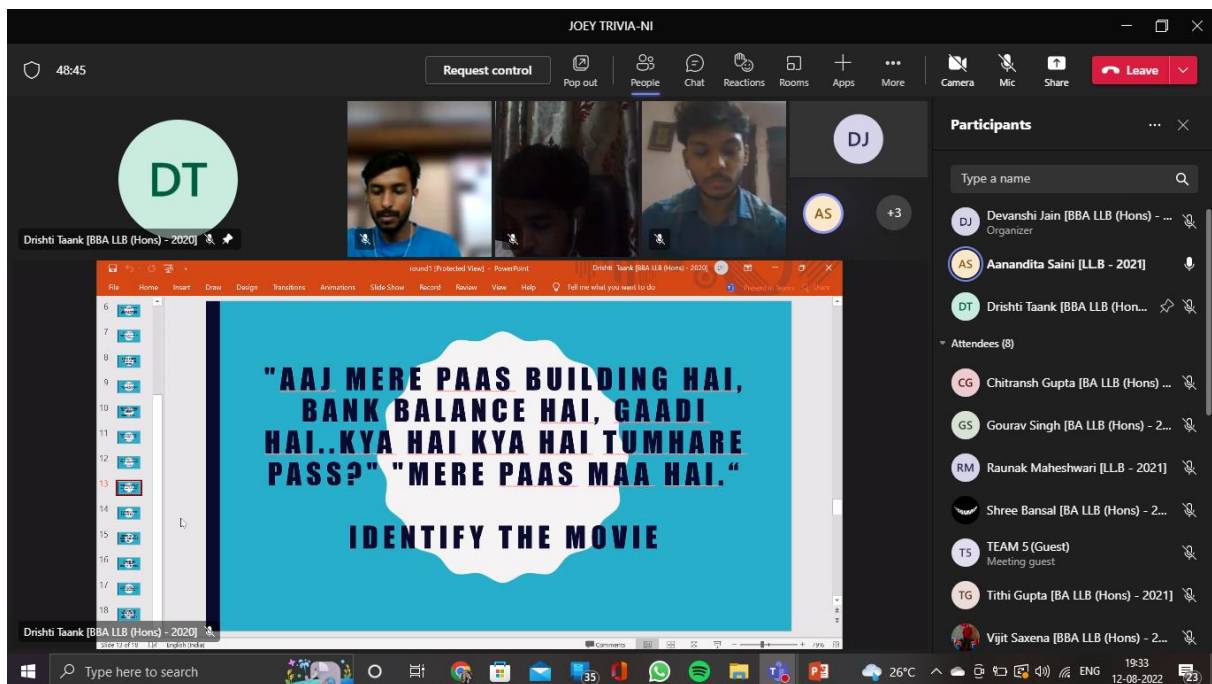


Fig3. Question from round1

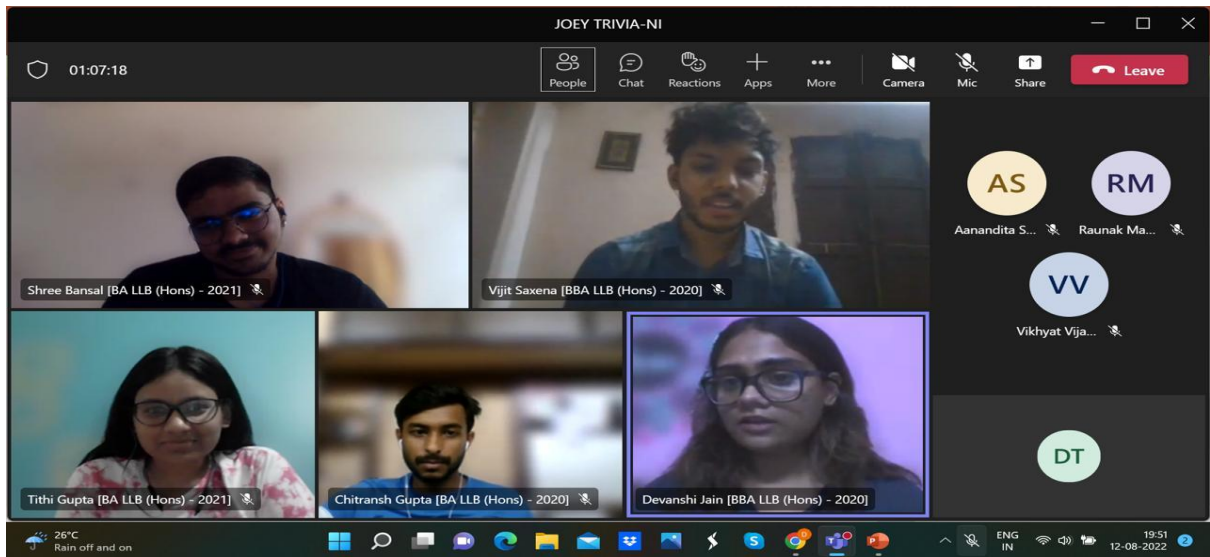
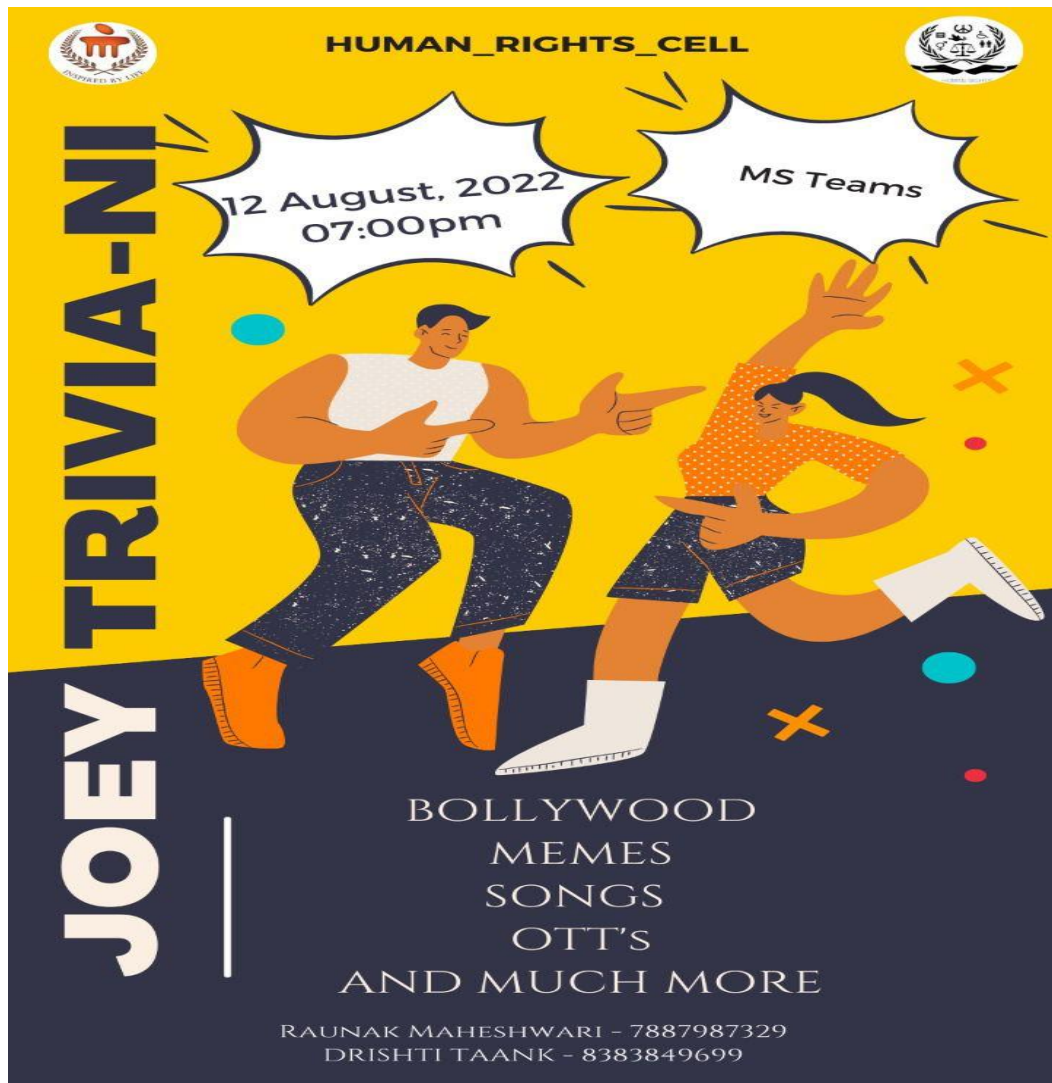


Fig 4. Interaction among the teams

## 6. Brochure or Creative of the Event





## 7. Schedule of the event

The event was held on the 12th August 2022 from 7:00 PM- 8:00 PM

## 8. Attendance of the event: 13

Name	Registration No	WhatsApp No	Outlook Id	Course
Ojaswee Singh Rathore	211305060	9456592982	ojaswee.211305060@muj.manipal.edu	BBA LLB
Madhur Pareek	211305053	8619015358	madhur.211305053@muj.manipla.edu	BBA LLB
Pratiksha	211305022	8969522149	pratiksha.211305022@muj.manipal.edu	BBA LLB
Dewang	211301043	8290564894	Zinc.211301043@muj.manipal.edu	BA LLB
Vijit saxena	201305037	7665022555	Vijit.201305037@muj.manipal.edu	BBA. LLB
Bhavya Pareek	201305038	9468514415	bhavya.201305038@muj.manipal.edu	BBA LLB
Chitransh Gupta	201305064	9664359392	chitransh.201305064@muj.manipal.edu	BBA LLB
Timisha Chauhan	201305050	8005613637	Timisha.201305050@manipal.muj.edu	BBA LLB
Uddhavraj singh shaktawat	211301075	9664226638	Uddhavraj.211301075@muj.manipal.edu	Ballb
gourav singh	211301059	9649939141	gourav.211301059@muj.manipal.edu	BA.LLB
Tithi Gupta	211301105	8826130190	tithi.211301105@muj.manipal.edu	BALLB(hons)
Shree bansal	211301086	9839649973	shree.211301086@muj.manipal.edu	Ba-llb
Kushagra Pareek	201305039	6377125064	kushagra.201305039@muj.manipal.edu	BBA LLB

## 9. Post event link <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Signature of the Student Coordinator

Signature of the Faculty Coordinator

**DIRECTOR STUDENT WELFARE & PROCTOR  
MANIPAL UNIVERSITY, JAIPUR**

**Dr. Arun Kumar Poonia**  
Asst. Director, DSW Clubs

MUJ/DSW/Student Clubs/2022/LexLawgical Club MUJ/15<sup>th</sup> August



## **DIRECTORATE OF STUDENTS' WELFARE**

### **UNMUKT**

#### **The 75<sup>th</sup> Independence Day Event**

**LexLawgical Club, Manipal University Jaipur**

**Date of Event (15th August 2022)**

**(Platform: Google Meet)**



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## **Introduction of the Event,**

LexLawgical Club, Manipal University Jaipur organized “UNMUKT” on 15<sup>th</sup> August 2022, on the occasion of 75<sup>th</sup> Independence Day of India. The event was a tribute to the hard-earned independence. All the students of the school of law and Manipal University Jaipur were invited to participate and witness the joyful occasion and experience the festivities within the MUJ community.

## **Objectives of the Event**

- To celebrate the Independence Day.
- To promote the theme of this year’s Independence Day, *“This Independence Day - celebrate the freedom of speech. Celebrate the freedom of thoughts. Celebrate the freedom of Art”*.
- To provide students a platform to express their artistic expertise.

## **Beneficiaries of the Event**

- The participants and attendees of School of Law, Manipal University Jaipur.

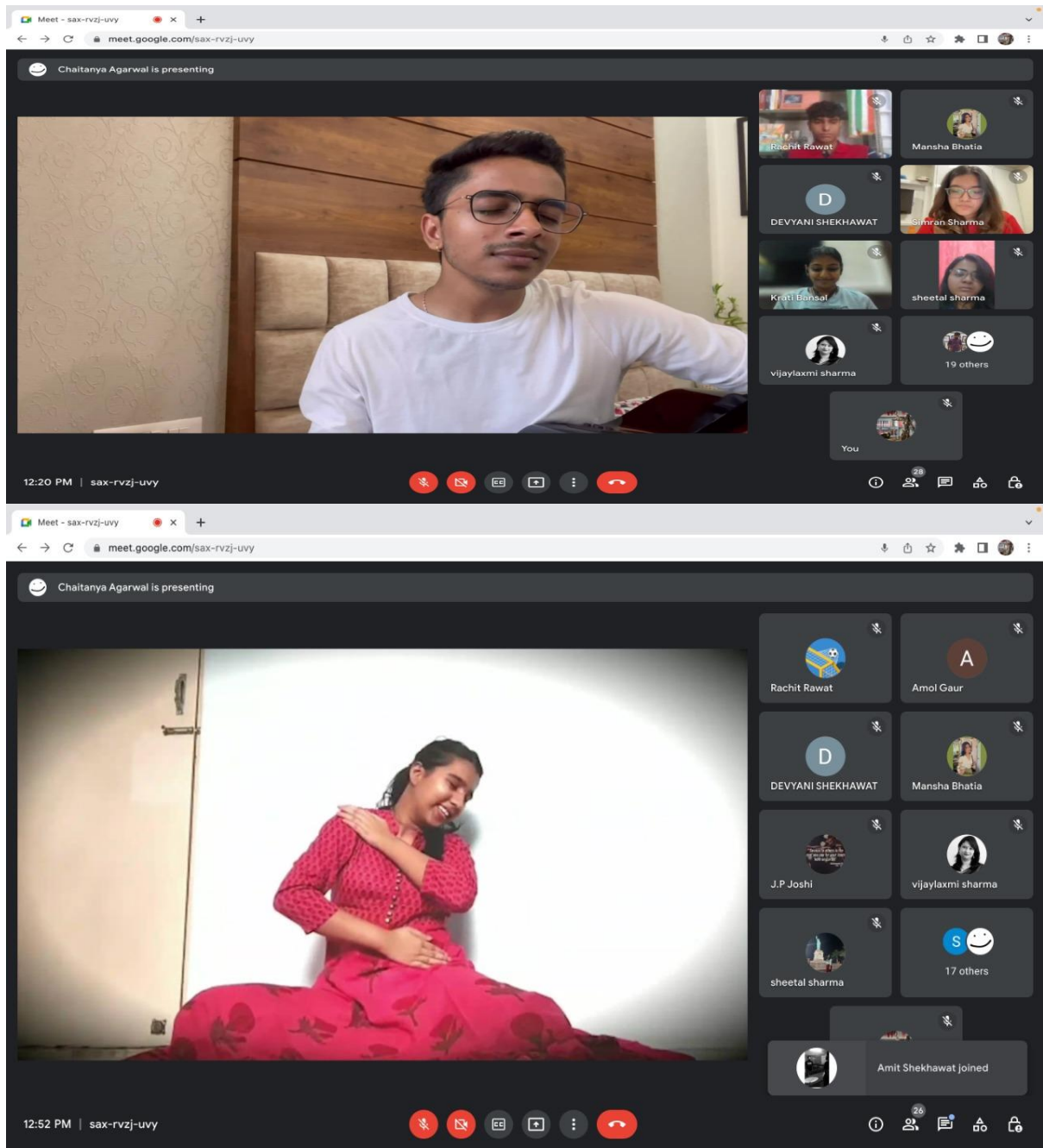
## **Brief Description of the event**

The event was coordinated by Amit Yadav (Faculty Coordinator, LexLawgical Club) and Mansha Bhatia (President, LexLawgical Club). The moderators of the event were Simran Sharma, Devyani Shekhawat and Rachit Rawat. The event began with a brief description about the Independence Day, followed by the words of wisdom by Dr. Vijaylaxmi Sharma (Professor and Director, School of Law), who graced the occasion with her presence.

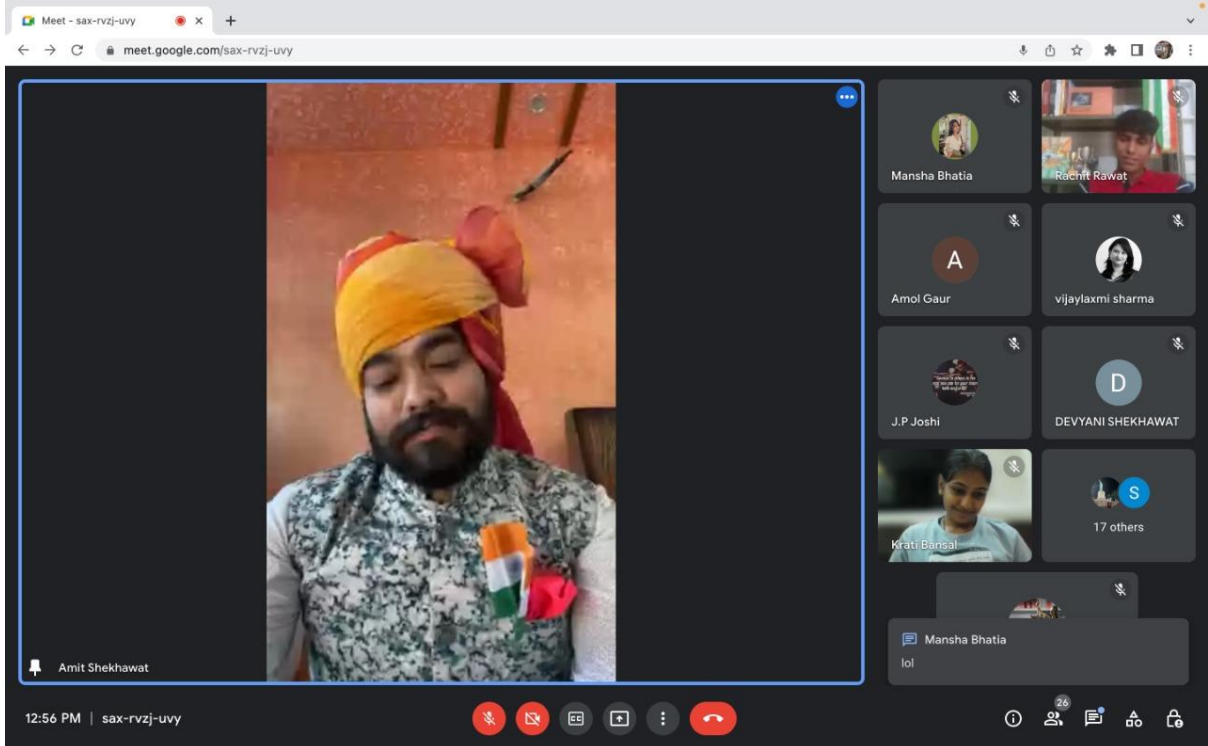
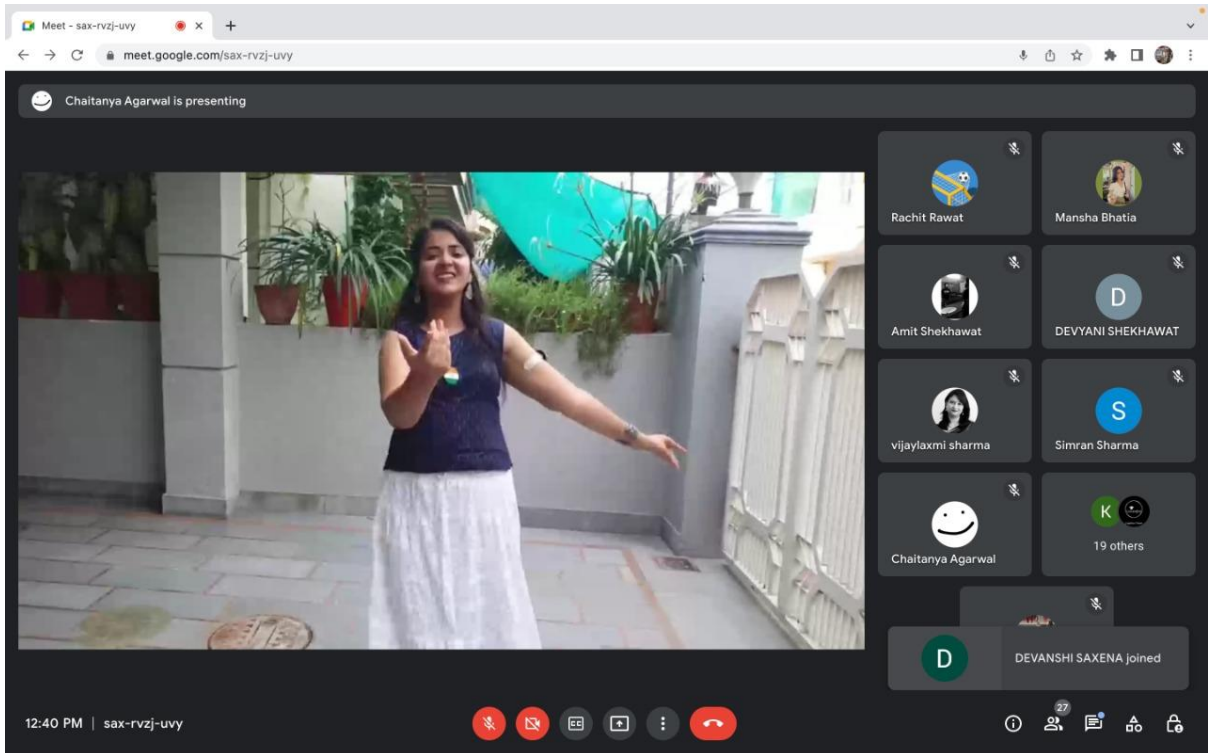
The event then successfully conducted various performances by the participants. The performances were based on various artistic domains such as singing, dancing, poetry reciting, monologue and many more. Their performances reflected the very essence of freedom and love for the country. The event concluded after the vote of thanks.

It was a skilful and dynamic event that gave the participants a wonderful platform to demonstrate their talents and artistic skills. The participants performed with utmost zeal and enthusiasm.

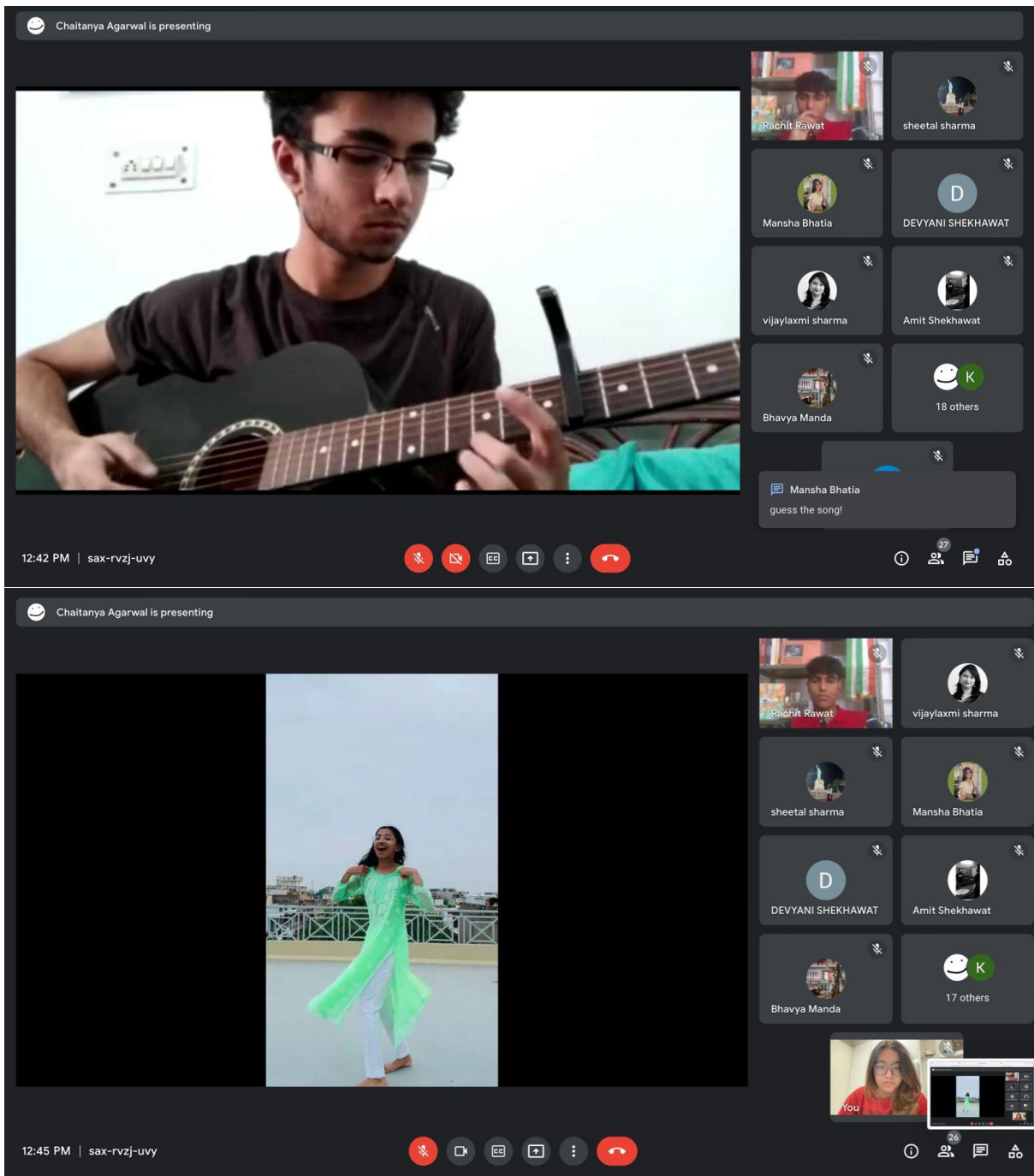
## Photographs



Photographs of event

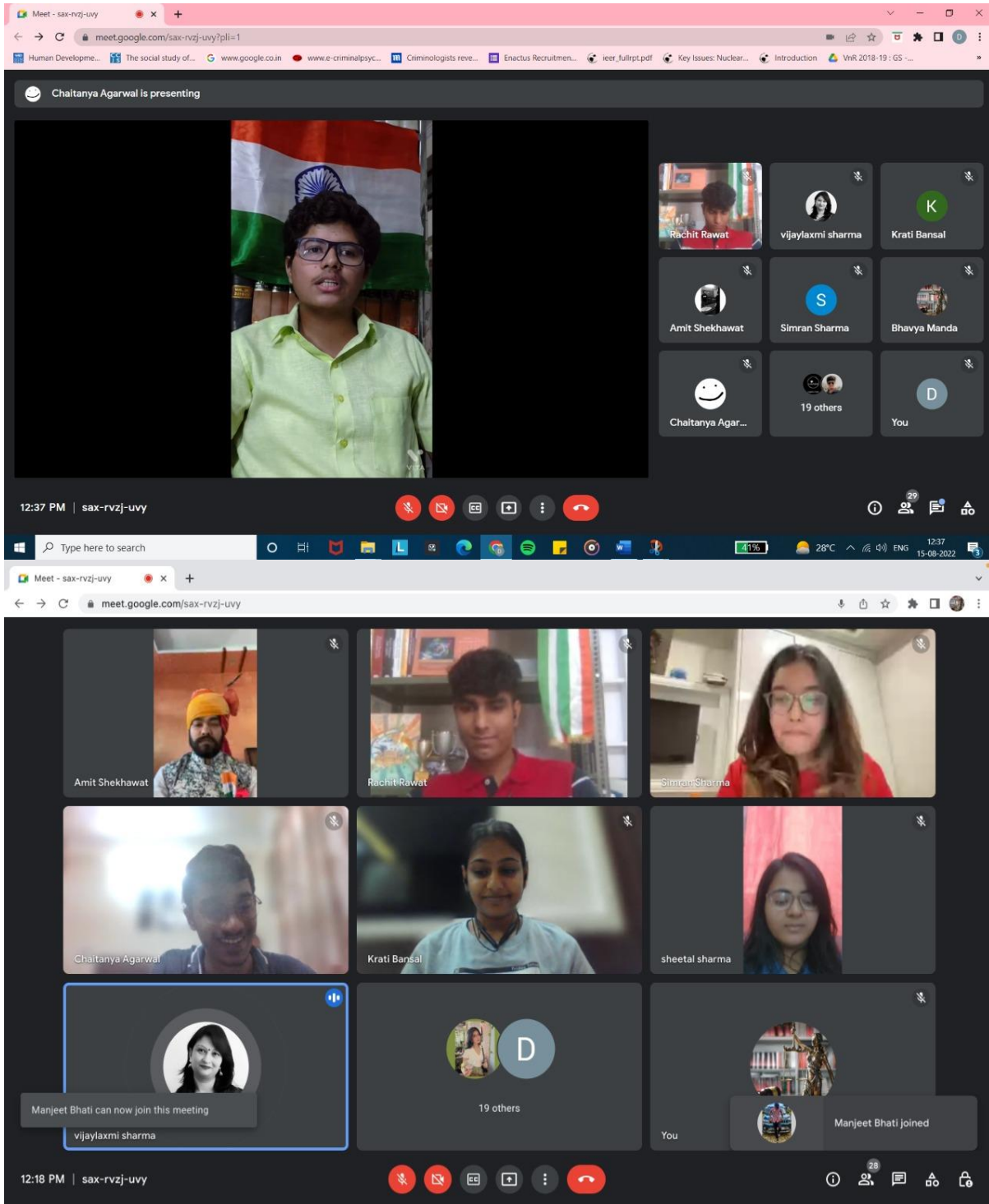


Photographs of event



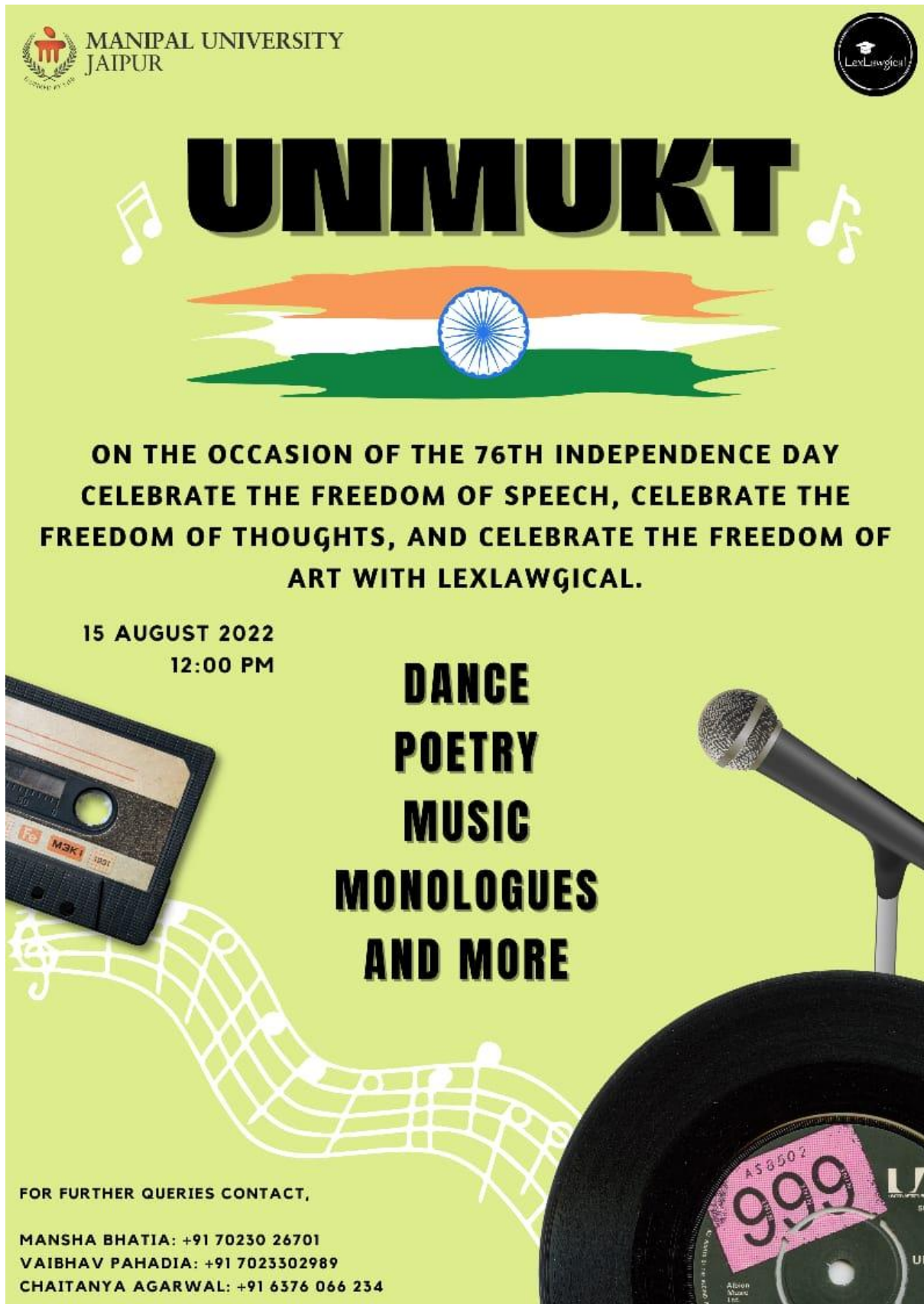
Photographs of event





Photographs of event

Brochure or Creative of the Event



The brochure features a light green background with a stylized Indian national flag in the center. The word 'UNMUKT' is written in large, bold, black letters. Below the flag, there is a block of text in all caps. The date and time are listed below that. The central text lists the event activities. At the bottom left, there is contact information. At the bottom right, there is a microphone and a vinyl record with a price tag.

MANIPAL UNIVERSITY  
JAIPUR

LexLawgical

# UNMUKT

ON THE OCCASION OF THE 76TH INDEPENDENCE DAY  
CELEBRATE THE FREEDOM OF SPEECH, CELEBRATE THE  
FREEDOM OF THOUGHTS, AND CELEBRATE THE FREEDOM OF  
ART WITH LEXLAWGICAL.

15 AUGUST 2022  
12:00 PM

**DANCE  
POETRY  
MUSIC  
MONOLOGUES  
AND MORE**

FOR FURTHER QUERIES CONTACT,  
MANSHA BHATIA: +91 70230 26701  
VAIBHAV PAHADIA: +91 7023302989  
CHAITANYA AGARWAL: +91 6376 066 234

Schedule of the event

The event was organised on 15<sup>th</sup> August 2022 on Google Meet.

**Attendance of the event: 30**

**Error!**

S.No.	Name
1.	A Rathore
2.	Aashi Jain
3.	Aditya Pratap Singh
4.	Amit Shekhawat
5.	Amol Gaur
6.	Bhavya Pareek
7.	Chaitanya Agarwal
8.	Chitransh Gupta
9.	Devanshi Saxena
10.	Devnit Jain
11.	Devyani Shekhawat
12.	Himanshi Sharma
13.	Hiteshi Vyas
14.	Jaisal Rajawat
15.	Khushi Jain
16.	Komal Mathur
17.	Krati Bansal
18.	Kushal Sharma
19.	Mansha Bhatia
20.	Mukund Maheshwari
21.	Nihit Mathur
22.	Parth Khandelwal
23.	Rachit Rawat



24.	Roshni Shamnani
25.	Sheetal Sharma
26.	Shiv Sharma
27.	Shrotapanna Mishra
28.	Simran Sharma
29.	Vaibhav Pahadia
30.	Vivek Raj

*Mansha Bhatia*

Mansha Bhatia  
(President, LexLawgical Club,  
MUJ)

*Amit Yadav*

Amit Yadav  
(Faculty coordinator, LexLawgical  
Club, MUJ)

<p>DIRECTOR STUDENT WELFARE &amp; PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	<p><i>Arun Kumar Poonia</i> <b>Dr. Arun Kumar Poonia</b> Asst. Director, DSW Clubs</p>
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**Event Report**

**by**

**Human Rights Cell**

**Manipal University Jaipur**

**TRIBAL RIGHTS TALK SHOW ON**

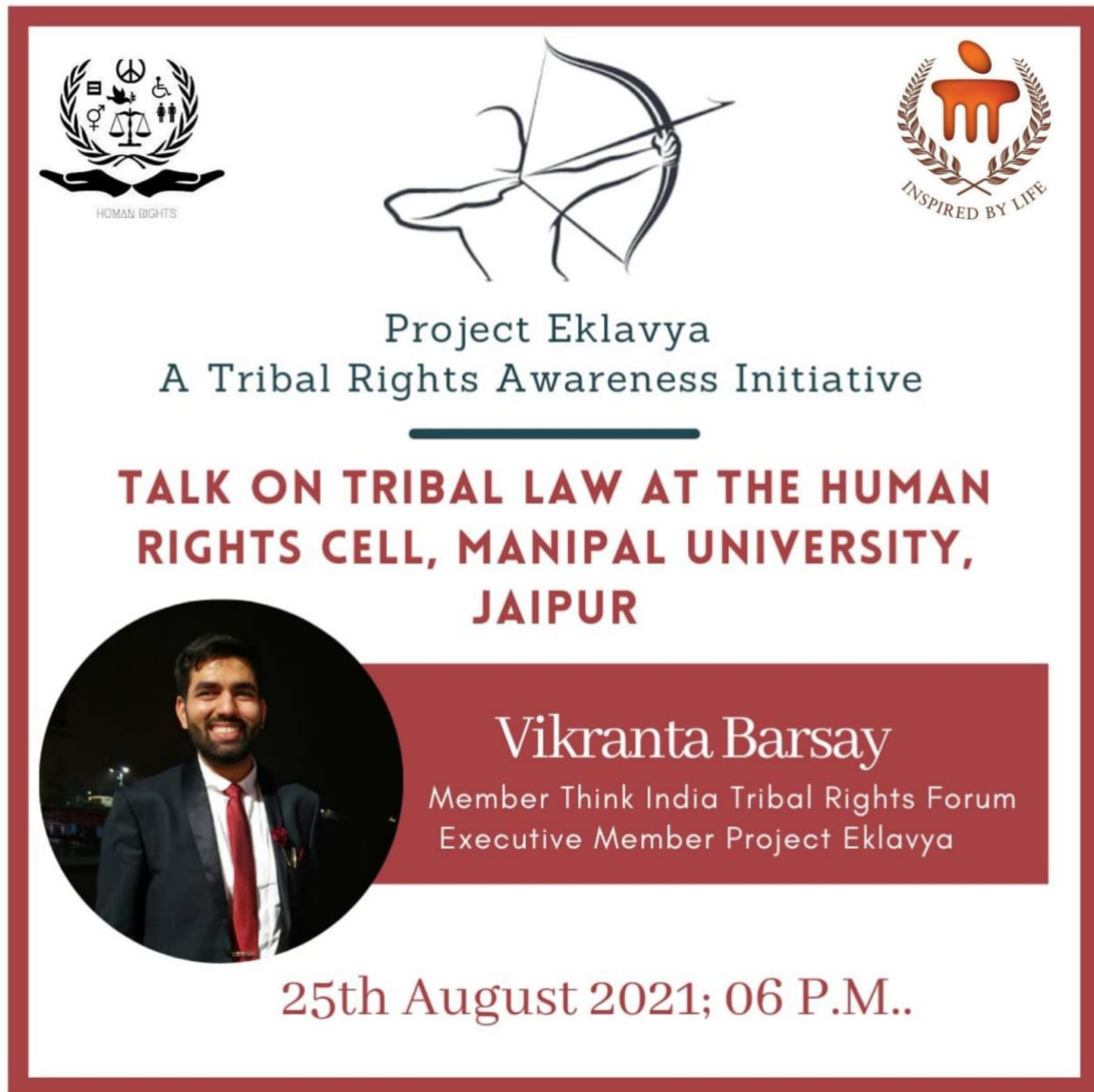
**25<sup>TH</sup> AUGUST, 2021**

**Platform: Google Meet**

**1. Weblink:**

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS/Human-Rights-Cell.html>

**2. Brochure of the Event**



The brochure features a red border and contains the following elements: a Human Rights logo with symbols for peace, equality, and justice; a logo for Project Eklavya showing a hand holding a bow and arrow; and a logo for 'Inspired by Life' with a stylized human figure. The text reads: 'Project Eklavya A Tribal Rights Awareness Initiative', 'TALK ON TRIBAL LAW AT THE HUMAN RIGHTS CELL, MANIPAL UNIVERSITY, JAIPUR', a circular portrait of Vikranta Barsay, and '25th August 2021; 06 P.M..'

**Project Eklavya**  
A Tribal Rights Awareness Initiative

**TALK ON TRIBAL LAW AT THE HUMAN RIGHTS CELL, MANIPAL UNIVERSITY, JAIPUR**

**Vikranta Barsay**  
Member Think India Tribal Rights Forum  
Executive Member Project Eklavya

**25th August 2021; 06 P.M..**

**3. Event schedule:** 25<sup>th</sup> August 2021 (6 pm)

**4. List of Programs conducted (if any):** N/A

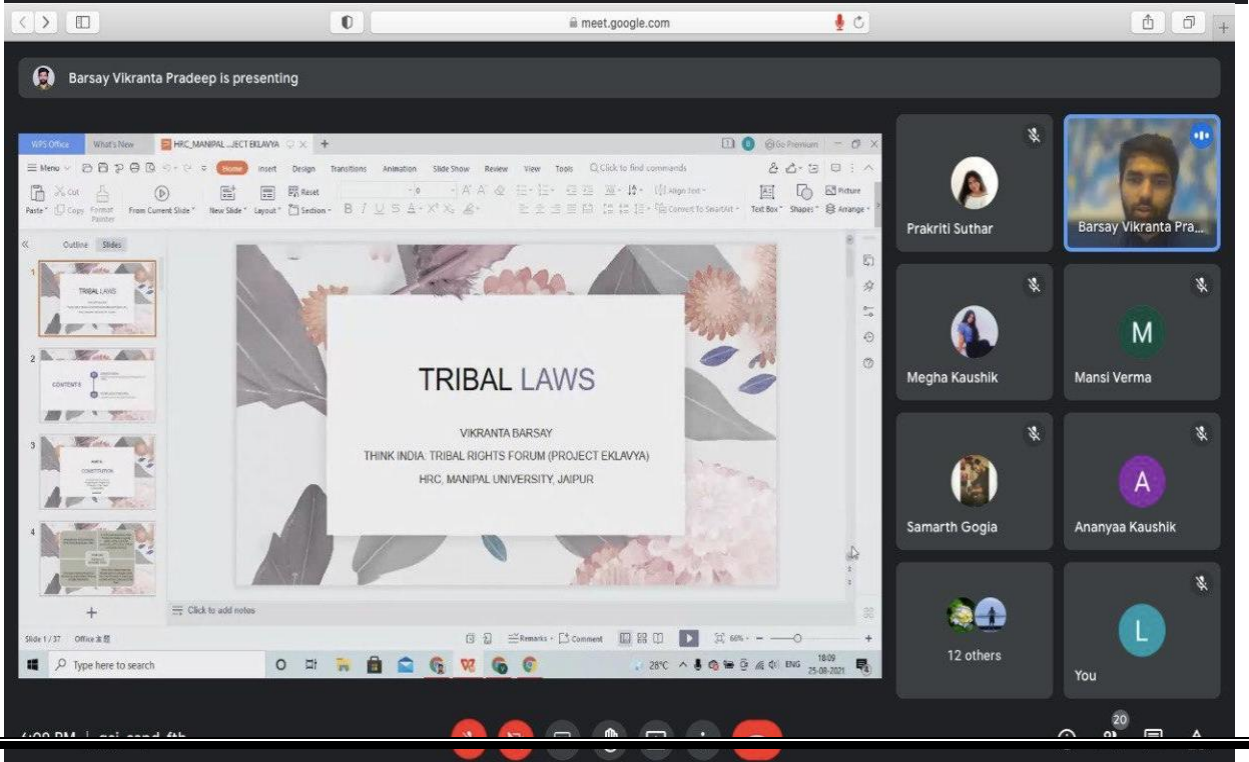
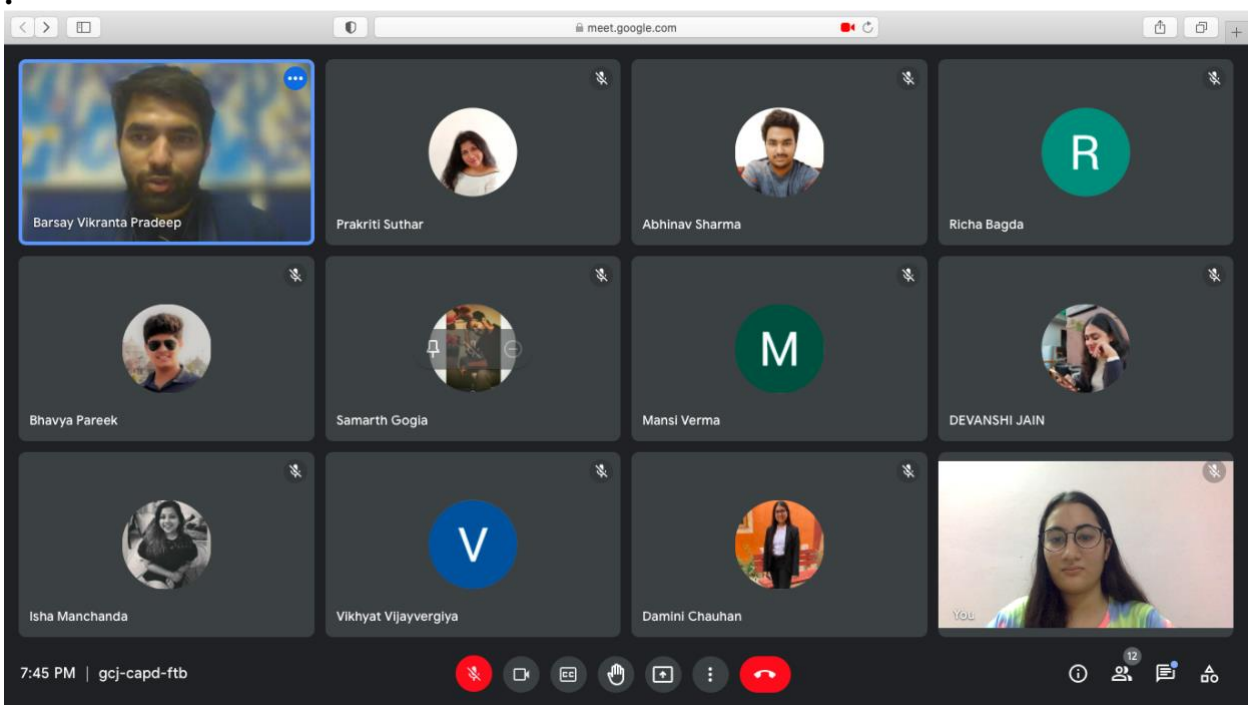
**5. Report of the Event –**

Human Rights Cell, Manipal University Jaipur collaborated with the Think India Tribal Rights Forum for an event which was held on 25th August 2021. The topic of the event is Tribal Rights. The main motive of this session was to make people aware about the legislative

rights of tribal. It also aimed to create awareness regarding the tribal community so that people can empathize with Tribes and work for their upliftment.

The name of the speaker is Vikranta Barsay who is a member of Think India Tribal Rights Forum and Executive Member of Project Eklavya. It is an online event which will be held on Google Meet at 6

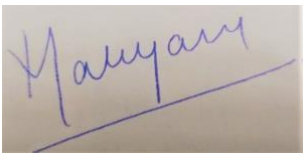
The moderator for the event was Ms. Labdhi Jain. The introduction and vote of thanks was delivered by her.



**6. Faculty Coordinator:** Dr. Maryam Ishrat Beg, Associate Professor, School of Law

**7. Attendance of the Event:** The List has been attached in the folder.

Regards,

A handwritten signature in blue ink that reads "Maryam". The signature is written in a cursive style and is positioned above a horizontal line.

**Dr. Maryam Ishrat Beg**

**Associate Professor, School of Law**

**(Faculty Coordinator)**

A handwritten signature in blue ink that reads "Megha Kaushik". The signature is written in a cursive style and is positioned above a horizontal line.

**Ms. Megha Kaushik**

**President, Human Rights Cell**



**MANIPAL UNIVERSITY  
JAIPUR**

MUJ/Q&C/021/F/1.01

Event Report Format

**Faculty of Arts  
Department of Psychology  
School of Humanities & Social Sciences  
Society Connect**

In Collaboration with  
**Directorate of Student Welfare**

**Date of Event:  
9<sup>th</sup> November 2022**

Dr. Bhavana Arya  
HoD, Psychology



# MANIPAL UNIVERSITY JAIPUR

## **Content of Report**

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Brief Description of the event
5. Photographs
6. Attendance



# MANIPAL UNIVERSITY JAIPUR

- 1. Introduction of the Event:** The Event took place on 9<sup>th</sup> November 2022 at Aashray Care Home from 2:00 PM to 4:00 PM. To spread awareness about the importance of menstrual hygiene and mental health, the event involved a combination of participative activities, videos, and small talks.
- 2. Objective of the Event:** The objective of this social connect program was to create awareness about menstrual hygiene at Aashray Care homes Jaipur.
- 3. Beneficiaries of the Event**  
Female orphans who are residing at Ashray Care Home.
- 4. Brief Description of the event**  
The aim of this social connect program is to create awareness about menstrual hygiene at Aashray Care homes Jaipur. Volunteers from all semesters (BA/BSc Psychology and MSc Clinical Psychology) visited Aashray. The event began with getting acquainted with the audience for the day, i.e., the kids at Aashray Care Home. They were then briefed about what is Mental Health and why is it important. A small video was also shown to them to highlight all aspects of menstrual hygiene. Interactive fun activities such as blowing balloons and hand painting were also organised. Sanitary Napkins were donated to the young girls at the organisation. In the end, everyone danced to playful music and beats to just enjoy.
- 5. 3 to 5 photographs of the event or screenshots of the event**







# MANIPAL UNIVERSITY JAIPUR







## Attendance of Students

1. Shruti Jain
2. Ashi Mourya
3. Priyanka Saini
4. Rohini Newar
5. Janhvi Mishra
6. Hanupriya
7. Anisha
8. Manasi Sudindra
9. Amithi
10. Nikeeta Chaudhary
11. Sabiha
12. Nandini Sehgal
13. Akanksha Jha
14. Astha Gautam
15. Kruti Patil
16. Trishita Banerjee
17. Ananya Puranik
18. Betzy
19. Kashish Chadha
20. Pranali Gupta
21. Aditi

**Dr. Bhawna Arya**  
HoD, Department of Psychology  
School of Humanities and Social Sciences  
Manipal University Jaipur

MUJ/Q&C/021/F/1.01

**FACULTY OF LAW**

**SCHOOL OF LAW**

**DEPARTMENT OF LAW**

**NAME OF EVENT :**

**Juvenile House Visit**

**Type of Event : Juvenile House Visit, 2022**

**Date of Event : 11<sup>th</sup> October 2022**



## **Content of Report (index)**

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event
10. News Publication
11. Feedback of the Event
12. Link of MUJ website

## **1. Introduction of the Event**

The Team of Legal Aid Clinic organized a Juvenile House Visit to KishorGrah on 11th of October, 2022 to understand the problems they are facing and to see their living conditions.

## **2. Objective of the Event (bullet points or about 50 words)**

The primary objective of this event was to help the Juveniles with some legal awareness, and to see what are the situations in which they are kept. At last they are also humans , So the Team of Legal Aid Clinic provided them with some refreshments and talked to them on personal level.

## **3. Beneficiaries of the Event (Student/Faculty/Community etc) (25 words)**

The Juveniles present there in the kishor Grah were the beneficiaries of the event.

## **4. Details of the Guests : NA**

## **5. Brief Description of the event (about 200 words)**

Legal Aid Clinic, Manipal University, Jaipur organized a Juvenile Justice House Visit for its members at Juvenile Board 01, 02 located in Raja Park. The students of the Clinic donated stationery and food items to the Juveniles and conducted a survey to find out their living conditions and other subject matters.

"I believe the purpose of Juvenile Law is to provide a structure where troubled kids can reform themselves and mature into better citizens." - Judge Sim Eunseo

6. 3 to 5 photographs of the event or screenshots of the event (if online) with captions:



A Photograph with the Superintendent of Juvenile House, Mr. Manoj Gahlot.

**7. Brochure or creative of the event (insert in the document only):**



**MANIPAL UNIVERSITY  
JAIPUR**  
*(University under Section 2(f) of the UGC Act)*





# Legal Awareness Camp

## (विधिक जागरूकता शिविर)

*Organised by*

### Legal Aid Clinic, School of Law Manipal University Jaipur at Juvenile Justice House Jaipur

**Date: Tuesday, 11<sup>th</sup> October 2022 Time: 11:00 AM onwards**
**Venue: Juvenile Justice House Jaipur**

**8. Schedule of the event (insert in the report): NA**

**9. Attendance of the Event (insert in the document only): NA**

Sr. No.	Name	Faculty / Student
1	Dr. Pankaj Kumar	Faculty Coordinator
2	Ms. Shruti Bitoliya	Faculty Coordinator
3	Riya Shukla	Student - BBALLB (Hons) 5th Semester
4	Navendu Vijayvergia	Student - BALLB (Hons) 5th Semester
5	Damini Chauhan	Student - BALLB (Hons) 5th Semester
6	Shreya Gautam	Student - BALLB (Hons) 5th Semester
7	Mihir Tripathi	Student - BBALLB (Hons) 5th Semester
8	Sarthak Bhatnagar	Student - BBALLB (Hons) 5th Semester
9	Anmol Bali	Student - BALLB (Hons) 3rd Semester
10	Shivanshi Sharma	Student - BALLB (Hons) 3rd Semester
11	Paavni Chadha	Student - BALLB (Hons) 3rd Semester
12	Alina Ali	Student - BALLB (Hons) 3rd Semester
13	Akanksha James	Student - LLB 3rd Semester
14	Ragini Gautam	Student - LLB 3rd Semester
15	Mr Divyang Tiwari	Student - BALLB (Hons) 7th Semester
16	Mr Rahul Roy	Student - BALLB (Hons) 7th Semester
17	Ms Tanya Bindal	Student - BALLB (Hons) 7th Semester
18	Ms Megha Kaushik	Student - BALLB (Hons) 7th Semester
19	Ms Omshikha Tanwar	Student - BALLB (Hons) 7th Semester
20	Mr Utkarsh	Student - BALLB (Hons) 7th Semester





Sr. No.	Name	Faculty / Student
21	Ms Amita Singh	Student - BALLB (Hons) 7th Semester
22	Ms Yatika Shekhawat	Student - BALLB (Hons) 7th Semester
23	Ms Jahanvi Solanki	Student - BALLB (Hons) 7th Semester
24	Mr Shubham Rathore	Student - BALLB (Hons) 7th Semester
25	Mr Kartik Bishnoi	Student - BALLB (Hons) 7th Semester
26	Mr Nikunj	Student - BALLB (Hons) 7th Semester
27	Mr Sachin Jangir	Student - BALLB (Hons) 7th Semester
28	Mr Raj	Student - BALLB (Hons) 7th Semester
29	Mr Ashok Bhukar	Student - BALLB (Hons) 7th Semester
30	Mr Vaibhav Sharma	Student - BALLB (Hons) 7th Semester
31	Ms Riya Sharma	Student - BALLB (Hons) 7th Semester
32	Ms Divya	Student - BALLB (Hons) 7th Semester
33	Mr Mahesh	Student - BALLB (Hons) 7th Semester
34	Mr Parash	Student - BALLB (Hons) 7th Semester
35	Mr Shubham Sharma	Student - BALLB (Hons) 7th Semester
36	Ms Pooja	Student - BALLB (Hons) 7th Semester
37	Ms Shobha	Student - BALLB (Hons) 7th Semester
38	Mr Pawanpreet	Student - BALLB (Hons) 7th Semester
39	Mr Bharat	Student - BALLB (Hons) 7th Semester
40	Ms Pratya	Student - BALLB (Hons) 7th Semester
41	Ms Kanak	Student - BALLB (Hons) 7th Semester
42	Ms Kritika	Student - BALLB (Hons) 7th Semester
43	Mr Aishwarya Pandey	Student - BALLB (Hons) 7th Semester
44	Ms Mohona Sarkar	Student - BALLB (Hons) 7th Semester
45	Ms Mansi Verma	Student - BBALLB (Hons) 7th Semester
46	Ms Isha	Student - BBALLB (Hons) 7th Semester
47	Ms Muskaan	Student - BBALLB (Hons) 7th Semester
48	Ms Shailja Gupta	Student - BBALLB (Hons) 7th Semester
49	Mr Gauransh	Student - BBALLB (Hons) 7th Semester
50	Ms Suhasini	Student - BBALLB (Hons) 7th Semester
51	Mr Pranshu	Student - BBALLB (Hons) 7th Semester
52	Ms Mrinal	Student - BBALLB (Hons) 7th Semester
53	Mr Jashraj	Student - BBALLB (Hons) 7th Semester
54	Ms Prakriti	Student - BBALLB (Hons) 7th Semester
55	Ms Neha Garg	Student - BBALLB (Hons) 7th Semester
56	Mr Bhavya	Student - BBALLB (Hons) 7th Semester
57	Mr Aditya Jain	Student - BBALLB (Hons) 7th Semester
58	Mr Amit Chandak	Student - BBALLB (Hons) 7th Semester
59	Mr Pranav Vyas	Student - BBALLB (Hons) 7th Semester
60	Mr Mayank Godara	Student - BALLB (Hons) 7th Semester
61	Mr Hiransh Kalla	Student - BALLB (Hons) 7th Semester
62	Mr Vaibhav Kumwat	Student - BALLB (Hons) 7th Semester
63	Mr Devendra	Student - BALLB (Hons) 7th Semester
64	Ms Himanshi	Student - BALLB (Hons) 7th Semester
65	Ms Chhavi	Student - BALLB (Hons) 7th Semester



Sr. No.	Name	Faculty / Student
66	Ms Preksha	Student - BALLB (Hons) 7th Semester
67	Ms Jigyasa	Student - BALLB (Hons) 7th Semester
68	Ms Disha	Student - BALLB (Hons) 7th Semester
69	Ms Krati	Student - BALLB (Hons) 7th Semester
70	Ms Manya	Student - BALLB (Hons) 7th Semester
71	Ms Prapti	Student - BALLB (Hons) 7th Semester
72	Ms Richa	Student - BALLB (Hons) 7th Semester
73	Ms Nikita	Student - BALLB (Hons) 7th Semester
74	Ms Adya	Student - BALLB (Hons) 7th Semester

1. News Publication- News printed in newspaper or online links if any for news - insert images): NA
2. Feedback of the Event (if obtained)
3. Link of MUJ website stating the event is uploaded on website: NA

**Dr. Sony Kulshrestha**  
Head, Department of  
Law/Manipal University  
Jaipur

**Dr. Pankaj Kumar**  
Convener of the Event  
Assistant Professor, Faculty of Law  
Manipal University Jaipur

**Prof. (Dr.) Vijaylaxmi Sharma**  
Director, School of Law  
Manipal University Jaipur

**DIRECTOR**  
**SCHOOL OF LAW**  
**MANIPAL UNIVERSITY JAIPUR**





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**FACULTY OF ENGINEERING**

**SCHOOL OF AUTOMOBILE, MECHANICAL AND  
MECHATRONICS DEPARTMENT OF AUTOMOBILE  
ENGINEERING**

**2022 WALKATHON**

**Community Action for Road Safety-  
CARS Club OFFLINE EVENT**

**Date of Event (18<sup>th</sup> September 2022)**

**(6:45 AM to 8:00 AM)**



<b>S.No.</b>	<b>Activity Heads</b>	<b>Page no.</b>
1.	Introduction of the Event	3
2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
5.	Photographs	4
6.	Brochure or creative of the event	5
7.	Schedule of the Event	5
8.	Attendance of the Event	5-6



## **Introduction of the Event**

A Walkathon to raise awareness about the traffic rules and free healthcare event to raise awareness about health for the traffic police and their family. This event was hosted by Muskaan NGO and CARS Club MUJ has provided with some volunteers. The Walkathon has started from the RHL to Patrika gate and vice versa.

## **Objective of the Event**

1. To raise awareness about the traffic rules.
2. To thank the traffic police for their selfless work.
3. To raise awareness about healthcare and importance of daily check-ups.

## **Beneficiaries of the Event**

Automobile Engineering students, Faculty and staff Traffic Police and their Families

## **Details of the Guests**

Ms Neha Khullar, MUSKAAN NGO Jaipur

## **Brief Description of the event**

The Walkathon 2022 was held by Muskan NGO in collaboration with CARS Club for raising awareness about traffic rules and road safety.

The event has been flagged off by IPS Prahlad Singh Krishnia (Commissioner Traffic, Jaipur), Dr. S S Agarwal (Chairman RHL) and Dr. Virendra Singh (President RHL) from RHL. The walkathon proceeded from RHL to Patrika gate while raising awareness about the traffic rules.

IPS Prahlad Singh Krishnia (Commissioner Traffic, Jaipur), Dr. S S Agarwal (Chairman RHL) and Dr. Virendra Singh (President RHL) addressed the people about road safety and importance of healthcare. The Walkathon then proceeded back to RHL from the Patrika Gate and the Walkathon was concluded.



**Photographs**



**Guest of Honors addressing people**

अपना अस्पताल – राजस्थान अस्पताल

**RJRHL** **WALKATHON**

यातायात पुलिस  
की  
निस्वार्थ सेवा का करें सम्मान  
और  
घुटनों के नीचे के हिस्से का रखें ध्यान

**2022 WALKATHON**  
Sunday, 18 September  
6:45 AM to 8 AM (RHL - Patrika Gate - RHL)

Followed by:  
**परामर्श और स्वास्थ्य जांच शिविर**  
10 AM से शाम 4 PM बजे राजस्थान हॉस्पिटल में  
यातायात पुलिस कर्मियों और परिवारों के लिए  
Interventional Radiology | Gynecology | Diabetology | Foot & Ankle

**Flag off**

**IPS Prahlad Singh Krishna**  
Commissioner Traffic, Jaipur

**Dr S S Agarwal**  
Chairman RHL

**Dr Virendra Singh**  
President RHL



## Schedule of the event 18/09/2022

### Attendance of the Event Total attendee-

Sr. No	Name of Institution	Place of Institution	Registration Number/ Employee code	Name of Attendee	Name of Dept
01	Manipal University Jaipur	Jaipur		Tanmay Das	Auto. Engg.
02	Manipal University Jaipur	Jaipur		Daksha Yadav	Auto. Engg.
03	Manipal University Jaipur	Jaipur		Pratap	Auto. Engg.
04	Manipal University Jaipur	Jaipur		Palash Tayal	Auto. Engg.
05	Manipal University Jaipur	Jaipur		Tushar	Auto. Engg.
06	Manipal University Jaipur	Jaipur		Abhinav Chand	Auto. Engg.
07	Manipal University Jaipur	Jaipur		Yash Gupta	Auto. Engg.
08	Manipal University Jaipur	Jaipur		Shiva Preetham	Auto. Engg.
09	Manipal University Jaipur	Jaipur		Aditya Rathore	Auto. Engg.
10	Manipal University Jaipur	Jaipur		Dhanjay Dixit	Auto. Engg.
11	Manipal University Jaipur	Jaipur		Lavish Rawal	Auto. Engg.
12	Manipal University Jaipur	Jaipur		Aditya Mongiya	Auto. Engg.
13	Manipal University Jaipur	Jaipur		Sumanata Lahiri	Auto. Engg.
14	Manipal University Jaipur	Jaipur		Dabanuj Thakur	Auto. Engg.
15	Manipal University Jaipur	Jaipur		Jaivardhan	Auto. Engg.
16	Manipal University Jaipur	Jaipur		Faraz	Auto. Engg.
17	Manipal University Jaipur	Jaipur		Pukit Saini	Auto. Engg.
18	Manipal University Jaipur	Jaipur		Tomesh Shahu	Auto. Engg.





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**Link of MUJ website stating the event is uploaded on website**

**Faculty Coordinator**

**D. Anjan**  
**DEPARTMENT OF  
AUTOMOBILE ENGINEERING  
MANIPAL UNIVERSITY  
JAIPUR**

**Seal and Signature of Head with date**



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**FACULTY OF ENGINEERING**

**SCHOOL OF AUTOMOBILE, MECHANICAL AND MECHATRONICS**

**DEPARTMENT OF AUTOMOBILE ENGINEERING**

# **Two Wheelers Road Safety Rider's Training**

**Community Action for Road Safety- CARS Club**

**OFFLINE EVENT**

**Date of Event (16<sup>th</sup> December 2022)**

**(10:40 AM- 12:00 PM)**



<b>S.No.</b>	<b>Activity Heads</b>	<b>Page no.</b>
1.	Introduction of the Event	3
2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
5.	Photographs	4
6.	Brochure or creative of the event	5
7.	Schedule of the Event	5
8.	Attendance of the Event	5-6
9.	Link of MUJ Website	7

## **Introduction of the Event**

Community Action for Road Safety (CARS) Club held an awareness drive of “Two Wheelers Road Safety” for the students and faculty members of MUJ, followed by an “On Track Rider’s Road Safety Training” by Mr. Sudhanshu Singh (Assistant Manager - Road Safety, Hero) and Mr. Ravi Kumar Sharma (Officer - Road Safety, Hero). The event was held in MUJ Campus.

## **Objective of the Event**

1. To raise awareness about Two wheelers road safety.
2. To educate people about the three levels of two-wheeler road safety.
3. To educate people on how to ride two wheelers on different terrains.

## **Beneficiaries of the Event**

MUJ Students

MUJ Faculty Members

## **Details of the Guests**

Mr. Sudhanshu Singh, Assistant Manager - Road Safety, Hero Moto Corp

Mr. Ravi Kumar Sharma, Officer - Road Safety, Hero Moto Corp

## **Brief Description of the event**

Community Action for Road Safety (CARS) Club held an awareness drive about “Two wheelers Road Safety”. The event was held inside the MUJ campus. The event was held in collaboration with Muskaan NGO and Hero Moto Corp.

Mr. Sudhanshu Singh (Asst. Manager - Road Safety, Hero) and Mr. Ravi Kumar Sharma (Officer - Road Safety, Hero) were present on the spot guiding the people about riding two wheelers and the safety measures that have to be taken while riding two wheelers. They also displayed how one should ride on different terrain while maintaining their safety.

An expert talk was also held by Mr. Sudhanshu Singh and Mr. Ravi Kumar Sharma of Hero Moto Corp. on the topic “Road Safety of Two-wheeler riders”. The various topics that they covered included the correct procedure of wearing helmet, correct way to set the rear-view mirrors, the posture of rider while riding, how to apply brakes in panic situation, etc. They also covered the basic traffic rules that have to be followed while riding two-wheeler.





## Photographs



Fig. 1 - Expert addressing the students on road safety

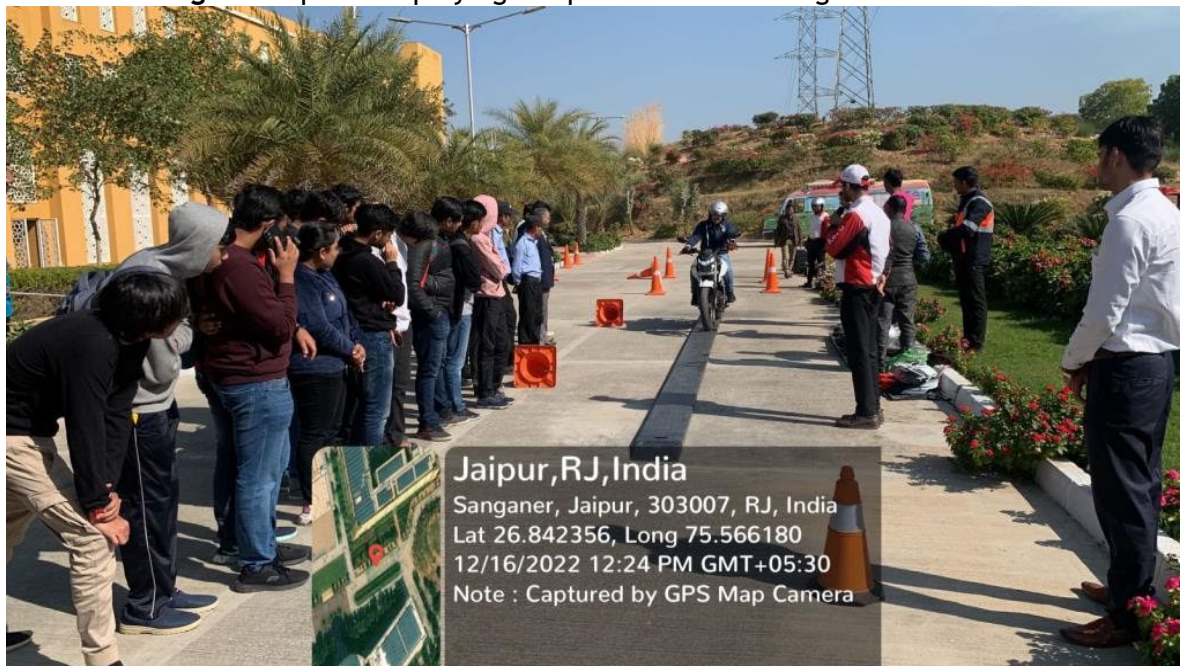


Fig. 2 - Expert addressing the students





**Fig. 3 - Experts displaying the posture while riding to the students**



**Fig. 4 - Experts displaying how to ride in different terrains**





**Fig. 5 - Experts displaying how to ride in different terrains**



### Schedule of the event

The event was on the 16<sup>th</sup> December 2022 from 10:40 AM- 12:00 PM.

### Attendance of the Event

#### Total attendee-

Sr. No	Name of Institution	Place of Institution	Registration Number/ Employee code	Name of Attendee	Name of Dept
01	Manipal University Jaipur	Jaipur		Tanmay Das	Auto. Engg.
02	Manipal University Jaipur	Jaipur		Daksha Yadav	Auto. Engg.
03	Manipal University Jaipur	Jaipur		Pratap	Auto. Engg.
04	Manipal University Jaipur	Jaipur		Palash Tayal	Auto. Engg.
05	Manipal University Jaipur	Jaipur		Tushar	Auto. Engg.
06	Manipal University Jaipur	Jaipur		Abhinav Chand	Auto. Engg.
07	Manipal University Jaipur	Jaipur		Yash Gupta	Auto. Engg.
08	Manipal University Jaipur	Jaipur		Shiva Preetham	Auto. Engg.
09	Manipal University Jaipur	Jaipur		Aditya Rathore	Auto. Engg.
10	Manipal University Jaipur	Jaipur		Dhanjay Dixit	Auto. Engg.
11	Manipal University Jaipur	Jaipur		Lavish Rawal	Auto. Engg.
12	Manipal University Jaipur	Jaipur		Aditya Mongiya	Auto. Engg.
13	Manipal University Jaipur	Jaipur		Sumanata Lahiri	Auto. Engg.
14	Manipal University Jaipur	Jaipur		Dabanuj Thakur	Auto. Engg.
15	Manipal University Jaipur	Jaipur		Jaivardhan	Auto. Engg.
16	Manipal University Jaipur	Jaipur		Faraz	Auto. Engg.
17	Manipal University Jaipur	Jaipur		Pukit Saini	Auto. Engg.
18	Manipal University Jaipur	Jaipur		Tomesh Shahu	Auto. Engg.

Link of MUJ website stating the event is uploaded on website

Faculty Coordinator

DEPARTMENT OF  
AUTOMOBILE ENGINEERING  
MANIPAL UNIVERSITY  
JAIPUR

Seal and Signature of Head with date



### Sports Activity Report

S.No.	Date	Title of the Event	Brief of the Event	Total Participants
1	21 June 2021	International Yoga Day	Directorate of Student welfare & Sports Manipal University Jaipur organized the event of INTERNATIONAL Day of Yoga on 21 <sup>st</sup> June, 2021 To promote health, fitness, wellness, harmony, and peace among individuals through yoga.	34

Directorate of Student's Welfare & Sports, Manipal University Jaipur

**Name of Event:** International Yoga Day

**Date of the Event:** June 21, 2021

**Duration of Event:** One Hour 07.00AM- 08.00AM

**Name of Coordinator:** Dr. Rina Poonia

**Organizing School / Department:** Directorate of Student welfare

Photos of the Event & details of the Activity :- Directorate of Student Welfare & Sports Manipal University Jaipur organized 7<sup>th</sup> International Day of Yoga on 21<sup>st</sup> June 2021 to promote health, fitness, wellness, harmony, and peace among individuals through yoga. The event was organised in the under the able guidance of Dean Student Welfare Prof GL Sharma.

The Chief guest Dr. G.K. Prabhu President, Manipal University Jaipur shared his experience on importance of Yoga specially in the present scenario with the staff on the occasion.

The other members present for the yoga day were Director SHSS Dr. N.D. Mathur, Head HR M.S. Sridhar, Additional Registrar Dr. Nitu Bhatnagar, HOD Arts Dr. Richa Arora, Dr. A.D. Vyas organizer of the Events Dr. Rina Poonia, Master of Ceremony Ms. Shweta Sharma events and yoga Instructor Ms. Shruti Krishna from Anant yogalaya Jaipur and Sports Officer Sanjeev Sharma, and vote of thanks was given by Dr. Rina Poonia



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**“International Yoga Day”**



The logo for the International Yoga Day was handpicked by Prime Minister Narendra Modi and is said to represent all the basic elements that constitutes the basic consciousness. The logo is etched on a white background representing a pair hands stretched outwards from the body and joined together.





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JAIPUR

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# INTERNATIONAL YOGA DAY 2021



**Dr G K Prabhu**  
President,  
Manipal University Jaipur

**Prof. G L Sharma**  
Dean DSW, MUJ

**Dr. Rina Poonia**  
Deputy Director,  
Physical Education DSW, MUJ



LIVE YOGA SESSION  
by  
**YOGINI  
SHRUTI & TEAM**



**DATE: 21-06-2021**

**TIME: 7-8AM**

**LIVE ON**  **@anantyogalaya**

**+918560097932**

**+919664452438**

**www.jaipur.manipal.edu**

**www.anantyogalaya.yoga**

## INTERNATIONAL YOGA DAY BROCHURE

**SESSION TIME** 21 June 2021 at 07:00 to 08 :00 A.M on Zoom Meeting' online platform.

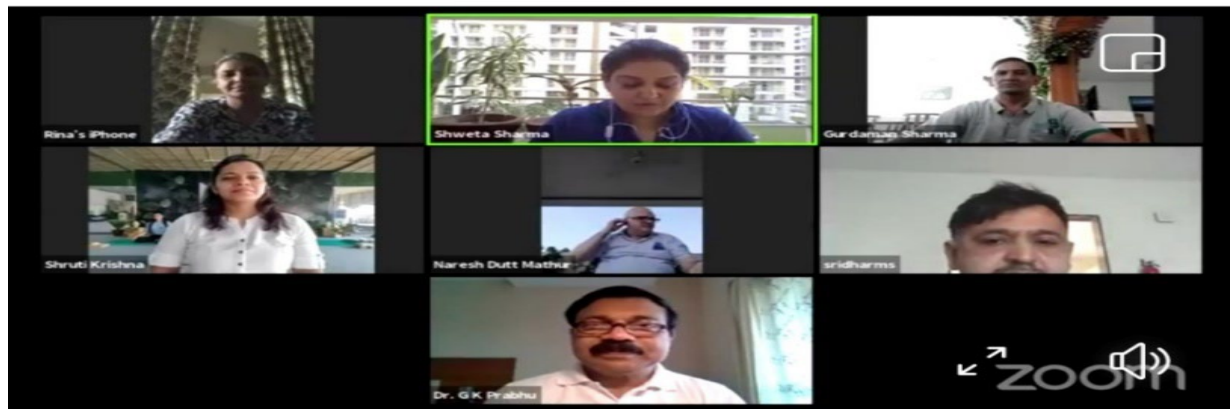


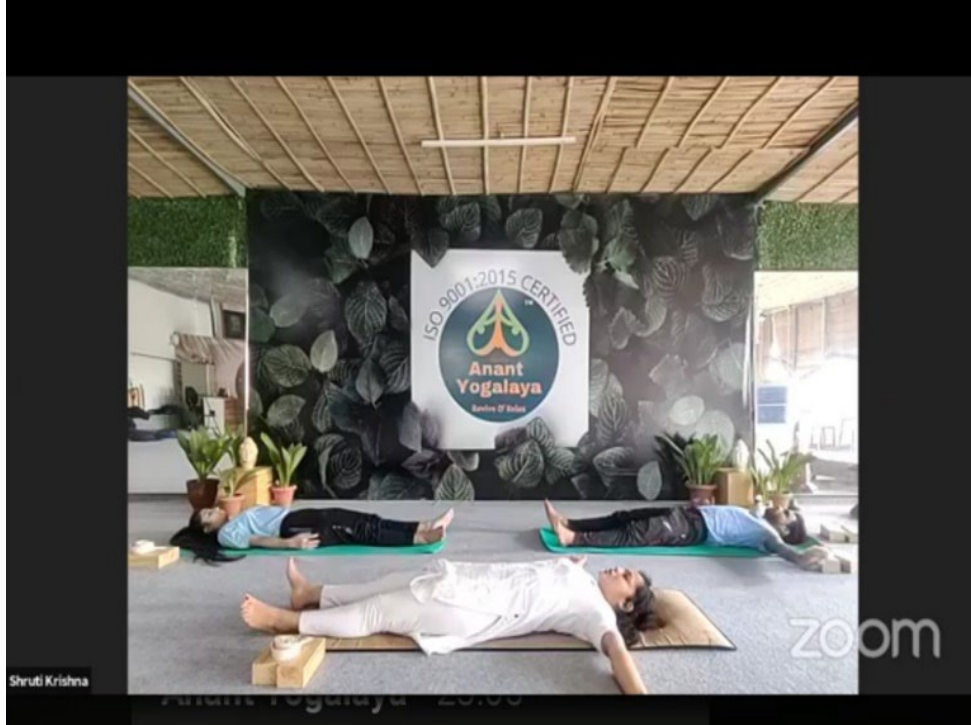
**Anant Yogalaya** · Follow

5h · 



**MANIPAL UNIVERSITY JAIPUR & ANANT YOGALAYA  
WELCOMES YOU ALL FOR IYD 2021**





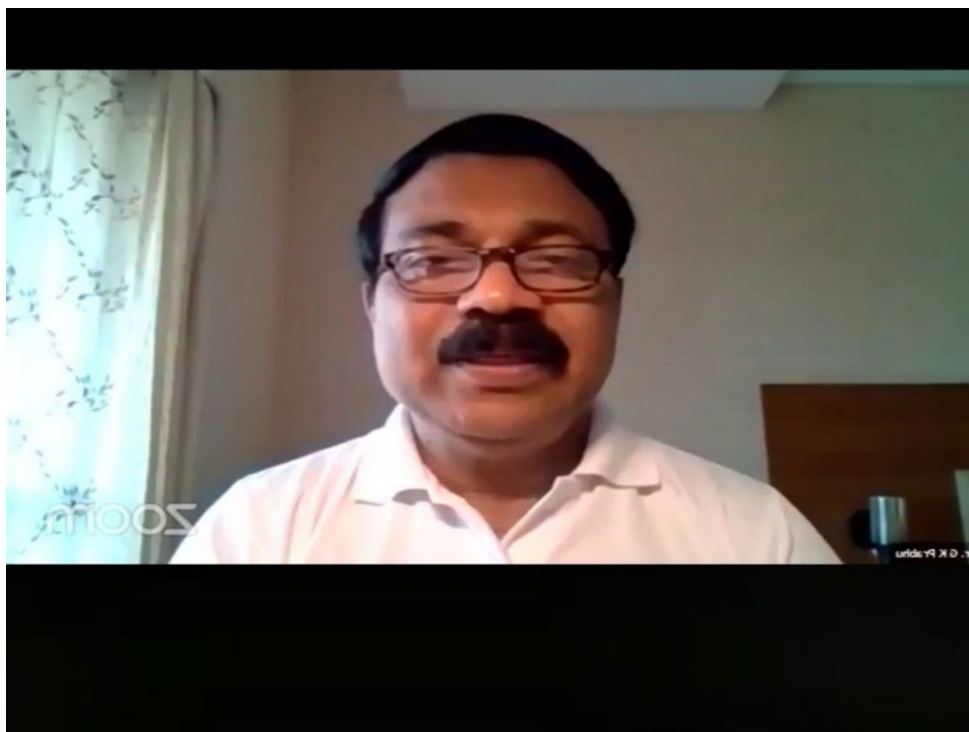
**DEMONSTRATION BY YOGA INSTRUCTOR**





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JAIPUR**

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**Chief guest honorable president sir**



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### Attendance

S.NO.	NAME
01	DR. G.K. PRABHU
02	DR. GL SHARMA
03	Dr. NITU BHATNAGAR
04	DR. N.D. MATHUR
05	DR. RICHA ARORA
06	DR. RINA POONIA
07	MS.SHWETA SHARMA
08	MR. M.S. SRIDHAR
09	DR. ARUN POONIA
10	MANISH BENIWAL
11	DR. MEERA BINDOOR
12	DR. JASBIR SINGH
13	DR. VIJMENDRA KUMAR
14	DR. RAMJEET
15	ANKIT SINGH RATHORE
16	ANANYA CHITRE
17	KAVITA CHOUDHARY
18	JYOTI YADY
19	ABHISHEK SHARMA
20	RAVEENA SHEKHAWAT
21	ROHIT BERWAL
23	LALIT SINGH
24	NITENDRA PRATAP SINGH
25	MUDITA CHOUDHARY
26	SHAURYA SINGH
27	VINAYAM SARAN
28	PRASHANT SHARMA
29	SHREYAS VATS
30	ISHVAK TANEJA
31	ADITYA PATIL
32	PALWINDER SINGH
33	Dr. VIMAL K. PATHAK
34	SANJEEV SHARMA

(Sanjeev Sharma)

NCC & Sports Officer DSW



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*(University under Section 2(f) of the UGC Act)*

**(Dr. Rina Poonia )**

**Signature of the Deputy Director**

**(Prof. AD Vyas)**

**Signature of Director, DSW**



### Pre-International Yoga Activity Report

S.No.	Date	Title of the Event	Brief of the Event	No. of Participants
1	28 May 2021	Pre-International Yoga Day	Directorate of Student welfare & Sports organized the event of pre-International yoga Day on 28 <sup>th</sup> May, 2021 to highlight the importance of yoga and To promote health, fitness, wellness, harmony, and peace among individuals through yoga.	20

Directorate of Student's Welfare & Sports, Manipal University Jaipur

**Name of Event:** Pre- International Yoga Day

**Date of the Event:** May 28, 2021

**Duration of Event:** One Hour 04.00 PM- 05.00 PM

**Name of Coordinator:** Dr. Rina Poonia

**Organizing School / Department:** Directorate of Student welfare & Sports,

**Photos of the Event & details of the Activity :-**

On 28 May 2021, all the staff and students from Manipal University Jaipur participated in an online Zoom Meeting to celebrate the Pre International Yoga Day. The online event was 1 hour in duration which started from 4 PM and ended at 05PM. All the Staff and students performed various Asanas and learned about the benefits of each one of them. Overall, it was a great learning event for all the attendees.

The logo for the International Yoga Day was handpicked by Prime Minister Narendra Modi and is said to represent all the basic elements that constitutes the basic consciousness. The logo is etched on a white background representing a pair hands stretched outwards from the body and joined together.



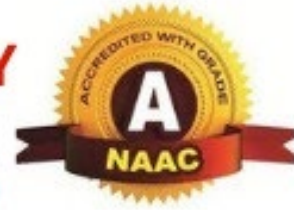
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**(DSW, MUJ )  
MANIPAL UNIVERSITY  
JAIPUR**

( University under section 2(f) of the UGC Act)

in association with



**PRE INTERNATIONAL  
YOGA DAY 2021**

**LIVE ON**



**@anantyogalaya**

**zoom**

Meeting ID: 938 6243 7189

Passcode: YOGA

**DATE: 28-05-2021**

**TIME: 4-5PM**

**LIVE YOGA SESSION**

by  
**YOGINI**

**SHRUTI KRISHNA**



**+918560097932**

**+919664452438**

**www.jaipur.manipal.edu**

**www.anantyogalaya.yoga**

Jointly Organized by:

Directorate of Student Welfare & Sports  
Manipal University Jaipur, Rajasthan, India  
28 May, 2021

SESSION TIME 28 May 2021 at 04:00 to 05 :00 P.M on Online Zoom Platform.





Zoom Meeting

Recording **LIVE** on Facebook

sanjeev sharma Anant Yogalaya Rina's iPhone GAUTAM KUMAR

Gurdaman S... Kalu Singh R...

Shruti Krishna Naresh Dutt Mathur

Type here to search

Zoom 17:08 28-05-2021

Zoom Meeting

Recording **LIVE** on Facebook

sanjeev sharma Anant Yogalaya Rina's iPhone Naresh Dutt Ma...

Gurdaman S...

Participants (25)

Find a participant

- SS sanjeev sharma (Me)
- AY Anant Yogalaya (Host)
- S Shruti Krishna (Co-host)
- RI Rina's iPhone (Co-host)
- AR Aaresh Rajawat
- Ajay Shekhawat
- aman anand
- Chanchal Upadhyay
- D Devender
- B Dr.BALBINDER SINGH
- GK GAUTAM KUMAR
- Gurdaman Sharma
- HP HENA PARWEEN
- Kalu Singh Rao PET

Shruti Krishna

Type here to search

Zoom 17:05 28-05-2021





Zoom Meeting

Recording **LIVE** on Facebook

sanjeev sharma Anant Yogalaya Rina's iPhone

Gurdaman S... Kamlesh Ku...

Participants (24)

Find a participant

- Gurdaman Sharma
- HF Homa fatima
- KK Kamlesh Kumari
- KB Karandeep Bhalla
- PF POCO F1
- PB Puja bharti
- RA Raghavi agrawal
- R rahulsa
- R Redmi
- S Sanai
- SJ Shahid Jamal
- S sourabhkr(8804260211)
- Yogesh kumar Verma
- GM Galaxy M30s

Shruti Krishna

Type here to search

16:25 28-05-2021

Demonstration by Yogini Shruti Krishna



Attendance

S.NO.	NAME
01	DR. GL SHARMA
02	DR. N.D. MATHUR
03	DR. RICHA ARORA
04	DR. RINA POONIA
05	DR. ARUN POONIA
06	DR. MEERA BINDOOR
07	DR. JASBIR SINGH
08	DR. VIJMENDRA KUMAR
09	DR. RAMJEET
10	ANKIT SINGH RATHORE
11	ANANYA CHITRE
12	KAVITA CHOUDHARY
13	JYOTI YADY
14	ABHISHEK SHARMA
15	RAVEENA SHEKHAWAT
16	ROHIT BERWAL
17	LALIT SINGH
18	NITENDRA PRATAP SINGH
19	MUDITA CHOUDHARY
20	SHAURYA SINGH

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia )

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



MUJ/DSW/Sports /02 November 2021/06

## **DIRECTORATE OF STUDENT'S WELFARE (SPORTS)**

Directorate of Students' Welfare Sports organizing "Fit India Freedom Run 2.0" under Azadi Ka Amrit Mahotsav 2021-2022. For MUJ Students on 2 October 2021

**Date of Event: 02<sup>nd</sup> October 2021**

### **Index**

<b>S.No.</b>	<b>Activity Heads</b>	<b>Page no.</b>
1.	Introduction of the Event	1
2.	Objectives of the Event	1
3.	Beneficiaries of the Event	1
4.	Brief Description of the event	1
5.	Photographs	2-3
6.	Brochure or creative of the event	4
7.	Schedule of the Event	5
8.	Attendance of the Event	5
9.	News Publication	5
10.	Link of MUJ website	5



**1. Introduction of the Event: -**

Directorate of Students' Welfare Sports organizing "Fit India Freedom Run 2.0" under Azadi Ka Amrit Mahotsav 2021-2022. For MUJ Students on 2<sup>nd</sup> October 2021. at 60ft road near Manipal University Jaipur.

**2. Objective of the Event: -**

- To Develop stamina and strength of players.
- Providing MUJ Players exposure to participate various sports tournament.

**3. Beneficiaries of the Event: -**

The event was conducted for MUJ Players only at 60 ft road near Manipal University Jaipur.

**4. Brief Description of the event: -**

On Saturday 02nd October 7.00 am in morning Manipal University Has organized a "Fit India Freedom Run 2.0" under Azadi Ka Amrit Mahotsav by Directorate Student's Welfare MUJ for all the faculty members, non-teaching staff, hostel staff. It was a priority event proposed by AICTE (mail is attached for reference).

The event was inaugurated by President, MUJ Dr G K Prabhu, who him-self is always promoting fitness program. Prof. A.D. Vyas Director Student's Welfare MUJ, Col. Vipul Mathur, Chief Warden, Chief Security Officer and around 38 faculty members and staff were present to grace the Occasion.

Photographs of the event with captions: -



Image1. Deputy Director, DSW, Dr. Rina Poonia and Sanjeev Sharma addressing the students

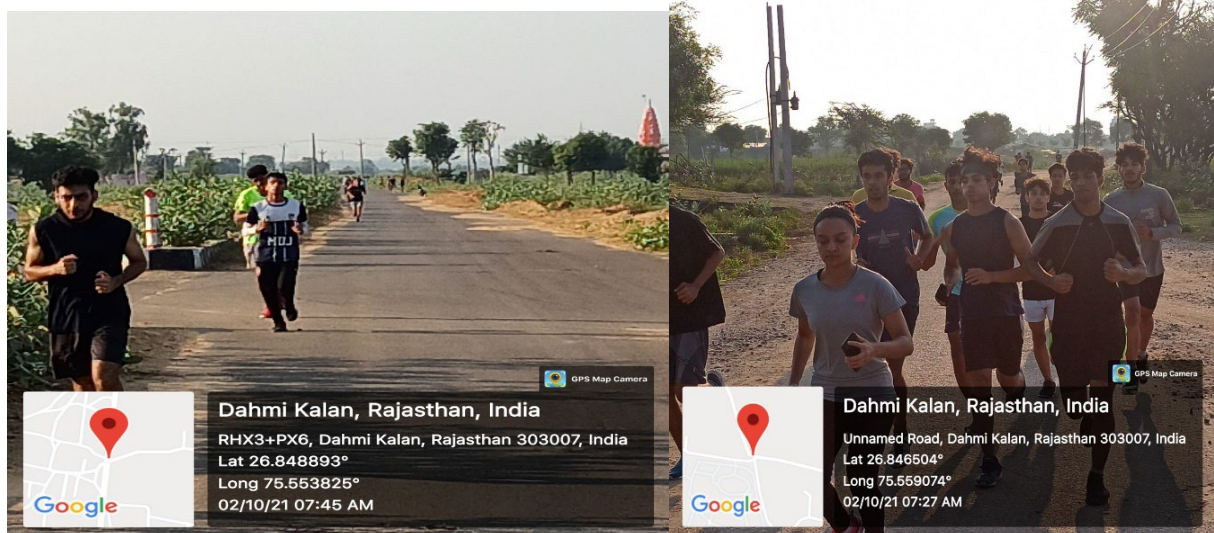






Image 2. Students running

5. Brochure and Schedule of the Event: -


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 युवा कार्यक्रम और खेल मंत्रालय  
 MINISTRY OF  
**YOUTH AFFAIRS AND SPORTS**

**AZADI KA  
AMRIT MAHOTSAV**  
 Directorate of Student's Welfare (Sports)  
 Organizing




On  
**02<sup>nd</sup> October, 2021 at 7:00 AM**  
 Venue : MUJ Student Hostel Gate, Manipal University Jaipur

**Run and walk for Fitness**







MANIPAL UNIVERSITY  
JAIPUR

**Intra-University Sports Calendar 2021-22**

Date: 01.09.2021

S. No.	Name of Tournament	Date(s)	Venue	Last Date of Entry
1	National Sports Day	29 August 2021	MUJ Campus	28 August 2021
2	Chess (Men & Women)	16 September 2021	Room No. 002 & 003, 1 AB	10 September 2021
3	Squash (Men & Women)	16 September 2021	Squash Courts, Hostel	14 September 2021
4	Archery (Men & Women)	21 September 2021	Archery Ground	14 September 2021
5	Kabaddi (Men & Women)	23 September 2021	Kabaddi Court	14 September 2021
6	Table Tennis (Men & Women)	24 September 2021	Room No. 002 & 003, 1 AB	19 September 2021
7	Badminton (Men & Women)	30 September 2021	Badminton Court, Hostel	19 September 2021
8	Basketball (Men & Women)	01 October 2021	Basketball Court	25 September 2021
9	Marathon Run (Men & Women)	02 October 2021	Hostel Gate	1 October 2021
10	Football (Men & Women)	08 October 2021	Football Ground	05 October 2021
11	Cricketer (Men & Women)	22 October 2021	Cricketer Ground	12 October 2021
12	Volleyball (Men & Women)	21 October 2021	Volleyball Court	15 October 2021
13	Judo (Men & Women)	22 October 2021	Room No. 002 & 003, 1 AB	17 October 2021
14	Tennis (Men & Women)	28 October 2021	Tennis Court	25 October 2021
15	Athletics (Men & Women)	29 October 2021	Athletic - Track & Field	27 October 2021
16	Boxing (Men & Women)	11 November 2021	Room No. 002 & 003, 1 AB	10 November 2021
17	American Football (Men & Women)	12 November 2021	Football Ground	10 November 2021
18	Hockey (Men & Women)	18 November 2021	Football Ground	16 November 2021
19	Weightlifting & Power Lifting (Men & Women)	25 November 2021	Football Ground	23 November 2021
20	Karate (Men & Women)	26 November 2021	Room No. 002 & 003, 1 AB	24 November 2021
21	Faculty Sports (Men & Women)	6&7 January 2022	Sports Ground	1 January 2022
22	Taekwondo (Men & Women)	14 January 2022	Room No. 002 & 003, 1 AB	12 January 2022
23	Yoga (Men & Women)	21 January 2022	Room No. 002 & 003, 1 AB	18 January 2022
24	ABHIVARTIA - National Sports Fest 2022	08 February 2022	MUJ Campus	----

NOTE:  
 \* TEAM WILL PARTICIPATE BRANCH / COURSE WISE IN THE TOURNAMENT.  
 \* ONLY ONE TEAM (BRANCH / COURSE WISE) CAN PARTICIPATE IN THE TOURNAMENT.  
 \* PLAYERS WILL BE SELECTED FOR REPRESENTING THE MANIPAL UNIVERSITY JAIPUR IN THE AIU SPORTS TOURNAMENTS / NATIONAL GAMES.

DR. RINA POONIA  
DEPUTY DIRECTOR  
PHYSICAL EDUCATION & SPORTS  
MANIPAL UNIVERSITY JAIPUR



Total attendee- 38 (32 Students & 6 Faculty Members)

**Attendance of the Event**

S.No.	Name	Registration No.
1	Dr. GK PRABHU	MUJ0891
2	Dr. ANIL DUTT VYAS	MUJ 0586
3	Dr. RINA POONIA	MUJ0492
4	Dr. JASBIR SINGH	MUJ0965
5	SANJEEV SHARMA	MUJ0981
6	COL. BHASKAR	
7	HIMANSHU PAITHANE	209303103
8	ADITYA HOSPATTANKAR	209301213
9	ABHISUMAT SUBRAMANIAN	209403052
10	RAHUL CHHABRA	209309007
11	GAURAV GOGISETTY	209301199
12	PRANNOV JAMADAGNI	209302152
13	SHASHWAT SINGH	200901143
14	MUKUL SHARMA	201106012
15	KARTIK CHHABRA	209202075
16	HARSHIT BASAK	209303092
17	TANISH KATIAL	209403033
18	NAMIT PAPNEY	209303031
19	ANUNAY BHATT	209302242
20	ANMOL SRIVASTAVA	209301173
21	UTKARSH BAHUGUNA	209302186
22	KOUSTUBH SAI	209303111
23	HARSH KUNDAN	209303014
24	PURUSHARTH KATARIA	209403062



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S.No.	Name	Registration No.
25	SHIVANSH DHAR SINGH	209301538
26	PARTH CHOPRA	209202166
27	NEEL SARUDKAR	209403053
28	UTKARSH BAHUGUNA	209302186
29	YASH DESHPANDE	
30	ABHINAV ADITYA	189303109
31	LAKSHIT SHARMA	209402017
32	DEVANSHU RASTOGI	209302150
33	KESHAV TRIPATHI	209309096
34	ARYAN CHITALE	209202167
35	DARSHAN JAIN	209403006
36	ADITYA KUMAR	209303361
37	PS SHIVA NARAYAN	209303186
38	NIYATI CHOUHAN	

6. Link of MUJ website:  
Pre Event Info Link -

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia )

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



## Sports Activity Report

S.No.	Date	Title of the Event	Brief of the Event	Total Participants
1	02 October 2021	“Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav	<p>On Saturday 02<sup>nd</sup> October 7.00 am in morning Manipal University Has organized a “Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav by Directorate Student’s Welfare MUJ for all the faculty members, non-teaching staff, hostel staff. It was a priority event proposed by AICTE (mail is attached for reference).</p> <p>The event was inaugurated by President, MUJ Dr G K Prabhu, who him-self is always promoting fitness program. Prof. A.D. Vyas Director Student’s Welfare MUJ, Col. Vipul Mathur, Chief Warden, Chief Security Officer and around 45 faculty members and staff were present to grace the Occasion.</p>	45

Directorate of Student’s Welfare & Sports, Manipal University Jaipur

**Name of Event:** “Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav

**Date of the Event:** October 2,2021

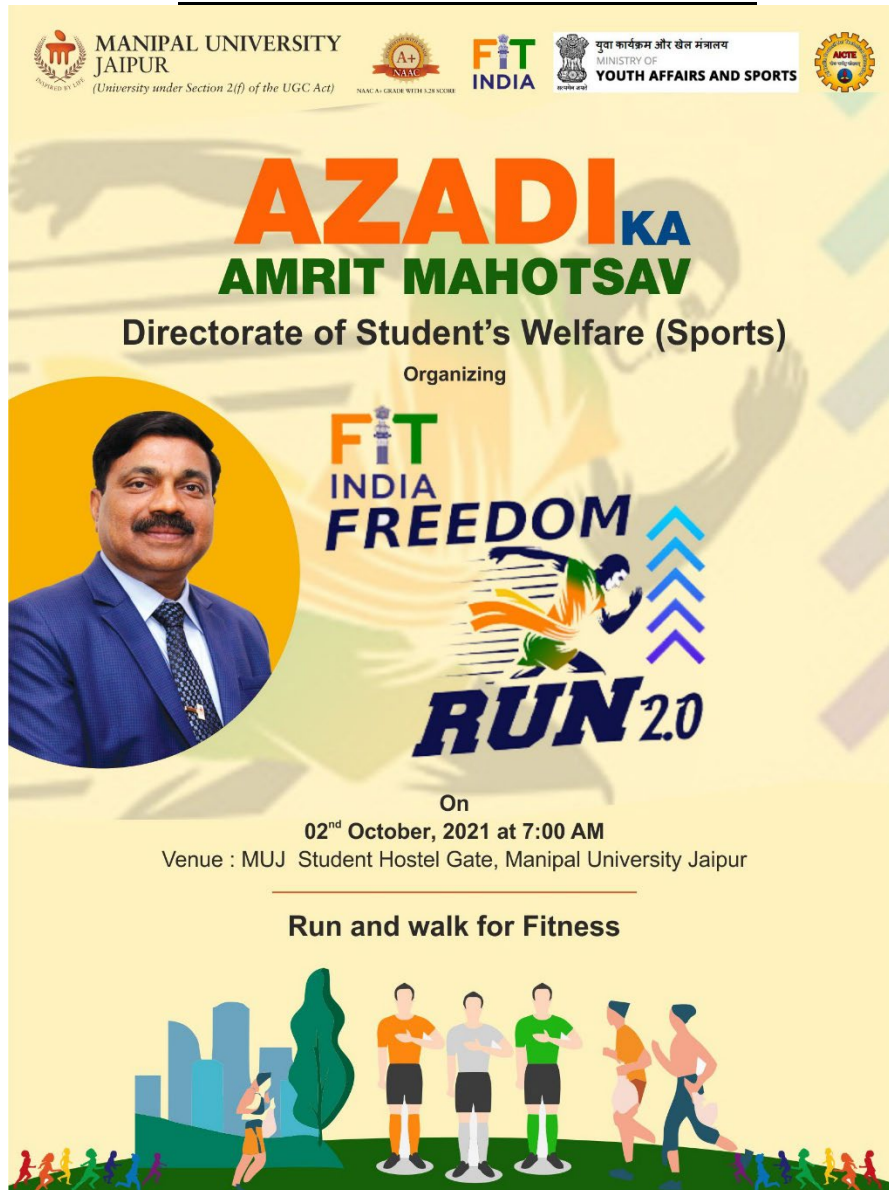
**Duration of Event:** One Hour 07.00AM- 08.00AM

**Name of Coordinator:** Dr. Rina Poonia ,Mr. Sanjeev Sharma Organizing School / Department: Directorate of Student welfare Photos of the Event & details of the Activity:- Directorate of Student Welfare & Sports Manipal University Jaipur organized “Fit India Freedom Run 2.0” under Azadi Ka Amrit Mahotsav by Directorate Student’s Welfare MUJ for all the faculty members, non-

teaching staff, hostel staff. It was a priority event proposed by AICTE (mail is attached for reference).

The event was inaugurated by President, MUJ Dr G K Prabhu, who him-self is always promoting fitness program. Prof. A.D. Vyas Director Student's Welfare MUJ, Col. Vipul Mathur, Chief Warden, Chief Security Officer and Students around 45 members were present to grace the Occasion.

### Brochure of Fit India Freedom Run 2.0



The brochure features a yellow background with a large, faint silhouette of a person running. At the top, logos for Manipal University Jaipur, AICTE, FIT India, and the Ministry of Youth Affairs and Sports are displayed. The central text reads 'AZADI KA AMRIT MAHOTSAV' in large, bold letters, followed by 'Directorate of Student's Welfare (Sports)' and 'Organizing'. A circular portrait of a man in a blue suit is on the left. The 'FIT INDIA FREEDOM RUN 2.0' logo is prominently displayed in the center, featuring a stylized runner and the Indian flag. Below this, the date and time are given as 'On 02<sup>nd</sup> October, 2021 at 7:00 AM' and the venue as 'Venue : MUJ Student Hostel Gate, Manipal University Jaipur'. The bottom section is titled 'Run and walk for Fitness' and includes an illustration of people running and walking in a park setting.





## Glimpse of the Event



**Inaugurated by President, MUJ Dr G K Prabhu**

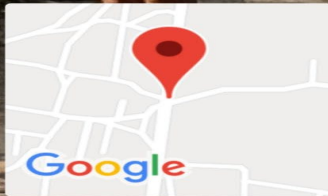




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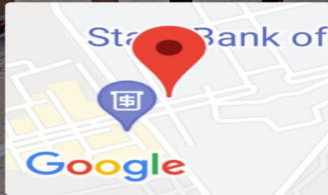
GPS Map Camera



**Dahmi Kalan, Rajasthan, India**  
RHX3+PX6, Dahmi Kalan, Rajasthan 303007, India  
Lat 26.848893°  
Long 75.553825°  
02/10/21 07:45 AM



GPS Map Camera



**Dahmi Kalan, Rajasthan, India**  
Manipal University Rd, Dahmi Kalan, Rajasthan  
303007, India  
Lat 26.841778°  
Long 75.564174°  
02/10/21 07:15 AM







**E-Mail BY AICTE**

*Dear Sir/Madam,*

*Greetings from AICTE...!!*

is in continuation of our earlier email dated 2nd August 2021 on subject mentioned above. We have received D.O. letter from the Ministry of Education (MOE) dated 05 Aug 2021(attached). As you are aware that the celebration of 75 years of India's Independence -"Azadi Ka Amrit Mahotsav" have commenced with active participation of all stakeholders. In this connection, "Resolves@75", Fit India Mission has conceptualized Fit India Freedom Run 2.0 to commemorate the occasion. The Nationwide Virtual launch of Fit India Freedom run 2.0 by **Hon'ble Minister of Youth Affairs & Sports, Sh. Anurag Singh Thakur and Hon'ble Minister of State, Youth Affairs & Sports, Sh. Nisith Pramanik** will be held on 13th August 2021. All the citizens will be given a call to make a resolve to include physical the activity of at least 30 minutes daily in their lives i.e. FITNESS KI DOSE AADHA GFIAN TA ROZ. A concept NOTE on 'Fit India Freedom Run' is enclosed in this regard.

AICTE seeking cooperation from your institutes in reaching out to students & faculty members in your institutions for their participation in the 750 events organized by the Ministry of Youth Affairs & Sports (MYAS) across India and conducting physical/virtual Freedom Run events. Pre-event promotion of the event may be ensured from 10th August, 2021 onwards and the program may be given publicity through social Media, Regional TV/Newspaper etc. Also, ensure the promotion of Freedom Run on the social media channels with #Azadi Ka Am rit Mahotsav and #Run4 India.

**Expectations from Institutions**

- Appoint one Nodal officer for coordination with Fit India Mission and forward the details at [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in).
- Encourage participation in the 750 events across India organized by Ministry of Youth Affairs & Sports (MYAS).
- States/Ministries/Organizations to conduct physical / virtual Freedom Run events
- Ensure pre-event promotion of the event from 10th August 2021 onwards.
- Organize events on launch day i.e 13th August 2021 at iconic and historically important places in the State/Uts to be attended by People's representatives/ Celebrities/ Athletes/ Iconic

Personalities/ Social Media Influencers, etc.

- Organizers to register their RUN on Fit India portal with details of participants and kms covered
- Promote Freedom Run on their social media channels with #AzadiKaAmritMahotsav and #Run4India.
- Adequate publicity for the program through Social Media, Regional TV/Newspaper, etc.
- Ensure participation at Panchayati/Municipality level, Schools/Colleges, Youth Clubs, Self-help Groups, etc.
- Ensure the momentum of the campaign from 13th August 2021 to 2nd October 2021.

For more information please visit <https://fitindia.gov.in/> or mail at [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in)

PFA: <https://drive.google.com/file/d/1i46WGPIBNguYn78N15m9CR4T-SkNmepQ/view?usp=sharing>

*With Regards,*

**Manoj Singh**

*Assistant Director (e-Governance),*

*All India Council for Technical Education,*

*Nelson Mandela Marg, Vasant Kunj, New Delhi-110070*

*Ph: 011-2958133*

*Report Submitted by:*

  
 Deputy Director Physical Education  
 Manipal University Jaipur

**Attendance of the Event**

S.No.	Name	Registration No.
1	Dr. GK PRABHU	MUJ0891
2	Dr. ANIL DUTT VYAS	MUJ 0586
3	Dr. RINA POONIA	MUJ0492
4	Dr. JASBIR SINGH	MUJ0965
5	SANJEEV SHARMA	MUJ0981
6	COL. BHASKAR	
7	HIMANSHU PAITHANE	209303103
8	ADITYA HOSPATTANKAR	209301213
9	ABHISUMAT SUBRAMANIAN	209403052
10	RAHUL CHHABRA	209309007
11	GAURAV GOGISETTY	209301199
12	PRANNOV JAMADAGNI	209302152



**MANIPAL UNIVERSITY  
JAIPUR**

(University under Section 2(f) of the UGC Act)

S.No.	Name	Registration No.
13	SHASHWAT SINGH	200901143
14	MUKUL SHARMA	201106012
15	KARTIK CHHABRA	209202075
16	HARSHIT BASAK	209303092
17	TANISH KATIAL	209403033
18	NAMIT PAPNEY	209303031
19	ANUNAY BHATT	209302242
20	ANMOL SRIVASTAVA	209301173
21	UTKARSH BAHUGUNA	209302186
22	KOUSTUBH SAI	209303111
23	HARSH KUNDAN	209303014
24	PURUSHARTH KATARIA	209403062
25	SHIVANSH DHAR SINGH	209301538
26	PARTH CHOPRA	209202166
27	NEEL SARUDKAR	209403053
28	UTKARSH BAHUGUNA	209302186
29	YASH DESHPANDE	
30	ABHINAV ADITYA	189303109
31	LAKSHIT SHARMA	209402017
32	DEVANSHU RASTOGI	209302150
33	KESHAV TRIPATHI	209309096
34	ARYAN CHITALE	209202167
35	DARSHAN JAIN	209403006
36	ADITYA KUMAR	209303361
37	PS SHIVA NARAYAN	209303186
38	NIYATI CHOUHAN	

(Sanjeev Sharma)

NCC & Sports Officer DSW

(Dr. Rina Poonia )

Signature of the Deputy Director

(Prof. AD Vyas)

Signature of Director, DSW



**MUJ/DSW/HR/NCC/03 June 2022/02**

# **FREE COVID VACCINATION DRIVE' for the 3<sup>rd</sup>. dose (booster dose)**

**Human Resource In collaboration with DSW & NCC**

**Date of Event: 03 rd. June 2022**

## **Index**

<b>S.No.</b>	<b>Activity Heads</b>	<b>Page no.</b>
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10.	Link of MUJ website	5



## 1. Introduction of the Event: -

On 3rd June 2022, Manipal University Jaipur HR department took an initiative to organize a 'FREE COVID VACCINATION DRIVE' for the 3rd dose (booster dose). This event was held on AB1-Block (003) 9:00 am-4:00 pm where NCC cadets were voluntarily taking part.

This event comes under the '**EMPLOYEE WELLNESS PROGRAM**'.

## 2. Objective of the Event: -

Manipal University Jaipur provide FREE BOOSTER DOSE of "COVISHILD" to those employees who have received the first and second dose of the vaccine and who have completed nine months of taking their second dose

## 3. Beneficiaries of the Event: -

The event was conducted for AB-1 Room No. 003 Manipal University Jaipur

## 4. Brief Description of the event: -

The central government has begun the booster dose/precaution dose for all adults (senior citizens and citizens above 18 years). We would advise all our employees and their family members to get themselves vaccinated as per eligibility and government stipulations. As a part of the employee wellness program and keeping the safety well-being of our employees & their immediate family members (Teaching/ non-Teaching Faculty, Ground staff Security, Sweeper) and their family members were gathered there for vaccination. on top priority, we are extending a "**cashless COVID-19 vaccination**" for Employees at our group hospital i.e **Manipal Hospital-Jaipur**.

Based on the government guidelines, people who are 18 years of age and have completed nine months or 39 weeks of receiving the second dose would be eligible for the third dose of vaccination.

NCC Cadets were present their to maintain the crowd and social distance and help employees and there family member with their documents such as: an Aadhaar card copy and 2<sup>nd</sup> dose reference ID required for a booster dose.

The event was the groom with the presence of the University President Mr. GK. Prabhu

### 5. Photographs of the event with captions: -









**Image.** FREE COVID VACCINATION DRIVE' with President Sir, Head HR, Registrar, HR Manager with NCC Cadets.

**6. Brochure of the Event: -**

Email: [saurabh.narayan@jaipur.manipal.edu](mailto:saurabh.narayan@jaipur.manipal.edu)

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**From:** Exchadmin [MU - Jaipur]  
**Sent:** Tuesday, May 31, 2022 11:02 AM  
**To:** MUJ Users <[muj.users@jaipur.manipal.edu](mailto:muj.users@jaipur.manipal.edu)>  
**Cc:** Sridhar M.S. [MU - Jaipur] <[sridhar.ms@jaipur.manipal.edu](mailto:sridhar.ms@jaipur.manipal.edu)>; Saurabh Narayan [MU - Jaipur] <[saurabh.narayan@jaipur.manipal.edu](mailto:saurabh.narayan@jaipur.manipal.edu)>  
**Subject:** EMPLOYEE WELLNESS: COVID-19 VACCINATION

Dear All,

Reference to the earlier communication, we are planning to execute the **vaccination drive at MUJ campus on 3<sup>rd</sup> June (Friday), 2022** starting 9.30 am onwards.

In view of above, kindly confirm your participation by clicking the link below-

**Participation confirmation link:** <https://forms.office.com/r/1zaFwqZkbB>

**Guidelines:**

1. The eligibility criteria for vaccination will be as per the government guidelines.
2. Your timeslot for the vaccination will be shared through personalized mail covering all details about vaccination process.

Have a great day!  
Thanking you,

Saurabh Narayan  
Human Resources, Manipal University Jaipur

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**7. Schedule of the event:** -On 3<sup>rd</sup> June 2022

**8. Attendance of the Event:** Total attendee- 187 (04 NCC Cadets and Staff )



## Attendance of the Event

S.NO.	Reg No.	Cadet Name	Father Name
1	RJ/21/SWF/278495	Tanya Singh Thakur	Kashmir Singh Thakur
2	RJ/21/SWF/278477	Avani Ahlawat	Sandeep Kumar Ahlawat
3	RJ/21/SWF/278479	Lavanya Rajawat	Pawan Singh
4	RJ/20/SDF/278467	Pawan Singh	Commandant Balwant

(Sanjeev Sharma) NCC &  
Sports Officer DSW

(Prof. AD Vyas) Signature  
of Director, DSW





MANIPAL UNIVERSITY  
JAIPUR

MUJ/DSW/Student Clubs and Chapters/021/Coreografia/25 January 2022.



MANIPAL UNIVERSITY  
JAIPUR

**DIRECTORATE OF STUDENTS' WELFARE**

**FACULTY OF ENGINEERING**

**SCHOOL OF AUTOMOBILE, MECHATRONICS AND MECHANICAL**

**DEPARTMENT OF MECHATRONICS ENGINEERING**

**Dance Fitness Workshop**

**Offline**

**Date of Event- 25<sup>th</sup> January**



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<u>5.</u>	Brief Description of the event	3.
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11.	Link of MUJ website	9



**1. Introduction of the Event:**

Dance Fitness Workshop was an event conducted by Coreografia to help students understand the intensity of fitness during dance. This workshop was part of a series of workshops that made students explore their fitness levels and help them nurture their talents even more.

**2. Objective of the Event:**

- To organize a fitness session for all the new members.
- To unite and have fun with their common love for dance despite the current pandemic situation.

**3. Beneficiaries of the Event:**

Students of MUJ, exclusively for Coreografia members.

**4. Details of the Guests with contact details:**

Ms. Ritu Verma

Contact No.: +91 96638 95893

**5. Brief Description of the event:**

Coreografia invites all its new members to take part in a workshop where we enhance their fitness levels with the inclusion of dance. The workshop was taught Ritu Verma who is a proud alumnus of the club. There was a sense of excitement and zeal within the participants as they did some great exercises. The event is an opportunity for all the freshers to display their talents as individuals before getting selected into various groups within the club.



6. 3 to 5 photographs of the event or screenshots of the event with captions:



*Glimpses from the event*



7. Brochure or creative of the event:



8. Schedule of the event:

Date	Day of the Week	Timing	Description
21/01/22	Friday	4:00 PM	Event info and form for the workshop was shared
25/01/22	Tuesday	6:00 PM	Workshop began on Zoom
25/01/22	Tuesday	8:30PM	Workshop Ended





**9. Attendance of the Event:**

Total attendees- 120 members

<b>Sno</b>	<b>NAME</b>	<b>REGISTRAION NO</b>	<b>BRANCH and COURSE</b>	<b>YEAR</b>
1	Vedanshi Kakani	201002006	BSc/Biotechnology	2nd
2	Ishika chatter	219301214	BTech/CSE	1st
3	Rutuja	219302013	BTech/IT	1st
4	Krutika Maheshwari	209309013	BTech/DSE	2nd
5	Yashi Sharma	211007020	BSc(Hons.)/Psychology	1st
6	Devyansh saraswat	190606010	BDes	3rd
7	Krish Santoki	219403014	BTech/Mechatronics	1st
8	Vedanshi Kakani	201002006	BSc/Biotechnology	2nd
9	Ishika Jaiswal	211007067	BSc/Psychology	1st
10	Aanchal goyal	219301281	BTech/CSE	1st
11	Tejasvita Jain	219310135	BTech/AI&ML	1st
12	Ritika Malhotra	219302332	BTech/IT	1st
13	Anamik Mane	219302481	BTech/IT	1st
14	Shreeya Jangid	211103091	BA psychology hons	1st
15	Himanshee Gangwani	210901187	BBA	1st
16	Shubhangi Tak	211103101	BA(Hons.)/Psychology	1st
17	Yash Choudhary	219301060	BTech/CSE	1st
18	Prerna Singh	219301448	BTech/CSE	1st
19	Mansha Bansal	219311067	BTech/IOT	1st
20	Bhavin Sehrawat	219302421	BTech/IT	1st
21	Aditi Mungale	209302304	BTech/CSE	2nd
22	Soumya Walia	219302101	BTech/IT	1st
23	Priyanshu Saini	209301418	BTech/CSE	2nd
24	Mayurakshi Ghosh	211016095	MSc/Clinical Psychology	1st
25	Suhani Patil	209202186	BTech/ECE	2nd
26	Ananya Singh	219311165	BTech/IOT	1st
27	Amith Antony John	219310305	BTech/AI&ML	1st
28	Kanishka Tyagi	211007058	BSc/Psychology	1st
29	Rtwik Nambiar	219310243	BTech(Hons.)/AI&ML	1st
30	Harshita kasaudhan	219301191	BTech/CSE	1st



31	Sona sharma	219303201	BTech/CCE	1st
32	Tanisha Chadha	211007061	BSc/Psychology	1st
33	Nimisha nambiar	211002001	Bsc/Biotechnology	1st
34	Rishika Kumar	209302134	BTech/IT	2nd
35	Mythili ittaman	200601006	BDes/Fashion Design	2nd
36	Uneza Khan	211301051	BA/LLB	1st
37	Geetika Porwal	209303041	BTech/CCE	2nd
38	Aanchal chunarkar	210903085	BCom(Hons.)/ACCA	1st
39	Vanisha Tyagi	219301323	BTech/CSE Core	1st
40	Vipul Mehndiratta	211106002	BA/Liberal Arts	1st
41	Sourav Sharma	210901283	BBA	1st
42	Shirin	219301170	BTech/CSE	1st
43	Zaara Mustakim	201103034	BA Hons Psychology	2nd
44	Gopal Sukhwal	199402034	BTech/Mechanical	3rd
45	Subham Marothi	209301320	BTech/CSE	2nd
46	Sejal Shirsale	209303345	BTech/CCE	2nd
47	Akanksha Abhilipsa	209303286	BTech/CCE	2nd
48	AKSHITA BHATT	219303193	BTech/CCE	1st
49	Khushi verma	211004006	BSc/Chemistry	1st
50	Fareeha Mulla	219301161	BTech/CSE	1st
51	Aditi Jain	210901348	BBA	1st
52	Jahanvi Agarwal	210901109	BBA	1st
53	Mahak Mahajan	211301109	BA/LLB	1st
54	Pranali Gupta	211103026	BA(Hons.)/Psychology	1st
55	Mahak Mahajan	211301109	BA/LLB	1st
56	Krupa Sheth	211016075	MSc/Clinical Psychology	1st
57	Khushi Gund	201007006	BSc(Hons.)/Psychology	2nd
58	Advika Shah	219302242	BTech/IT	1st
59	Shubhangi Ghosh	209309051	BTech/DSE	2nd
60	Rajvijay Singh Gaur	219303046	BTech/CCE	1st
61	Atik Raghuwanshi	219302236	BTech/IT	t
62	Kushagra Mathur	219310033	BTech/AI&ML	1st
63	Upvan Luthra	219302304	BTech/IT	1st
64	Tarun pradhan	219302396	BTech/IT	1st



65	Suhani	201007044	BSc/Psychology	2nd
66	Shubhangi Sharma	211103015	BA/Psychology	1st
67	Kanika Mahajan	210901341	BBA	1st
68	Kritika Sudhera	219303042	BTech/CSE	1st
69	Shivanshi Sharma	211301040	BA/LLB	1st
70	Tanvi Bhardwaj	219301209	BTech/CSE	1st
71	Lasya Varma	219310140	BTech/AI&ML	1st
72	Anshika Jaiswal	209302285	BTech/IT	2nd
73	tapas sharma	219202008	BTech/CSE	1st
74	Pravartika mishra	219303120	BTech/IT	1st
75	Srishti Saxena	201007004	BSc/Psychology	2nd
76	Aditi Goel	219301543	BTech/CSE	1st
77	Nishita Gogia	219301155	BTech /CSE	1st
78	Aditi Vinayan	211016087	MSc/Clinical psychology	1st
79	Khushi Ganatra	219303154	BTech/CCE	1st
80	Khushi Srivastava	209303162	BTech/CCE	2nd
81	Dhruv jhanwar	209301369	BTech/CSE	2nd
82	Anmol Bali	211301094	BA/LLB	1st
83	Neha Reddy Vutukuri	209301519	BTech/CSE	2nd
84	Sanya Ahuja	211103040	BA(Hons.)/Psychology	1st
85	Priyal Jain	219309126	BTech/DSE	1st
86	Madhav Mendiratta	219310027	BTech/AI&ML	1st
87	Kumari Vaishnavi	219302349	BTech/IT	1st
88	Nupur Palav	209202061	BTech/ECE	1st
89	Ankita Rajasekharan	211016006	MSc/Clinical Psychology	1st
90	Kashvi Singh	219301334	BTech/CSE	1st
91	Devika Raja	219303069	BTech/IT	1st
92	Mahek Chokhani	211201037	BJMC	1st
93	Yuval shah	219403009	BTech/Mechanical	1st
94	Kashish Verma	219301620	BTech/CSE	1st
95	Bhavya Vardhan Jain	219302347	BTech/IT	1st
96	Mukul sharma	201106012	BPES	2nd
97	Anjali Jain	211103087	BA(Hons.)/Psychology	1st
98	Jayansh Sharma	210901361	BBA	1st



99	Ananya Puranik	211007015	BSc(Hons.)/Psychology	1st
100	Aakanksha Ranjan	201016040	MSc/Clinical Psychology	2nd
101	Devika Soni	210601015	BFD	1st
102	Krishna koushika	219309118	BTech/DSE	1st
103	Mimansha Ranawat	211201074	Bjmc	1st
104	Ojasvitaa Bist	219301671	BTech/CSE	1st
105	Khushi	201007039	Bsc(Hons.)/Psychology	2nd
106	Paavni chadha	211301067	BA(Hons.)/LLB	1st
107	Pankhuri	219202051	BTech/CSE	1st
108	Vandit Chitkara	219301102	BTech/CSE	1st
109	Manjul Varshney	219302057	BTech/IT	1st
110	Himanshi Punjabi	211007042	BSc(Hons.)/Psychology	1st
111	Aakash Lakhangaonkar	189301168	BTech/CSE	4th
112	Ridhima Gupta	209301352	BTech/CSE	2nd
113	Anushka Dixit	209303315	BTech/CCE	2nd
114	Shukanya singh	219302025	BTech/IT	1st
115	Diya Mehta	211103070	BA(Hons.)/Psychology	1st
116	Pooja Sharma	201105017	BA/Liberal Arts	2nd
117	Ankita kumawat	211004003	Bsc(Hons.)/Chemistry	1st
118	Aditi Bendre	211015004	BCA	1st
119	Kanika taneja	211004002	Bsc(Hons.)/Chemistry	1st
120	Tanisha Nindawat	210603035	BFA/Applied arts	1st

#### 10. Feedback of the Event:

The participants thoroughly enjoyed this workshop. It was a great medium to learn with their fellow club members along with the help of their seniors. They would like to attend more of these events.

#### 11. Link of MUJ website -

<https://jaipur.manipal.edu/muj/news-events/events-list/dance-fitness---flavours-of-all-forms.html>




MANIPAL UNIVERSITY  
JAIPUR

Mr. Hemant Kumar

Department of Mechatronics Engineering

**Signature of the Faculty Coordinator**

<p>DIRECTOR STUDENT WELFARE &amp; PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p><b><u>Dr. Arun Kumar Poonia</u></b> Asst. Director, DSW Clubs</p>
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**MANIPAL UNIVERSITY  
JAIPUR**

**COUNSELLING**

**DIRECTORATE OF STUDENT'S WELFARE**

**NAME OF EVENT – BEATING THE EXAM STRESS  
(NON-FINANCIAL EVENT)**

**15<sup>th</sup> July 2022**



**Content of Report (INDEX)**

**1. Introduction of the Event**

**2. Objective of the Event**

**3. Beneficiaries of the Event**

**4. Details of the Guests**

**5. Brief Description of the event**

**6. Photographs**

**7. Brochure or creative of the event**

**8. Schedule of the Event**

**9. Attendance of the Event**

**12. Link of MUJ website**



## 1. **Introduction of the Event**

“Beating the Exam stress” conducted by the mental health club of MUJ- Mind Over Matter, was inspired by the theme of sorting out heavily messed up exam minds. Its idea was to create a tension-free environment, where students in exam anticipation and anxiety could clear out mental knots, find solutions to before-exam problems and learn ways to be more productive. As young learners, we took the help and guidance of the respected counsellors of our college, who were insightful in their approach to the topic. The session was interactive and extremely fruitful for all who needed it.

## 2. **Objective of the Event**

The Core working team of Mind Over Matter was clear and purposeful in its approach towards the aim behind the event. We wanted it to be a productive spend of time for students to put down their books for an hour and learn something they will need for their lives. Our aim was to help students answer basic psychological queries like-dealing with anxiety before exams, importance of self-care, confidence and consistency, practical methods for better concentration and productivity, and recognition and appreciation of our hard work.

## 3. **Beneficiaries of the Event**

- Clarity in the way of thinking about exams
- Useful ways of dealing with fear and anticipation
- Importance of routines and discipline
- Self-appreciation for the hard work we do, as a motivation for future actions.

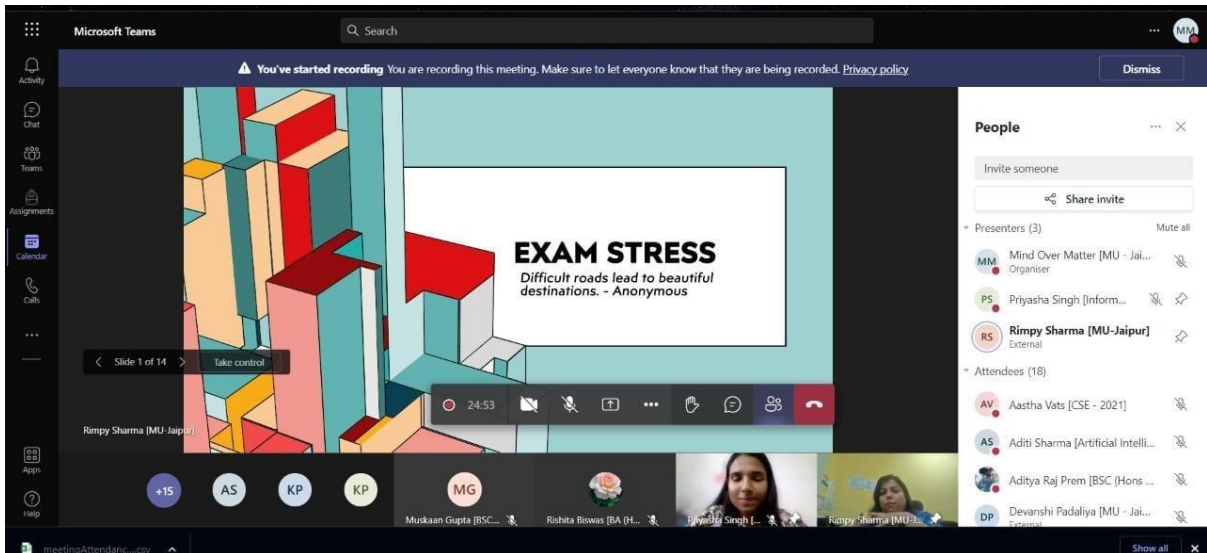
## 4. **Details of the mentor**

Details of the mentors: Ms. Devanshi Padaliya, Ms. Vandana Kabara, Dr. Rimpay Sharma (Counsellors of MUJ)

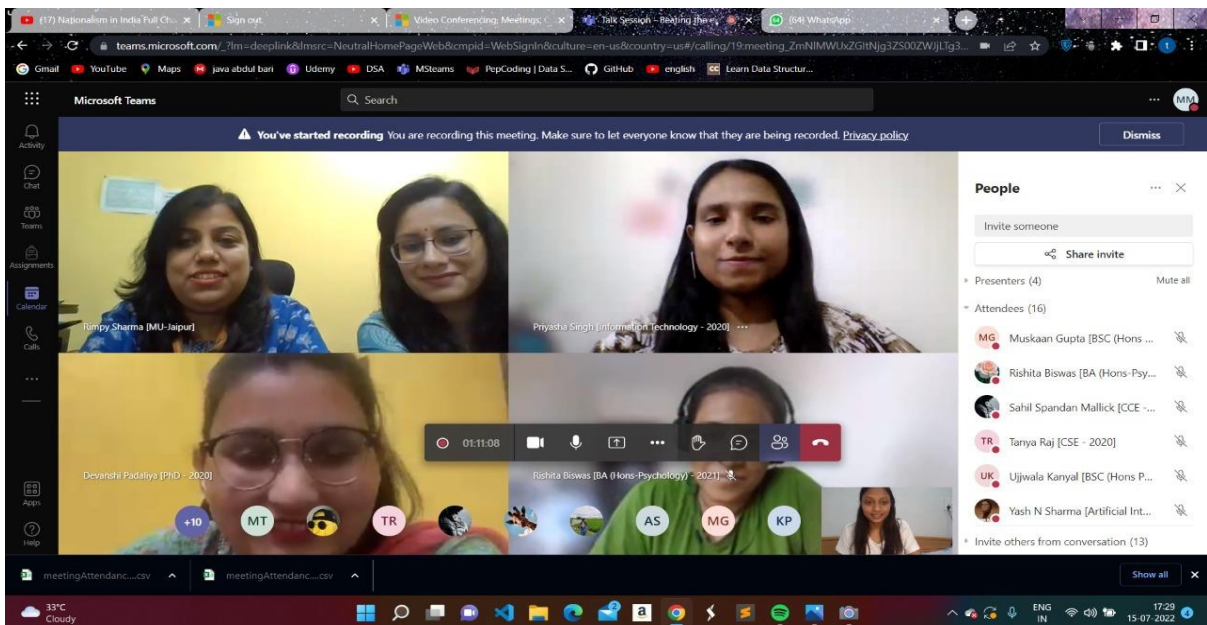
## 5. **Brief Description of the event** –

The event began with the introduction to the concept of counselling, its usefulness and necessity. The mentors created a rapport and easiness with the audience before diving into the topic. A presentation made by the counsellors guided us through the event. After their explanations, the floor was opened to questions from the audience. Our host Priyasha Singh (Vice President, MOM), on behalf of the team, discussed some essential topics with the counsellors. Overall, the event was productive, informative and crucial for the students.

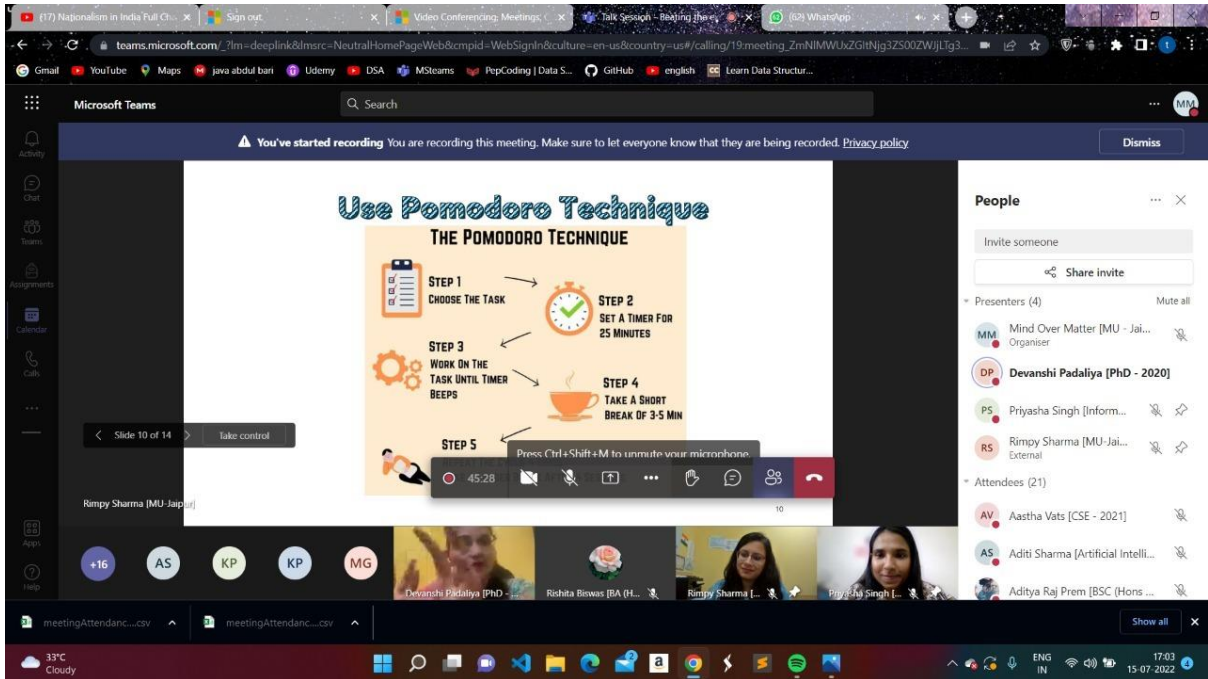
6. **Photographs of the event -**
- **Slides explaining what exam stress is.**



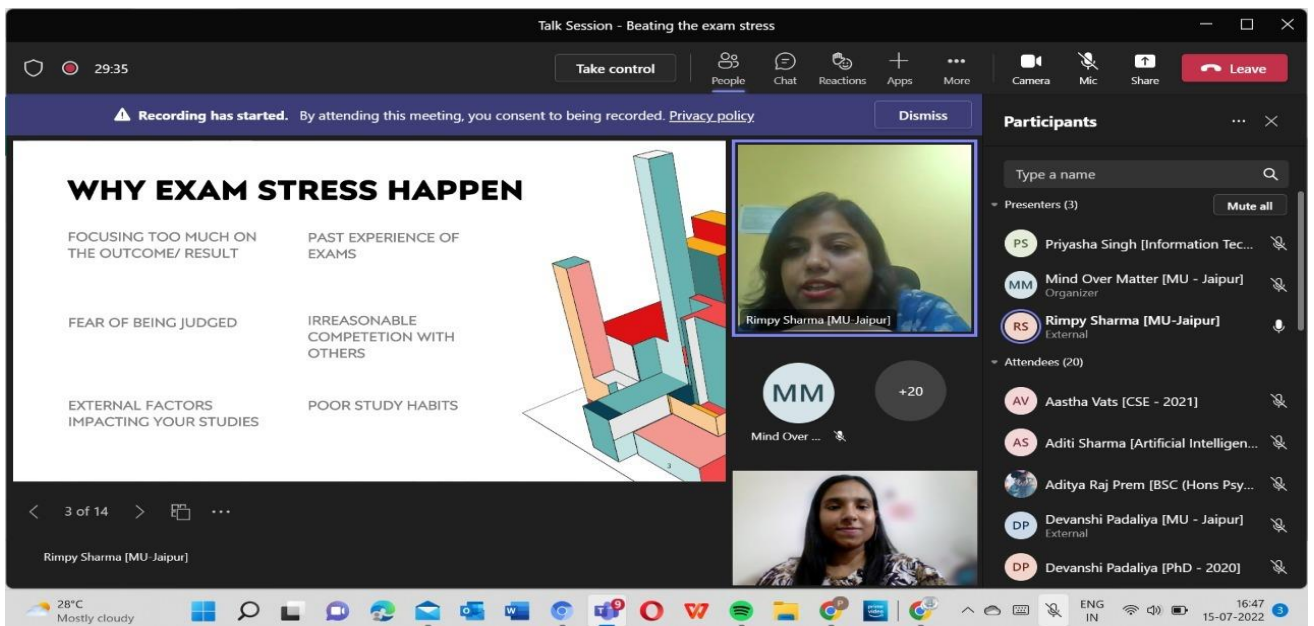
- **Discussing the basic concepts of stress and worry.**



- **Some of the effective ways to apply in your life which helps you prevent exam stress.**

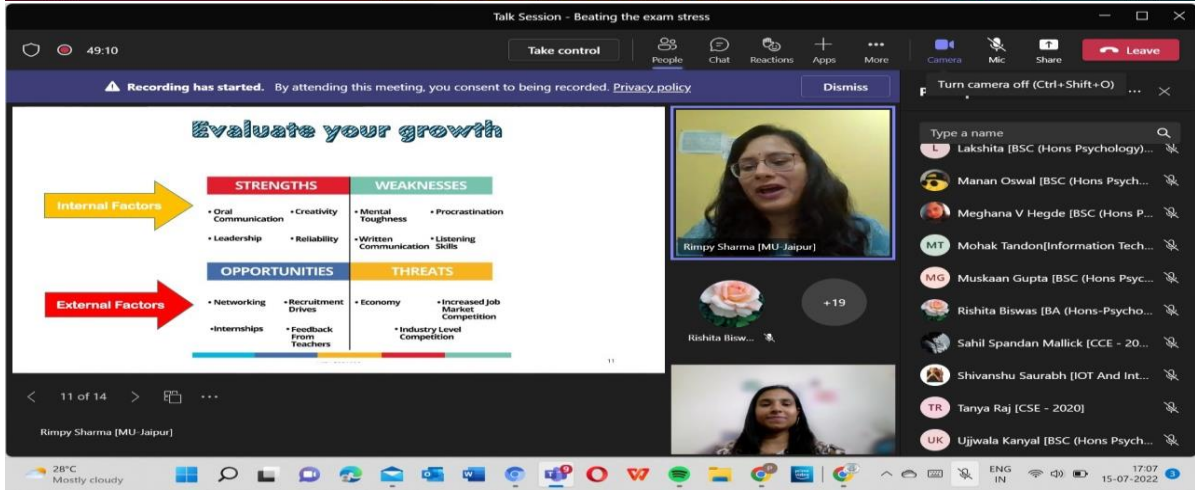


- In this pic Dr Rimpyma'am is discussing about why exam stress happens.



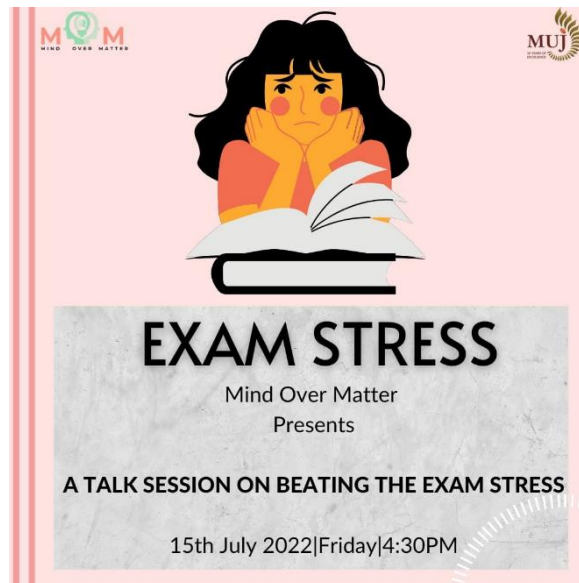
Some of the few pictures related to the session.





Some of the few pictures related to the session.

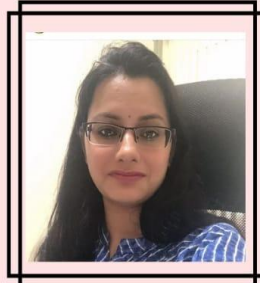
**7. Brochure or creative of the event (inserted in document)**



## SPEAKERS PANEL



Ms Devanshi Padaliya  
(Counsellor, MUJ)



Ms Vandana Kabara  
(Counsellor, MUJ)



Dr Rimpay Sharma  
(Counsellor, MUJ)

8. **Schedule of the event:**

**Date - 15 July**

**Time- 4.30 PM**

**Platform - Microsoft Teams**

9. **Link of the event-**

**<https://forms.gle/Bh9En54pkiihYbDS6>**



**10. Attendance document is attached**

Sno.	Name
1	Priyasha Singh
2	Khushi Panwar
3	Muskan G
4	Kashish Parmar
5	Aditi
6	Ujwalla
7	Arundhati de
8	Hansika kh
9	Tanmay M
10	Divyanshi
11	Kanika
12	Rishita
13	Rimpy
14	Devanshii
15	Sankalp
16	Astha
17	Garima
18	Sahil
19	Manan
20	Aditya
21	Tanya
22.	Meghna
23	Thakur
24	Mohak
25	Pradyum
26	Lakshita
27	Priyanshu
28	Gaurav
29	Shivanshu

**Post event link:** <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



**Faculty coordinator**

*Rimpy Sharma*

(Dr Rimpy Sharma)

Student Counsellor

Directorate of Student's Welfare

*Vandna Kabra*

(Ms. Vandna Kabra)

Student Counsellor

Directorate of Student's Welfare

*Devanshi Padaliya*

(Ms. Devanshi Padaliya)

Student Counsellor

Directorate of Student's Welfare

<p>DIRECTOR STUDENT WELFARE &amp; PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	<p><i>Arun Kumar Poonia</i> <b>Dr. Arun Kumar Poonia</b> Asst. Director, DSW Clubs</p>
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MUJ/DSW/Student Clubs/022/COSMOS/05

## **DIRECTORATE OF STUDENTS' WELFARE**

**UNDER THE STARS**

**Field Visit (Sambhar Lake)**

**Date of Event: - 10<sup>th</sup> May 2022**



**Index**

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## **1. Introduction of the Event: -**

On the 10<sup>th</sup> of May, A Trip for the students of Manipal University Jaipur to the Sambhar Salt Lake was organized by COSMOS - The Science Club of MUJ in collaboration with Department of Physics, School of Basic Sciences. This Trip was conducted under the supervision of faculty coordinator, headed by Dr. Rashi Nathawat and Dr. Uvais Valiyaneerilakkal, Club President Mr. Utkarsh Agrawal and all the council members.

## **2. Objective of the Event: -**

- To make the students wonder in awe about the stars above us.
- To give them the experience of a real earthly offline visit to nature

## **3. Beneficiaries of the Event: -**

The Event was open for all the MUJ Students.

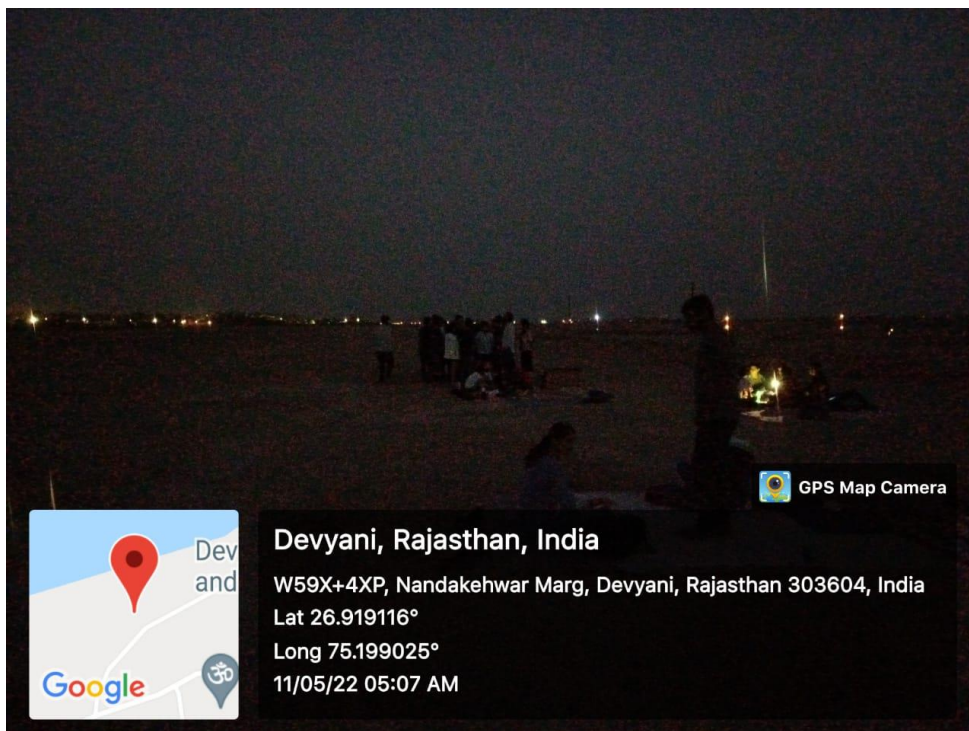
## **4. Brief Description of the event: -**

The students who registered for the event did travel in a bus to the location i.e., Sambhar Salt Lake. Then they set up a minimal camping site and were getting ready for some fun activities. Meanwhile we were setting up our observation deck, with the Telescope and required lights with the help of volunteers. With some brief introduction the students were getting a basic knowledge via workshop, which was provided under the gaze of stars by Dr. Satyapal Singh Rathore. After that the observation of various stars and planets was started. It lasted for 6 hours where every individual student and faculty member was given the access of the telescope and explore the stars. There was also a brief photo session with the students for a lasting memory. It was dawn while we will be packing and heading back to the MUJ campus.

## 5. 3 to 5 screenshots of the event with captions: -



*Fig 1: Before Boarding the bus for field visit*



*Fig 2: Students settling in at the camp site of field visit*



*Fig 3: Setting up of the telescope*

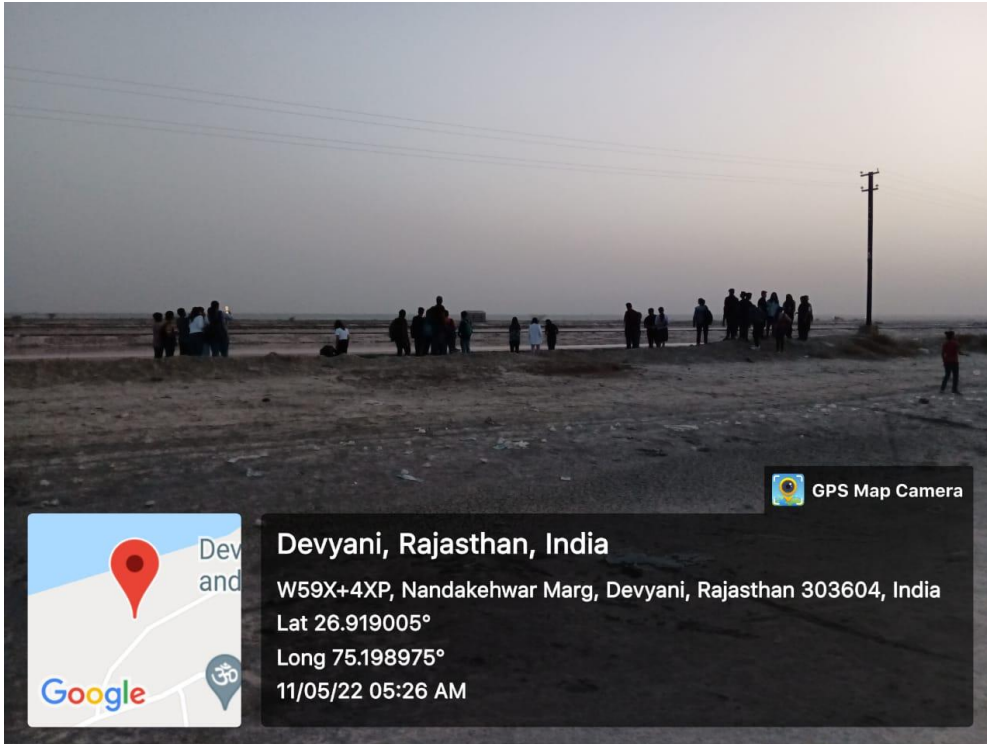




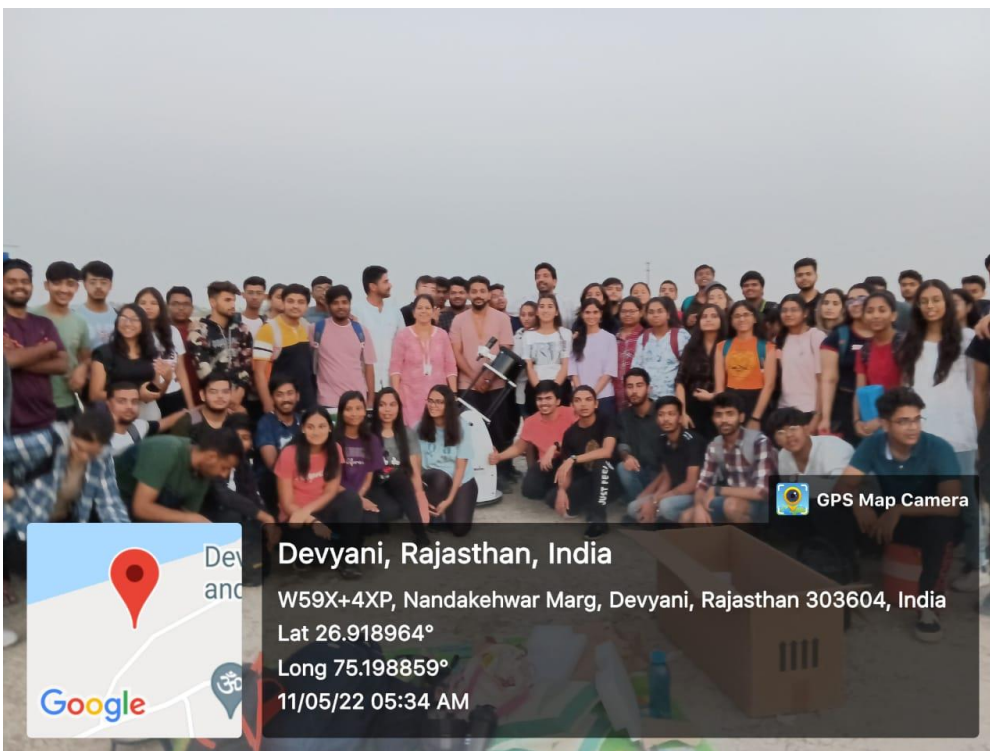
*Fig 4: Students started observing the Planets and constellations*



*Fig 5: Dr. Satyapal educating students about celestial objects and telescope*



*Fig 6: Students at dawn waiting for sunrise*



*Fig 7: Before Boarding bus back to campus*



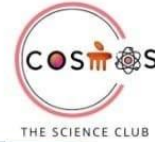


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JAIPUR

6. Brochure of the event: -



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JAIPUR



COSMOS-The Science Club of MUJ  
*in*  
Collaboration with the Department of Physics  
*presents*

A NIGHT TO REMEMBER

# *Under the Stars*

A TRIP TO THE SALT LAKE  
TO OBSERVE THE STARS AND THE PLANETS IN THE NIGHT SKY  
WITH OUR DOBSONIAN TELESCOPE

LIMITED SEATS AVAILABLE!  
REGISTER NOW!!!



Fee inclusive of meal and transport

May 10th, 2022      10 pm onwards

*For more information contact:*

Dr. Ashima Bagaria  
HoD  
Department of Physics

Dr. Rashi Nathawat  
Faculty Coordinator  
Department of Physics

Utkarsh Agarwal  
9509097081  
President, COSMOS

Yash Tomar  
7027544427



# MANIPAL UNIVERSITY JAIPUR

## 7. Schedule of the event: -

On May 10, 2022 (Tuesday) from 10:00 PM to 6:00 AM

## 8. Attendance of the Event: -

Total MUJ attendee- 84

3	✓	Vedant Nemade	219402022	
4	✓	Sanjeevan Kaluskar (Kulon)	219310029	Hand
5	✓	Phanideep Kunisetty (Dhruv)	219310030	2022 Hija
6	✓	Drishti Singh	219301698	1137
7	✓	Sneha Khemka	219303012	
8	✓	JEET JAWALE	219202032	Prata
9	✓	Juhi Anand Singh (Anshu)	219301224	Faana
10	✓	Khushi Gupta	219301242	Juhi
11	✓	Pankhuri Piplani	219301554	
12	✓	Varada Mantrawadi (Varun)	219302252	Pankhuri
13	✓	Mohit Yadav	219301105	
14	✓	Kriti Kumari	211006001	
15	✓	ISHAN SOMANI	209303083	
16	✓	Satwik Sokey (Aditya Nambiar)	219310266	219302302
17	✓	Ishita Agarwal	209202106	
18	✓	Kashish zalani	211007026	
19	✓	Pranith pamidikondala	219401001	
20	✓	Shruti Gupta	209301001	
21	✓	Ujjwal Singh (Anshu)	211006008	
22	✓	Radhika Kedia (Radhika Kedia)	209302426	1233 nit B
23	✓	Tushar bansal	219408001	
24	✓	Ishita Gupta	209301251	
25	✓	Rohan Kumar	219310151	
26	✓	Riddhima Saha	219311058	
27	✓	Tapas sharma	219202008	
28	✓	Vasu Avasthi	219301368	
29	✓	Nikunj Hemani	219302470	
30	✓	Aarushi Bhatia	211007078	
31	✓	Anoushka Goyal	219310246	
32	✓	Prasha Sharma	209303219	
33	✓	Shubhi talati (Abhinav)	219302117	3218
34	✓	Sheen	219301450	
35	✓	Prerna Singh	211007033	
36	✓	Twinkle Varma	219310195	
37	✓	Pranjal Kumar	219310133	
38	✓	Gurleen Kaur	219302434	
39	✓	Vasi Tanvika	219310112	
40	✓	Aditi singh	219301596	
41	✓	Lakshya Goel	219301625	
42	✓	Om Tiwari	211007031	
43	✓	Madhav garg (Madhav)	209301551	
44	✓	Chinmayee Dahake (Chinmayee)	211007034	
45	✓	Ritik kumar	219403022	
46	✓	Kushagra Jain (Kushagra)	219311121	
47	✓	Yuvraj Sahni	219311301	
48	✓	Saloni	219301036	
49	✓	Jitendra choudhary	219301150	
50	✓	Shivansh Panchal	219301054	
	✓	Arunim Sureka (Arunim)	219303090	





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✓ 51	✓	Khushi Mehta	219301604	✓	✓
✓ 52	✓	Manya Jain	219301516	✓	✓
✓ 53	✓	Aryaka Agarwal	219301348	✓	✓
✓ 54	✓	Aaron Sequeira	219302100	✓	✓
✓ 55	✓	Agrima Goel	219309075	✓	✓
✓ 56	✓	Aryan	219309105	✓	✓
✓ 57	✓	Yash Kumar Shrivastava	209302301	✓	✓
✓ 58	✓	Ananya Bhardwaj	219310261	✓	✓
✓ 59	✓	Sourabh Kumar	219301344	✓	✓
✓ 60	✓	Shashank sharaswat	219302100	✓	✓
✓ 61	✓	Jahanvi tyagi	219309078	✓	✓
✓ 62	✓	Adeeba khan	221051012	✓	✓
✓ 63	✓	Het Gandhi	219301530	✓	✓
✓ 64	✓	Lokeshwar Bhadu	201014012	✓	✓
✓ 65	✓	Insha Latief	221051008	✓	✓
✓ 66	✓	Yash Tomar	209302393	✓	✓
✓ 67	✓	Nivesh Kumar Agarwal	209403066	✓	✓
✓ 68	✓	Utkarsh Agarwal	199102002	✓	✓
✓ 69	✓	Aryan Shreyas Chitale	209202167	✓	✓
✓ 70	✓	Apoorv Raj Dubey	219310104	✓	✓
✓ 71	✓	Tushar Mishra	219303028	✓	✓
✓ 72	✓	Priyanshi Vyas	209302223	✓	✓
✓ 73	✓	Mayank Gupta	219301680	✓	✓
✓ 74	✓	Priyanka	211007046	✓	✓
✓ 75	✓	Palak Danwar	221051007	✓	✓
✓ 76	✓	Tanishq Jhavery	210305046	✓	✓
✓ 77	✓	Kalpesh Suthar	209301116	✓	✓
✓ 78	✓	Akanksha Jha	201007054	✓	✓
✓ 79	✓	Moulshri Daroch	219301579	✓	✓
✓ 80	✓	Kanika Mittal	219302084	✓	✓
✓ 81	✓	Preet Kalani	219311291	✓	✓
✓ 82	✓	Muskan Goyal	211015077	✓	✓
✓ 83	✓	Raghav Anand	219301396	✓	✓
84	✓	Vedant Gupta	219311013	✓	✓

members from Aperature (to cover the event)

- ✓ Pranav Bajaj: 219309007
- ✓ Aman Singh: 219301603
- ✓ Vishrut Raj: 219310074
- ✓ Anant Singh: 1117
- ✓ Anant Handharaj: 1100
- ✓ Abhisandya Akhram: 1709
- ✓ Kishakh: 3008
- ✓ Juhar Matta: 3063
- ✓ Kashish: 3040

Diya  
6/5/22





## 9. Feedback of the Event: - A Form was circulated to collect the Feedback of the students and the same is attached below

Timestamp	Name	WhatsApp Number	Feedback For Sambhar Salt Lake Trip. What you enjoyed or didn't	Your Suggestions to improve the working of the club, if any.
5-12-2022 11:57:44	Chinmayee Dahake	7647901917	It was good. But i didn't knew when they were showing saturn and venus so i was not able to see it in telescope	
5-12-2022 12:03:16	Shruti Gupta	7455864554	Enjoyed a lot	
5-12-2022 12:04:32	Insha Latief	7006891305	It was good	Everything was perfect
5-12-2022 12:12:28	Vasu avasthi	9588036361	Enjoyed too much , watching stars and the night bus journey	Snacks thoda. Achha ho jae (👍👍)
5-12-2022 12:15:14	Vedant Nemade	7758802557	The event was gorgeous , it was an amazing experience, everything was managed well , washroom facilities may be improved , rest each and everything was perfectly done	Bus accommodation and washroom facility can be planned better
5-12-2022 12:17:54	Palak Dawar	9990358945	I enjoyed everything during the trip. It was a very different experience and I loved it	
5-12-2022 12:18:28	Tapas sharma	6377634122	The most beautiful part of the tour was ofcourse the stars, its like a dream come true, a night under the stars. Losing the past regrets, forgetting the problems in a nutshell no night can be better than this. Loved it ❤️	The only improvement required is...we need such night outs more
5-12-2022 12:20:14	Adeeba khan	8750280666	Enjoyed the trip .great expenence	
5-12-2022 12:25:23	aryan	8130932058	i enjoyed everything and the refreshments were looco good , things i didn't enjoyed was that we departed at 10:42 instead of 9:42	we could have gone to see pokhran as yesterday 11 may was the day when pokhran test was done and it would also be a good star gazing spot
5-12-2022 12:25:43	Prerna Singh	9548941032	I enjoyed a lot	Engagement & social interaction
5-12-2022 12:27:12	Jeet jawale	9823328222	Yes i enjoyed it to the fullest	No
5-12-2022 12:33:30	Ananya Bhardwaj	7275220011	Enjoyed star gazing with friends	
5-12-2022 12:33:34	Anoushka Goyal	9311891684	Amazing trip, learning experience, really enjoyed looking at planets	Better refreshments
5-12-2022 12:34:36	Arunim Sureka	8987368926	I really enjoyed night under stars, watching moon and saturn through telescope. Overall it was a great experience!!	
5-12-2022 12:36:10	Akanksha Jha	7357342260	I really enjoyed the moon visuals and Jupiter and the star gazing done by us whole night... but didn't like the schedule of the trip as it was scheduled near exams so couldn't make the most out of the experience.	Nil
5-12-2022 12:58:13	Sourabh Kumar	8540800925	The trip was very good starting from registration to the actual day trip. Refreshments were in good quantity and worth the amount taken. The telescope was the best. Everything was good in this trip and would really love to join once again. I sincerely thanks the organizing team for this wonderful trip.	I would just suggest not to increase the intake from 50-60 its a sufficient number. If their are enough no. telescopes to cater larger no. of students then you should definitely increase the no. of students, for a particular trip or don't increase the intake.
5-12-2022 13:01:17	Het Gandhi	9016394568	I enjoyed a lot. Got to know a lot about telescope and also about space	The trip was great and I think everything was good and smooth
5-12-2022 13:07:56	Kriti Kuman	+91 91666 72267	Enjoyed indeed	Organize more events....
5-12-2022 13:13:18	Mohit Yadav	9671404266	Yes we enjoy a lot and we all are excited for these type of trips in future	Atleast club should not charge for these events from club members
5-12-2022 13:17:04	PRIYANKA AGRAHARI	9685210888	Enjoy every second of this trip	
5-12-2022 13:17:46	Juhi Anand Singh	6391914187	Enjoyed everything, from the bus ride to the star gazing, seeing the moon n planets.	
5-12-2022 13:23:37	Ritik kumar	7004978674	Yes	Please organise more event.
5-12-2022 13:28:58	Rohan Kumar	9903671921	Amazing trip, as photographer, doing astrophotography just feels so good	Better management
5-12-2022 13:44:50	Aryaka Agarwal	9389695592	It was a very different experience for me. I really enjoyed the star gazing which even made me even more curious about the subject astronomy	
5-12-2022 14:17:12	Aaron Sequeira	9867726291	Star gazing and like refreshments	
5-12-2022 14:26:01	Sheen	7042952197	The star gazing concept was my personal favourite	None
5-12-2022 14:35:38	Valleli Pooja	9063244744	Good	None
5-12-2022 14:43:13	Shashank Saraswat	8005803945	Everything was good	
5-12-2022 14:54:08	Pranjal kumar	7962348693	EVERY DAMN. THING. was enjoyable.	Not really
5-12-2022 15:05:30	Jitendra Choudhary	8824140014	Nice trip	No
5-12-2022 15:14:22	Lakshya Goel	9997061958	Enjoyed each and every moment 😊😊😊	
5-12-2022 16:20:47	Varada Mantrawadi	9156275327	Great thank you!	It's fine
5-12-2022 17:18:03	Muskan goyal	8955370535	sneak peek into the unending loop of some of the most beautifully placed objects painted in the sky....  So First of all the whole idea of star gazing and stuff is very exciting in itself But also there are a lot of prerequisites involved which should fall in the right place and i am glad that the whole team has done a commendable job to pull of the event in a very strategic manner. Let's start right from the beginning. • The smooth bus. Journey • The perfect landing spot. • Smooth conduct of the Telescopic view experience without compromising on time and by giving each and everyone their own time to appreciate the beauty of the sky in their true self. • Refreshment is like icing on the cake. • Also enabling us to see the full sight of the sky shirring with the bright stars is a very relaxing exercise altogether. • All the team members worked in symphony in order to channelize the crowd with utmost discipline.	Would also like to give some suggestions for future trips: • You should do a more thorough research regarding the technical aspect of it For example: 1. plan out a day in which we can see one or more event taking place together so that we can see more in then given amount of time. 2. Plan out a day in which we can see the stars more bright in clear, like a full moon day.

## 10. Link of MUJ website: - <https://jaipur.manipal.edu/muj/news-events/events-list/under-the-stars.html>

(Utkarsh Agrawal)

Signature of the Club President

(Dr. Rashi Nathawat)

Signature of the Faculty Coordinator



# MANIPAL UNIVERSITY JAIPUR

DIRECTOR STUDENT WELFARE & PROCTOR  
MANIPAL UNIVERSITY, JAIPUR

**Dr. Arun Kumar Poonia**  
Asst. Director, DSW Clubs

MUJ/DSW/Student Clubs/Convergence/12<sup>th</sup> August, 2022



## **DIRECTORATE OF STUDENTS' WELFARE**

### **Seminar on handling the aesthetic overwhelmed life crisis, time management and goal setting**

**PSYCHE MONARCH**

**ONLINE EVENT**

**Platform:**

**Microsoft Teams**

**Date of Event (12<sup>th</sup> August, 2022)**

**(3:00 – 4:00 pm)**



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### **1. Introduction of the Event**

"PSYCHE MONARCH" is a seminar that puts emphasis on student growth. It chiefly incorporates the maintenance of an overwhelming life in the era of social media and aesthetics, along with effective time management and goal setting for a chaotic schedule of students.

## 2. Objectives of the Event

1. Achieving better results through effective planning and clarifying objectives.
2. Spending more time working toward your high-value goals.
3. Gaining a balance between professional goals and personal time.
4. Using time management tools more effectively.
5. Setting goals and prioritizing them to determine if activities are goal-directed.
6. Handling our overwhelming demands with time.

## 3. Beneficiaries of the Event

- Students

What benefits would they have from this seminar? :-

1. Higher level of productivity.
2. Reduced stress and anxiety.
3. A healthy work-life balance.
4. Provide direction and focus.
5. Setting of a realistic timeline for goal accomplishment.

## 4. Brief Description of the event

We have witnessed that students these days are busy with overachieving in their life, making themselves physically and mentally tired. They tend to get overwhelmed by a lot of things in every phase of their life. Time management is important to structure out time for self-care in every day's jumbled life. When we fail to make time for ourselves, we rush into things, and as a consequence it disrupts our goal setting.

Our professionals are going to give us a brief on how we can handle our time being productive and setting our sheer goals too.

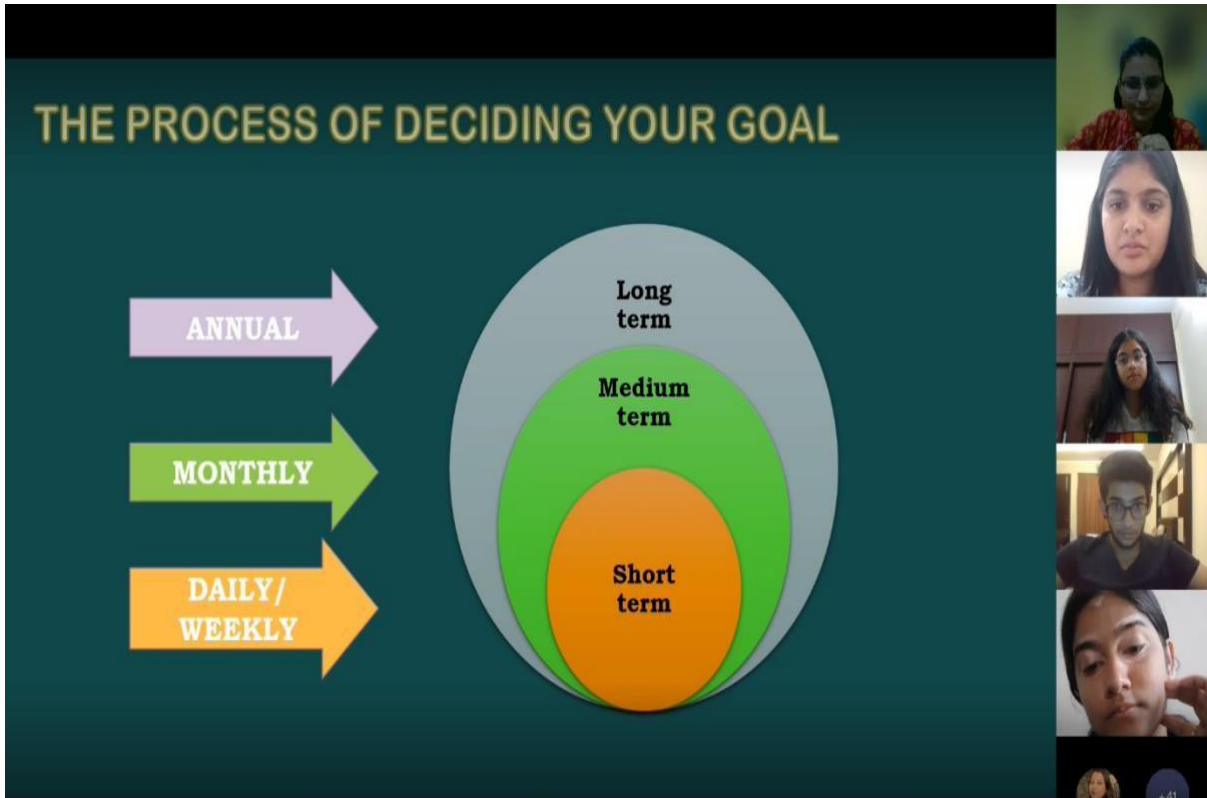
## 5. Photographs



*Introduction of the seminar*



## THE PROCESS OF DECIDING YOUR GOAL



ANNUAL

MONTHLY

DAILY/  
WEEKLY

Long term

Medium term

Short term

*Ongoing seminar*


Press **Esc** to exit full screen

# Thank you!


**STUDENT SUPPORT SYSTEM,  
Directorate of Student Welfare  
Cabin no. 305, 309,314 in faculty block-  
6, 3<sup>rd</sup> Floor, AB 2, University Campus.**

**Email :**  
[students.counsellor@jaipur.manipal.edu](mailto:students.counsellor@jaipur.manipal.edu)


**Call:**  
0141-3999100 Ext.: 812



Ms. VANDNA KABRA



Dr. RIMPY SHARMA



Ms. DEVANSHI PADALIYA

*Question Answer Segment with our Counsellors*

## 6. Brochure or Creative of the Event



**CONVERGENCE**

**psyche MONARCH**

Handling the  
*\*aesthetic-overwhelmed life involvements*  
*\*time management &*  
*\*goal setting*

**MEET THE SPEAKERS**

 **Dr. Vandana Kabra**       **Dr. Rimpay Sharma**       **Dr. Divyanshi Padaliya**

**DATE: 12th AUG '22**  
**DAY: Friday**  
**TIME: 3PM-4PM**  
**VENUE: MS Teams**





— AN ONLINE SEMINAR BY CONVERGENCE —

## 7. Schedule of the event

The event was on the 12<sup>th</sup> August 2022 from 3:00 – 4:00 PM

## 8. Attendance of the event

Total Attendance – 68

Sr. No.	Name of the Student	Registration No.
1.	Sukrit Goel	209403013
2.	Shruti Singh	210903066
3.	Nilanshi Jain	219311131
4.	Esha Jain	201201056
5.	Avisha Pareek	201201068
6.	Diya Mehta	211103070
7.	Nandini Sharma	211006009
8.	Bhoomi Mahipal Lodha	210901140
9.	Saakshi Lakhani	201201058



# MANIPAL UNIVERSITY JAIPUR

10.	Chinmayee Dahake	211007034
11.	Devashish Singh	219303161
12.	Poorvi Nasa	211103060
13.	Ayush Parag Shah	219301533
14.	Chirag Mehta	210901014
15.	Chirag Maheshwari	201201045
16.	Manan Vyas	210901118
17.	Yuvraj Vasydeva	219301453
18.	Sakshi Kulkarni	219311147
19.	Shivam Aggarwal	209305003
20.	Vatsal Chaturvedi	219301228
21.	Manya Gupta	219302375
22.	Kriti Chakravorty	211103049
23.	Khushi	201007039
24.	Bhavna Chetry	211201016
25.	Dhruv Khanna	209309111
26.	Sunidhi Kushawah	201105013
27.	Tarun Agarwal	210901267
28.	Pranav Agarwal	210901317
29.	Anjali Jain	211103087
30.	Saranya Rastogi	209302209
31.	Siddhartha Sarkar	219301752
32.	Ashna Agnani	211103096
33.	Dhruv Bharara	199303208
34.	Jasmine Singh	211103058
35.	Pranit Chopra	219311017
36.	Tarun Pradhan	219302396
37.	Mrunal Sunil Mangaje	211003007
38.	Minakshi Kanwar	211103022
39.	Md Akram Raza	210903071
40.	Sundar Santhanam	201102009
41.	Saiyoni Khandelwal	211103082
42.	Abhisumat Subramanian	209403052
43.	Suhani Pareek	211002062
44.	Labhanshi Sharma	211002058
45.	Nidiguntapalem Nikhil	219310063



46.	Saloni Singh	211002057
47.	Kartik Totla	210606011
48.	Divy Dusad	210901366
49.	Gautami Rathore	210901081
50.	Garima Mahaur	201007034
51.	Harshit Basak	209303092
52.	Ashok Kumar Choudhary	211103089
53.	Siddhi Vijay Gujar	211103002
54.	Honisha	219311065
55.	Aayat Arora	201201078
56.	Saumya Sanjana Biswal	219310317
57.	Ritika Malhotra	219302332
58.	Prerana Singh	210903065
59.	Jai Bhati	219310314
60.	Pavni Sharma	211103047
61.	Sylvia Parveen	211003009
62.	Nandini Tungaria	211003001
63.	Archita Vyas	211003006
64.	Ankita Kumawat	211004003
65.	Sia Kataria	211103056
66.	Parth Sharma	209303071
67.	Vidhanshi Sharma	219301154
68.	Avanya Sagar	219303045

9. Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Avisha Pareek

Signature of the Student Coordinator

Swikrita Dowerah

Signature of the Faculty Coordinator

DIRECTOR STUDENT WELFARE & PROCTOR MANIPAL UNIVERSITY, JAIPUR	 <b>Dr. Arun Kumar Poonia</b> Asst. Director, DSW Clubs
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**DIRECTORATE OF STUDENTS' WELFARE**

**The Fishbowl Experience**

**Cultural Event**

**The Music Club**

**ONLINE EVENT**

**Platform: Instagram (tmc.muji)**

**Date of Event (12<sup>th</sup> August 2022)**

**(7:30pm – 8:00 pm)**



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9.	Link of MUJ website	8

## 1. Introduction of the Event

The Music Club organized an online event known as “Fishbowl”, it is an online only event which is held on our official Instagram page for our followers to enjoy and it also gives us an opportunity to make people aware of the talent in TMC.

## 2. Objectives of the Event

- To make events accessible to everyone including non – TMC members
- To provide a platform for TMC artists to perform and make themselves heard.

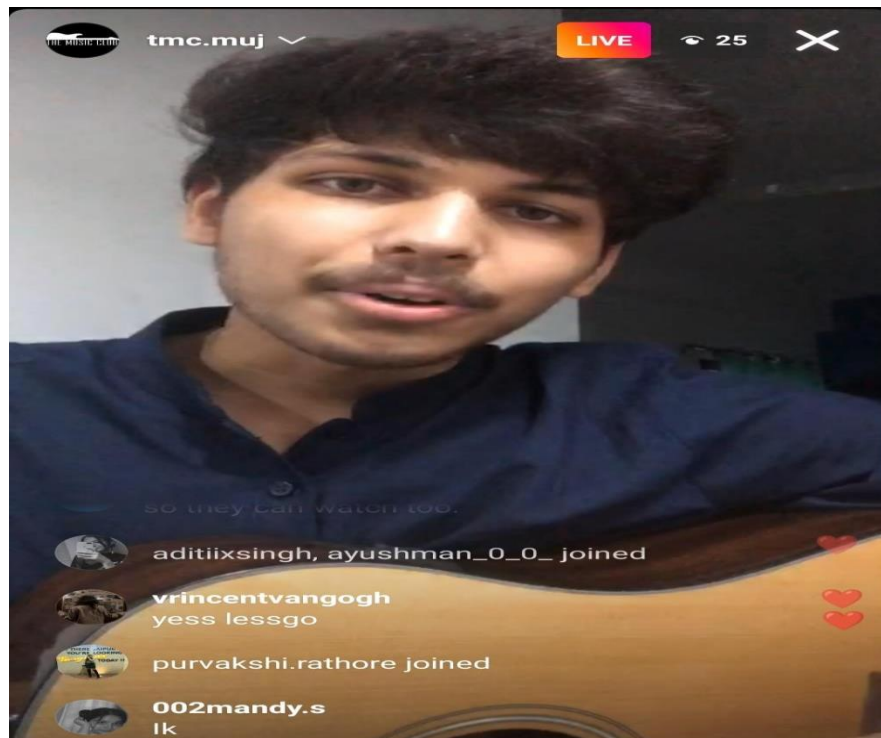
## 3. Beneficiaries of the Event

- MUJ Students

## 4. Brief Description of the event

The Fishbowl experience is an event which was first started in 2021 during lockdown. In every edition we have had a new performer with a prepared set of about 25-30 minutes, going live on our Instagram page(@tmc.muj). We have previously held 8 such performances. The ones who have performed previously are Atharv Sinha, Sanchit Srivastava, Deeptangshu Paul, Nihit Mathur, Anmol Srivastava, Ronit Banerjee, Anish Mohanty, Ayush Malik, and Vasundhara Panwar. This time we have a 4<sup>th</sup> year member of TMC – Sarvagya Mishra. He performed for the Instagram Live with his beautiful set. Below attached is the poster of the event.

## 5. Photographs

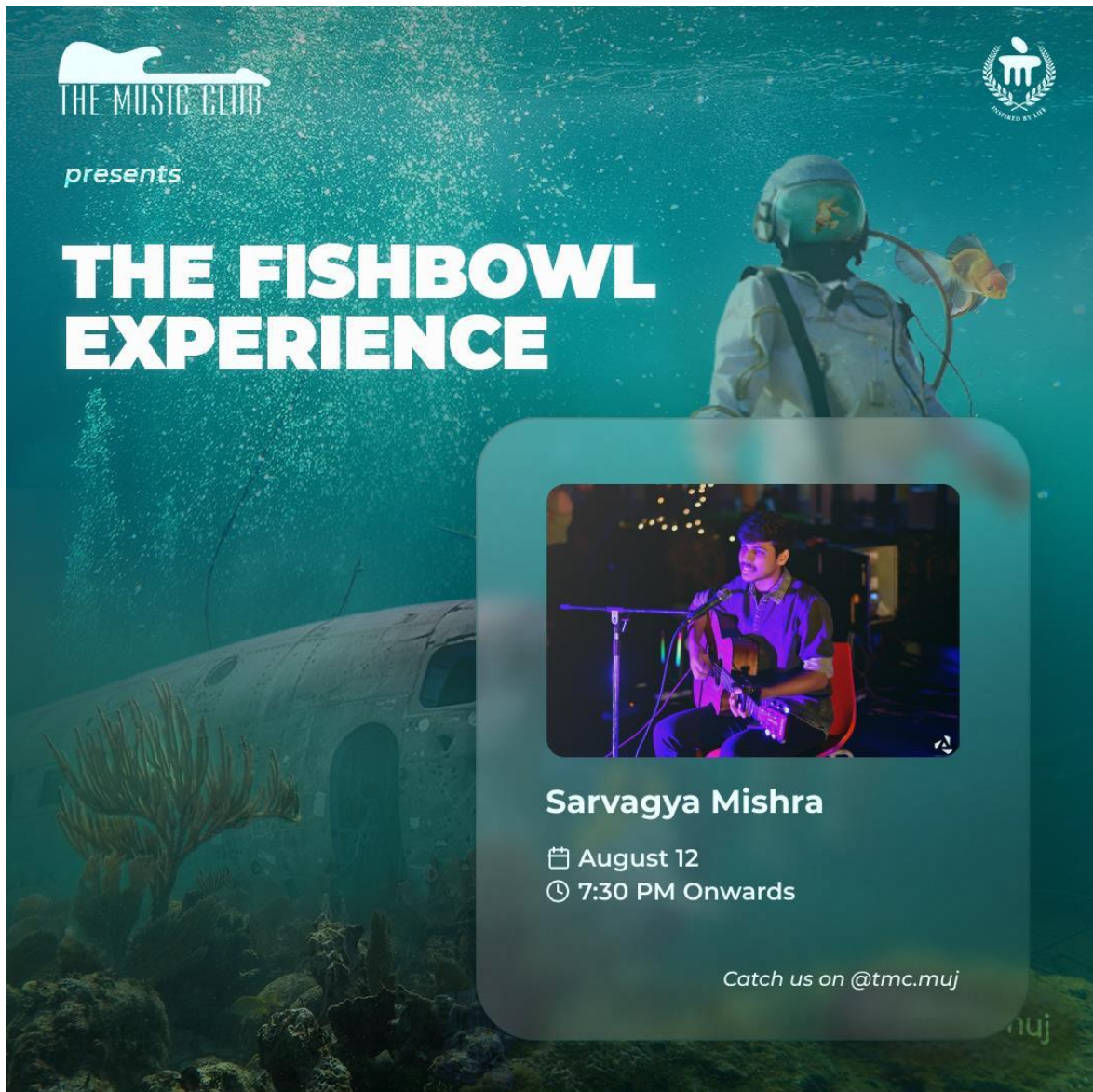


Sarvagya with his breath-taking set



A lot of positive feedback, the event was a success

## 6. Brochure or Creative of the Event



## 7. Schedule of the event

The event was on 12<sup>th</sup> August 2022 from 7:30pm – 8:00pm

## 8. Attendance of the event: Total

attendee: 26

S.No	Name
1.	Manya Sharma
2.	Anish Mohanty
3.	Anmol Srivastava
4.	Anshika Agarwal
5.	Vrinda Kohli

6.	Ishita Sharma
7.	Kshitiz Singh Rathore
8.	Ashvath Jain
9.	Ronit Banerjee
10.	Anannya Chaudhary
11.	Abhudaya Mehrotra
12.	Jerry Sen
13.	Mohammad Daniyaal Mustafa
14.	Devrishi Saha
15.	Siddhant Keshav
16.	Aditya Pramar
17.	Aayush Srivastava
18.	Pratyasha Moharana
19.	Divij Joshi
20.	Mahika Gupta
21.	Krishi Rijwani
22.	Bhumika Keswani
23.	Ishita Julka
24.	Arjun Taneja
25.	Deeptangshu Paul
26.	Dhruv Verma

9. Post Event Link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Mohammad Daniyaal Mustafa

Head of Events and Promotions, TMC, MUJ

**Signature of the Student Coordinator**

Dr. Prashasti Jain

School of Psychology

**Signature of the Faculty Coordinator**

<p>DIRECTOR STUDENT WELFARE &amp; PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p><b>Dr. Arun Kumar Poonia</b> Asst. Director, DSW Clubs</p>
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## **DIRECTORATE OF STUDENTS' WELFARE**

### **Sketch Your Symphony:**

#### **Art Prompt**

**Scribbles- The Art and Crafts Club**

**ONLINE EVENT**

**Platform: Instagram**

**Date of Event (4<sup>th</sup> August'22-11<sup>th</sup> August'22)**

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## 1. Introduction of the Event

Scribbles came back with an online event wherein the participants were asked to illustrate the lyrics of a song of their choice. The art could be of any form the participant wished. The lyrics to choose were completely up-to them. The artwork submissions started from 4<sup>th</sup> August'22 till 11<sup>th</sup> August'22. The artworks submitted were displayed over the club's Instagram page (@scribblesmuj).

## 2. Objectives of the Event

The objective of the event is to explore the participants imagination. To understand the lyrics of the song and express them through their art.

## 3. Beneficiaries of the Event

The Participants

## 4. Brief Description of the event

The event provides an opportunity to all music + art enthusiasts to give a visual representation of their favorite song. It tests the imaginative capabilities of the participants.

## 5. Photographs



Fig 1: A submission

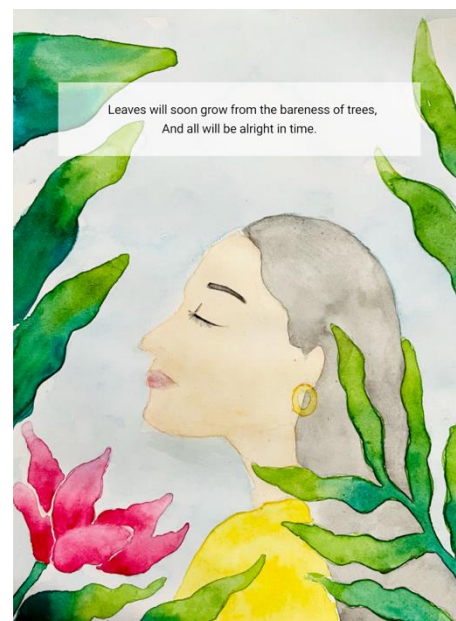
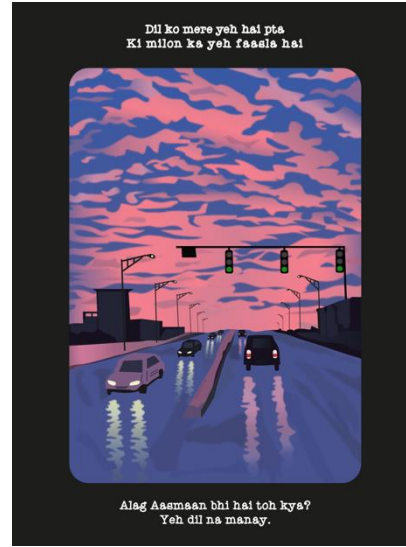


Fig 2: A submission

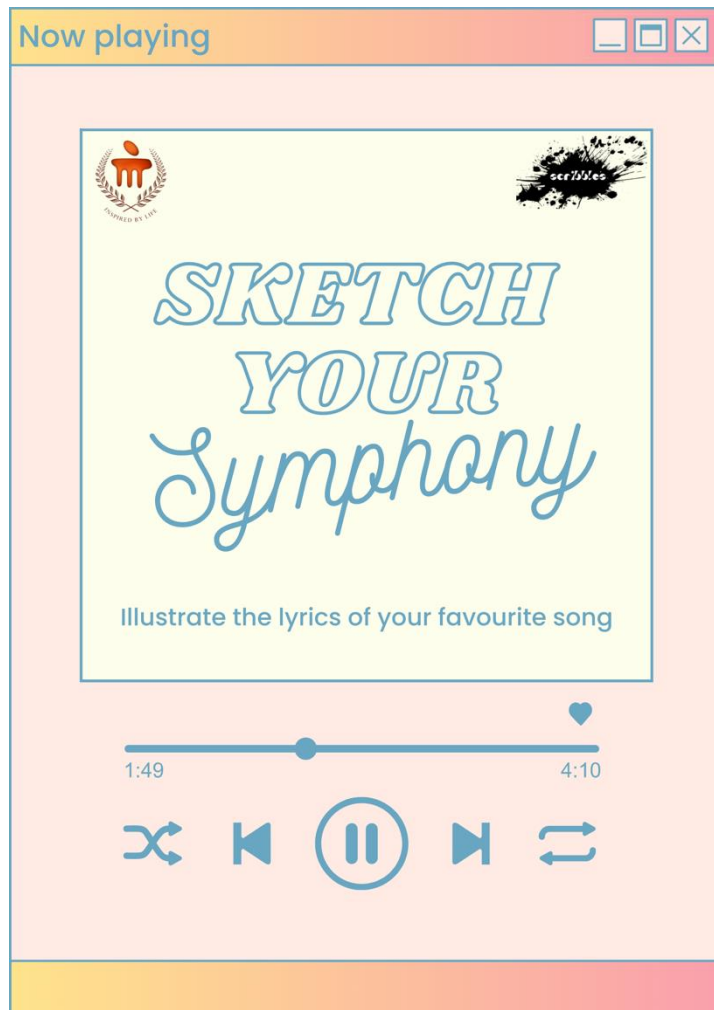


**Fig 3:** A submission



**Fig 4:** A submission

## 6. Brochure or Creative of the Event



## 7. Schedule of the event

The event was held from the 4<sup>th</sup> of August'22 till the 11<sup>th</sup> of August'22.

## 8. Attendance of the event:

Total responses: 16

16 responses



Not accepting responses

Message for respondents

This form is no longer accepting responses

Timestamp	Name	Course	Registration Number
2022/08/04 6:51:39 PM GMT+5:30	Divya	Designing	180604008
2022/08/04 9:40:40 PM GMT+5:30	Maansi Singh	Mechanical Engineering	219402013
2022/08/05 3:47:03 PM GMT+5:30	Aarushi Gandhi	Btech CCE	209303113
2022/08/05 8:52:34 PM GMT+5:30	Aarushi Gandhi	Btech CCE	209303113
2022/08/05 11:17:23 PM GMT+5:30	Shreyansh Sharma	B.tech EEE	209205045
2022/08/06 9:00:28 PM GMT+5:30	ANANYA CHANDRAKER	BTECH-IT	219302487
2022/08/07 5:22:17 PM GMT+5:30	Shlok Mohite	Mechanical	209402057
2022/08/08 6:51:23 PM GMT+5:30	S P Akash	Btech	199402008
2022/08/08 10:04:12 PM GMT+5:30	Manali Mahajan	B.Tech (CCE)	209303224
2022/08/09 9:35:44 PM GMT+5:30	Dhruvi Modi	Applied arts- fine arts	200603002
2022/08/09 9:47:37 PM GMT+5:30	Naveesha Srivastava	B. Tech CSE	209301372
2022/08/09 11:27:15 PM GMT+5:30	Nehal Mehta	Btech - IT	209302329
2022/08/10 3:12:38 PM GMT+5:30	Tanisha Chadha	Bsc hons psychology	211007061
2022/08/10 3:58:12 PM GMT+5:30	Tanisha Chadha	Bsc hons psychology	211007061
2022/08/11 5:37:20 PM GMT+5:30	Karthika K.S	B-tech	219202052
2022/08/11 11:45:31 PM GMT+5:30	Harsh Sharma	B.tech	209303124





9. Post event link: <https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>

Scribbles Instagram Page: <https://www.instagram.com/scribblesmuj/>

Instagram Handle: @scribblesmuj

Harleen Kaur(3<sup>rd</sup> Year,Department of Arts)


President/Scribbles

Signature of the Student Coordinator

Ms. Dechen Angmo(Department of Fine Arts)


Faculty Coordinator

Signature of the Faculty Coordinator

<p>DIRECTOR STUDENT WELFARE &amp; PROCTOR MANIPAL UNIVERSITY, JAIPUR</p>	 <p><b><u>Dr. Arun Kumar Poonia</u></b> Asst. Director, DSW Clubs</p>
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## Report 1

### Community Outreach Programme in collaboration with Community Radio 90.8 FM Manipal University Jaipur on topic titled "Importance of Financial Literacy for Rural Development".

<b>Heading</b>	Importance of Financial Literacy for Rural Development
<b>Author</b>	Department of Economics
<b>Caption</b>	Department of Economics in collaboration with community radio 90.8, MUJ organised a community outreach programme for the Dhemi Kalan Village people on "Importance of Financial Literacy for Rural Development" on 28/07/2023.
<b>Main Body</b>	Dr Naseeb Singh and Dr Namrata, Assistant Professors in department of economics delivered a talk at Dhemi Village to raise the awareness of financial literacy for the rural development.
<b>Images</b>	 <p>Dahmi Kalan, Rajasthan, India RHP7+5JP, Dahmi Kalan, Rajasthan 303007, India Lat 26.835474° Long 75.564207° 28/07/23 11:54 AM GMT +05:30</p>



**Video URL**

NA

**DEPARTMENT OF ECONOMICS  
FACULTY OF ARTS  
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES  
MANIPAL UNIVERSITY JAIPUR**

**Report**

**Title:** Workshop on self-awareness

**Date:** April 09, 2022

**Brochure:**



School of Business & Commerce in collaboration with  
Department of Economics, School of Humanities & Social Sciences  
is

Organizing

Workshop

on

**"Self Awareness"**

Date: April 9, 2022

(time 10:00 am to 12:00 noon.)

*Resource Person*

**Ms. Mridu sharma**

*(Youth coach and Lead Copy writer atWATconsult)*

**Convenor:**

*Dr. Tanushree Sharma  
Associate Professor, Department of  
Commerce*

*Dr. Minali Banerjee  
Assistant Professor, Department of  
Economics*

**About the Event:** Department of Economics, School of Humanities and Social Sciences, Manipal University Jaipur organised a webinar on May 09, 2022, at 10 A.M. for the undergraduate student's training on self-awareness. The invited speaker was Ms. Mridu Sharma, Youth coach and Lead Copy writer at WATconsult. Around 30 students participated. The workshop was on making students understand oneself. This helped them realize their weaknesses and how to overcome them. The speaker also explained that the self-awareness helps in overcoming anxiety and depression that the current generation is facing. The workshop was a great learning for our young minds since it also trained them on controlling their anger. The students participated with enthusiasm and discussed their believes with the speaker.

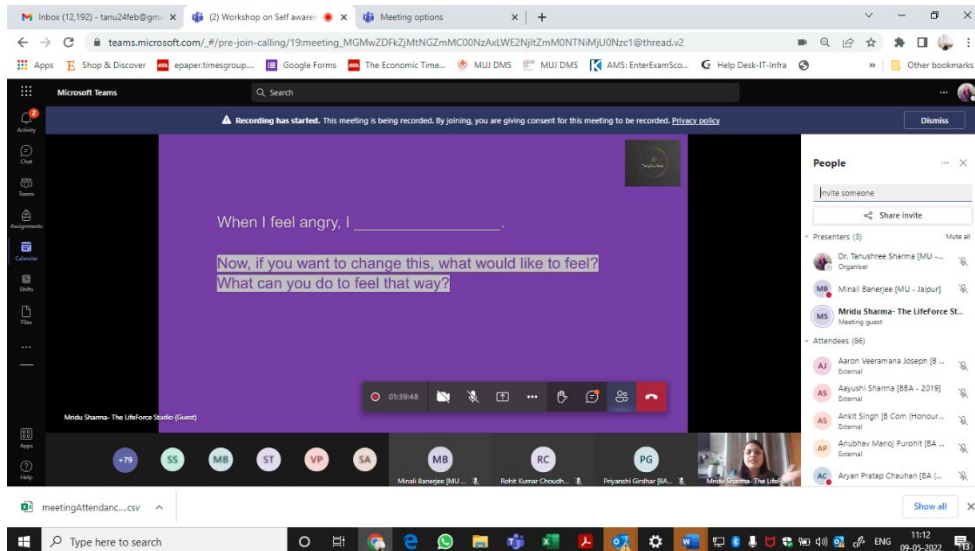
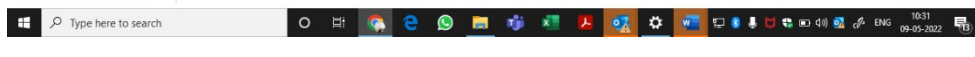
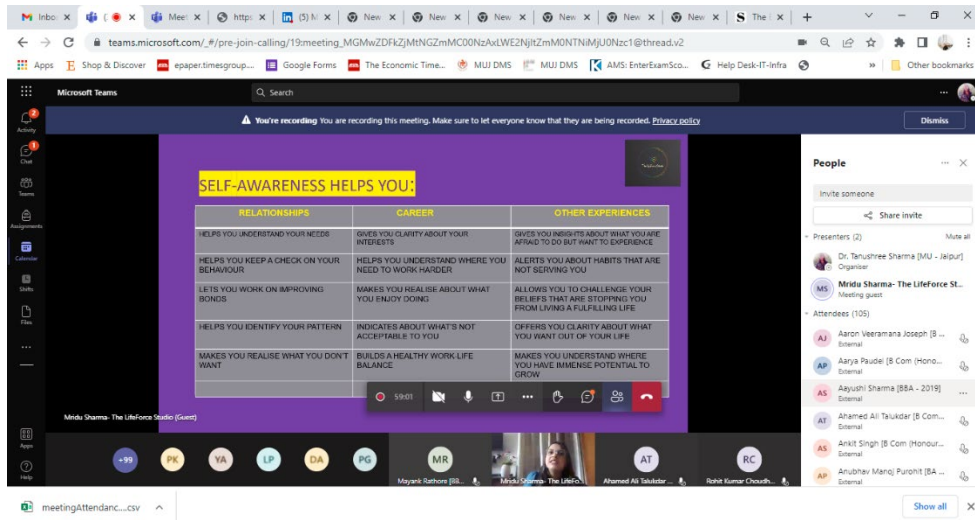
**Attendance Sheet:**

Full Name
-----------

Apoorva Lakhota [Economics(Hons) - 2019]
Mridu Sharma- The LifeForce Studio (Guest)
Aishwarya Seth [BA (HONS-ECONOMICS) - 2020]
Priyanshi Girdhar [BA (Hons - Economics] - 2020] (Guest)
Sakshi Kumawat [BA [Hons - Economics] - 2020] (Guest)
Dakshita Agarwal [BA (Hons-Economics) - 2021]
Gaurav Kumar [BA (Hons-Economics) - 2021]
Mohit Saharan [BA (Hons-Economics) - 2021] (Guest)
Kavya Choudhary [BA (Hons-Economics) - 2021] (Guest)
Lavish Singh Parmar [BA (Hons-Economic) - 2021]
Yashi Agrawal [BA (Hons-Economics) - 2021] (Guest)
Paritosh Bhushan [BA (Hons-Economics) - 2021] (Guest)
Praseeda Kondru [BA (Hons-Economics) - 2021]
Disha Goyal [BA (Hons - Economics] - 2020] (Guest)
Anubhav Manoj Purohit [BA (Hons-Economics) - 2021]
Fez Mastan Khan [BA (Hons-Economics) - 2021]
Rohit Kumar Choudhary [BA (Hons-Economics) - 2021]
Saarthak Tiwari [BA (Hons-Economics) - 2021] (Guest)
Vasundhara Pawar [BA (Hons-Economics) - 2021]
Harsh Meena [BA (Hons-Economics) - 2021]
Harshit Sharma [BA (Hons-Economics) - 2021] (Guest)
Rishita Sandeep Tripathi [BA (Hons-Economics) - 2021] (Guest)
Ankit Bhatnagar [BA (Hons-Economics) - 2021] (Guest)
Atharv Aphale [BA (Hons-Economics) - 2021] (Guest)
Gaurav Baasniwal [BA (Hons-Economics) - 2021]
varuni (Guest)
Minali Banerjee [MU - Jaipur]
Heeral Lamba [BA (Hons - Economics] - 2020] (Guest)
sharatsalil@gmail.com (Guest)
sparshsaxena040803@gmail.com (Guest)
Shivangi Kapoor [BA (Hons-Economics) - 2021] (Guest)
nikhilkumarg02@gmail.com (Guest)
Divya Surana [BA (Hons-Economics) - 2021]
Insha Imran Jafri [BA (Hons-Economics) - 2021]
Aryan Soni [BA (Hons-Economics) - 2021]
Harsh Jain [BA (Hons - Economics] - 2020] (Guest)
Sher Singh Choudhary [Economics(Hons) - 2019]
Aryan Pratap Chauhan [BA (Hons) - Economics - 2020] (Guest)
KAJAL [BA (HONS-ECONOMICS) - 2020]
Sara Sharma [BA (Hons - Economics] - 2020]



# Pictures of the Event:





MANIPAL UNIVERSITY  
JAIPUR

MUJ/DSW/Student Clubs/2022/IRC/Feb. 18



MANIPAL UNIVERSITY  
JAIPUR

## DIRECTORATE OF STUDENTS' WELFARE

Webinar on 'Afghanistan Crisis and India's Outreach To  
Central Asia'

Online event

DATE: 18th February 2022



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## **1.Introduction of the Event**

The webinar on ‘Afghanistan Crisis and India’s Outreach To Central Asia’ was held on 18th February, 2022 on Google Meet from 12.00pm to 1.00pm.

The speaker was Dr. Prashant Chaudhary, author of Retail Marketing In The Modern Age, content reviewer for Wiley and Sage, works with SSPU in Pune.

## **2.Objectives of the Event**

- Having an informative session on an International Relations topic for the club members and others.
- Getting students interested in IR and world affairs.
- Getting students interested in joining IRC and its activities.

## **3.Beneficiaries of the Event**

- Students
- Faculty

## **4.Details of the Guests**

Guest: Dr. Prashant Chaudhary

Dr. Prashant Chaudhary works with Symbiosis Skills and Professional University (SSPU), Pune.

He is the author of ‘Retail Marketing in the Modern Age’ and ‘Selling and Negotiation Skills- A Pragmatic Approach’. He has also worked on multiple research papers. He is associated with Wiley and SAGE publishing as a content reviewer. He is a recipient of the Innovative Educator Award, conferred by Valia Centre of Excellence, Mumbai and The Hindu Business Line. He has also received honorary ‘Rosalind Membership’, awarded by the London Journals Press in the UK, as well as the ‘Performance Excellence Award’ at IARE 2020 which is conferred by the GISR Foundation.

Contact number: +91- 9552524724



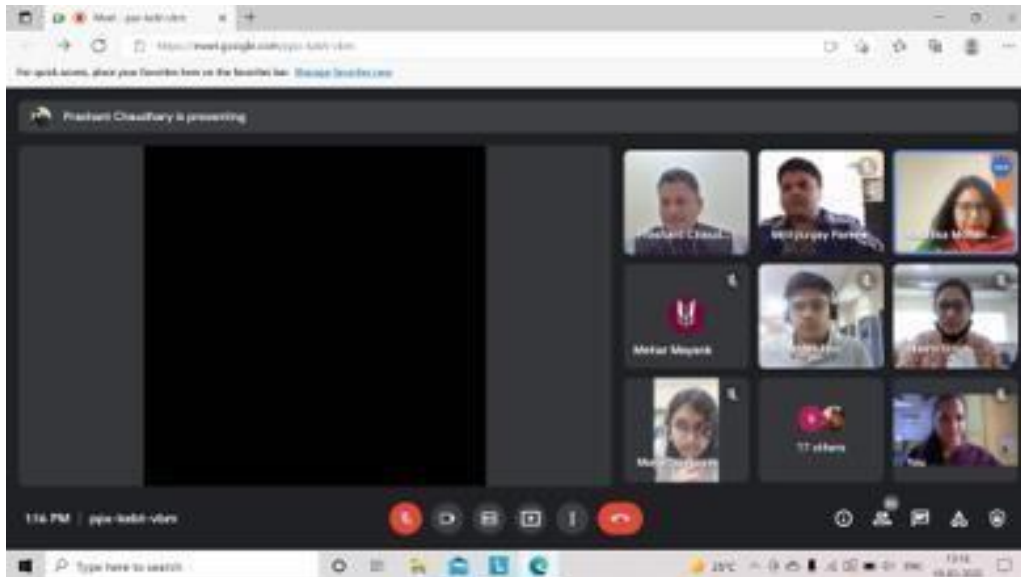
## 5. Brief Description of the event

The session began with an introductory speech by the President of IRC, Kanishka Kansal. The faculty coordinator of IRC, Dr. Radhika Mohan Gupta introduced the speaker, Dr. Prashant Chaudhary. The speaker was also welcomed by Prof. Mani Sachdev, professor of Philosophy from the Department of Arts.

Dr. Prashant Chaudhary then began his lecture on the topic. The session lasted an hour, giving an overview of the Afghanistan crisis and India's relationship with other South Asian countries. He explained the topic using a power point presentation, after which there was a round of questions from the attendees.

The session ended with a note of gratitude.

## 6. Photographs

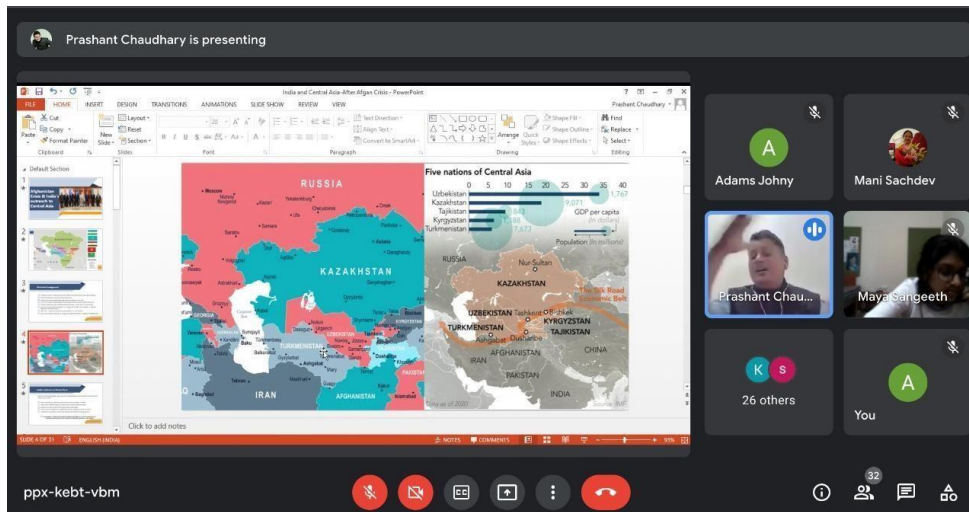


Attendees of the webinar.





MANIPAL UNIVERSITY  
JAIPUR



Dr. Chaudhary giving the lecture.



Dr. Prashant Chaudhary elaborating on the topic, talking about India and its relationship with other South Asian countries.



MANIPAL UNIVERSITY  
JAIPUR

## 7. Brochure or Creative of the Event

MANIPAL UNIVERSITY  
JAIPUR

MUJ

IRC

DEPARTMENT OF ARTS  
INTERNATIONAL RELATIONS COUNCIL  
presents  
**WEBINAR**  
on  
**'Afganistan Crisis & India's Outreach to Central Asia'**

**JOIN WEBINAR**

18 Feb 2022  
12:00-1:00p.m

Google meet  
[meet.google.com/ppx-kebt-vbm](https://meet.google.com/ppx-kebt-vbm)

With- **Dr. Prashant Chaudhary**

- Works with Symbiosis Skills and Professional University(SSPU), Pune
- Author, Retail Marketing in the Modern Age and multiple research papers
- Content reviewer, Wiley, and SAGE
- Recipient of Innovative Educator Award, conferred by Valia Centre of Excellence, Mumbai and The Hindu Business Line

## 8. Schedule of the event

The event was on the 18th of February 2022, from 12.00pm to 1.00pm.

## 9. Attendance of the Event

Total attendees- 30

S. No.	Name of Institution	Place of Institution	Registration no.	Name
1.	Manipal University Jaipur	Jaipur	199301265	Adams Johny
2.	Manipal University Jaipur	Jaipur	190901027	Akshat Chaudhary
3.	Manipal University Jaipur	Jaipur	-	Bharti Arya
4.	Manipal University Jaipur	Jaipur	-	Ganesh Prakash



# MANIPAL UNIVERSITY JAIPUR

5.	Manipal University Jaipur	Jaipur	-	Harshita Choudhary
6.	Manipal University Jaipur	Jaipur	-	Ishan Mishra
7.	Manipal University Jaipur	Jaipur	-	Jaanavi Tiwari
8.	Manipal University Jaipur	Jaipur	-	Jitin singh
9.	Manipal University Jaipur	Jaipur	-	Kushagra Parmar
10.	Manipal University Jaipur	Jaipur	-	Manisha Khan
11.	Manipal University Jaipur	Jaipur	-	Mehar Mayank
12.	Manipal University Jaipur	Jaipur	201301028	Mrityunjay Pareek
13.	Manipal University Jaipur	Jaipur	-	Nandni
14.	Manipal University Jaipur	Jaipur	191301070	Paranjay Sharma
15.	Manipal University Jaipur	Jaipur	-	Sajal Saxena
16.	Manipal University Jaipur	Jaipur	211301061	Sanya Mathur
17.	Manipal University Jaipur	Jaipur	199303054	Shiva Suryan
18.	Manipal University Jaipur	Jaipur	190901029	Trishanjali V
19.	Manipal University Jaipur	Jaipur	-	Tushar Saini
20.	Manipal University Jaipur	Jaipur	199303015	Vikrant Kulkarni
21.	Manipal University Jaipur	Jaipur	-	Sabiha Khan
22.	Manipal University Jaipur	Jaipur	-	Shyam Lal
23.	Manipal University Jaipur	Jaipur	-	Chityanj Sharma
24.	Manipal University Jaipur	Jaipur	-	Srijan Das
25.	Manipal University Jaipur	Jaipur	-	Kalpiti Malik
26.	Manipal University Jaipur	Jaipur	-	Kashish Thakur
27.	Manipal University Jaipur	Jaipur	-	Saket Sahadev



28.	Manipal University Jaipur	Jaipur	-	Tej Bahadur Rawat
29.	Manipal University Jaipur	Jaipur	-	Mohit Kumar
30.	Manipal University Jaipur	Jaipur	-	Rishabh Gupta

### 10. Feedback of the Event

The participants thoroughly enjoyed the event. It was an informative session. Feedback from one of the students who attended- “Prashant sir explained every facet of the topic in so simple words and within a shortspan of time, he made the topic very easy to comprehend even for a person who doesnot know much about the topic.”

### 11. Link of MUJ Website

<https://jaipur.manipal.edu/content/muj/news-events/events-list/courting-the--stans--afghanistan- crisis-and-india-s-outreach-to-.html>

Kanishka Kansal  
President  
International Relations Council  
Student Coordinator

Dr. Radhika Mohan Gupta  
School of Humanities and Social Sciences  
Department of Arts  
Faculty Coordinator



MANIPAL UNIVERSITY  
JAIPUR

DIRECTOR STUDENT WELFARE & PROCTOR  
MANIPAL UNIVERSITY, JAIPUR

**Dr. Arun Kumar Poonia**  
Asst. Director, DSW Clubs



MUJ/DSW/SC/16 Dec 2022



**DIRECTORATE OF STUDENT'S WELFARE**

**(SOCIETY CONNECT)**

**In collaboration with**

**SCHOOL OF BASIC SCIENCES**

**DEPARTMENT OF CHEMISTRY**

**on**

**Awareness Workshop-IV\_Rural Development and Women  
Empowerment Schemes of Govt. of India**

**December 16, 2022**

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### **1. Introduction of the Event: -**

Department of Chemistry, School of Basic Sciences in collaboration with Directorate of Student Welfare (DSW), Manipal University Jaipur has conducted forth awareness workshop on “Women Empowerment schemes” offered by state and central governments for villagers of nearby villages under societal connect activities.

### **2. Objective of the Event: -**

- To make the villagers acknowledged and make them understand the women empowerment scheme.
- Providing villagers an exposure about society schemes around them through the workshop.

### **3. Beneficiaries of the Event: -**

The workshop was conducted for villagers of Dehmi Kalan at Gram Panchayat Office.

### **4. Details of the Guests**

#### **Women Empowerment Directorate**

Dr Murari Gupta, Assistant Director, Women Empowerment Directorate, Women and Child Development department, Govt. of Rajasthan, Jaipur introduced several schemes for providing financial assistance for women empowerment and to set up new enterprises. He also familiarized to participants about the nature of financial assistance, levels of funding, eligibility condition of beneficiaries, how to apply and whom to contact.

### **5. Brief Description of the event: -**

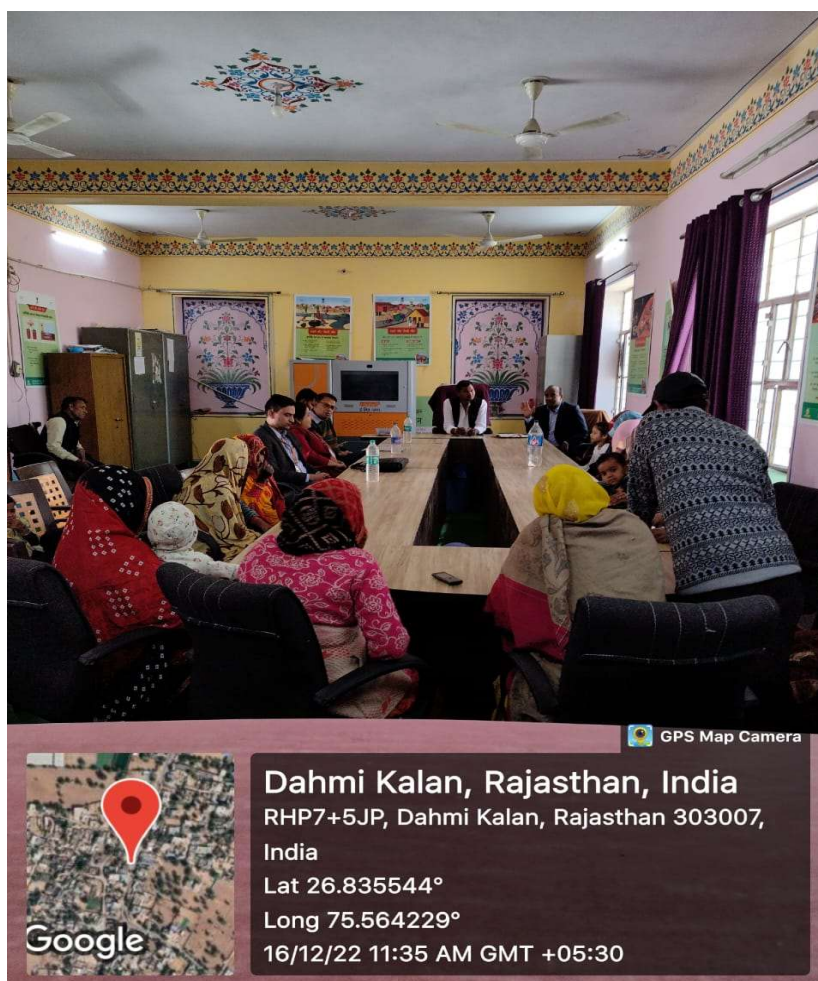
This workshop was held on 16<sup>th</sup> December 2022 in Gram-panchayat Dehmi Kalan during 11:00 am – 01:00 pm. More than 30 participants from different villages were participated in this workshop. The main objective of this event was to spread awareness among the villagers about the various type of schemes for Women Empowerment run by Govt. of India.

This event was started with the welcome address by Head of the department, Prof. Rahul Shrivastava, Department of Chemistry, Manipal University Jaipur. The chief-guest of the event, Dr. Murari Gupta, Assistant Manager, Women Empowerment Directorate, Women and Child Development department, Govt. of Rajasthan, Jaipur introduced several schemes

for providing financial assistance for women empowerment and to set up new enterprises. He also familiarized to participants about the nature of financial assistance, levels of funding, eligibility condition of beneficiaries, how to apply and whom to contact. Dr. Murari Gupta's address was followed by address of Surpanch, Dehmi kalan, Shri Ganesh Kumawat. On behalf of villagers, he thanked Manipal University Jaipur and Dr. Gupta for conducting such an useful event for villagers.

The workshop was concluded by Dr. Praveen K. Surolia, Associate Professor, Dept. of Chemistry. As a token of appreciation, mementoes were given to Resource person, Dr. Murari Gupta. Prof. Babita Malik, Dept of Chem was also present in the workshop.

#### 6. Photographs of the event with captions: -





MANIPAL UNIVERSITY  
JAIPUR

Image Dr. Murari taking workshop at Gram Panchayat Office Dehmi Kalan



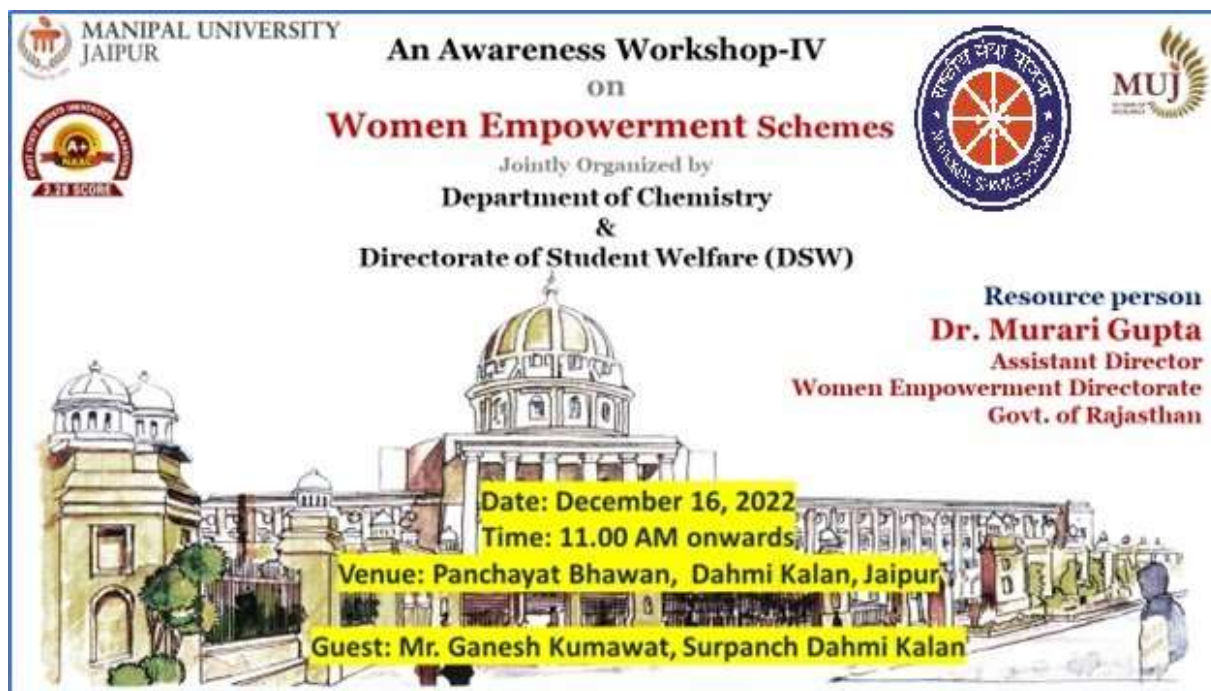
Image Felicitation of Dr Murari Gupta By Sarpanch Mr Ganesh Kumawat



Image Dr Murari Speaking about the various women empowerment schemes



## 7. Brochure of the Event:



## 8. Schedule of the event: -

Venue: Gram-Panchayat Dehmi Kalan

Date: 16<sup>th</sup> December 2022

Time: 11:00 am – 1:00 pm

## 9. Attendance of the Event

Total 09 Students and 4 Faculty

S.No	Reg. No	Name	Course	Semester
1	221013001	Vaibhav	M.Sc (chemistry)	I
2	221013002	Dipesh	M.Sc (chemistry)	I
3	221013003	Suman	M.Sc (chemistry)	I
4	221013004	Aashish	M.Sc (chemistry)	I
5	221013005	Aditya	M.Sc (chemistry)	I



6	221004003	Kishika Arora	B.Sc.(Hons)	I
7	221004004	Avni Kothari	B.Sc.(Hons)	I
8	221004002	Pranjalee Ghosh	B.Sc.(Hons)	I
9	221004005	Vibhanshu Porwal	B.Sc.(Hons)	I

## 10. News Paper cutting

### दैनिक नवज्योति

Anchal - 18 Dec 2022 - Page 8

#### महिला सशक्तीकरण कार्यक्रम का आयोजन

न्यूज सर्विस/नवज्योति, बगरू। मनिपाल विश्वविद्यालय व ग्राम पंचायत दहमी कला के संयुक्त तत्वावधान में पंचायत मुख्यालय पर महिला सशक्तीकरण कार्यक्रम का आयोजन किया गया। जिसमें महिला बाल विकास विभाग एडिशनल डायरेक्टर मुरारी गुप्ता द्वारा विभाग की महिला उत्थान की योजनाओं की जानकारी दी गई। इस अवसर पर सरपंच गणेश कुमावत, उपसरपंच सीताराम शर्मा, वार्डपंच रामकंवर देवी, मनिपाल विश्वविद्यालय से बबिता मलिक, डॉ. राहल श्रीवास्तव, डॉ. प्रवीण सुरीलिया व हेमंत मौजूद थे।



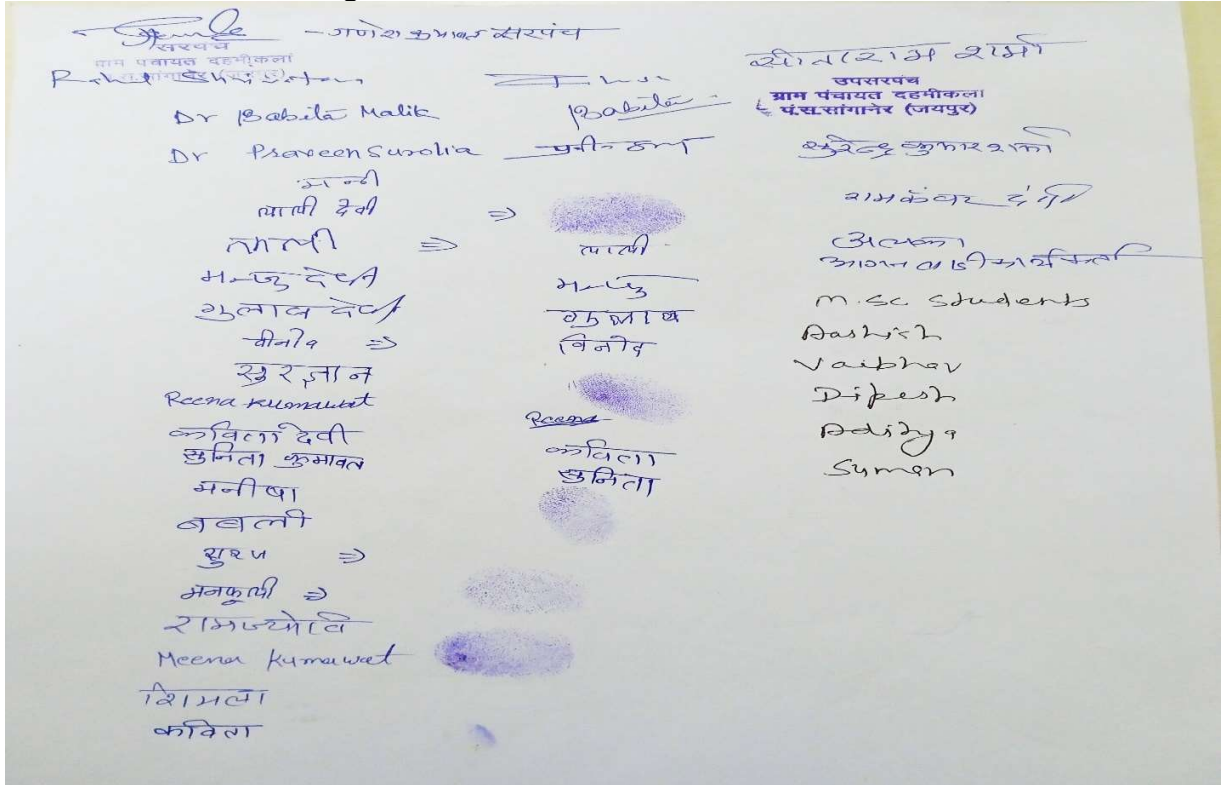
### महिला सशक्तीकरण कार्यक्रम का आयोजन

भास्कर न्यूज। बगरू ग्रामीण

मनिपाल विश्वविद्यालय ग्राम पंचायत दहमीकला के संयुक्त तत्वावधान में पंचायत मुख्यालय पर महिला सशक्तीकरण कार्यक्रम का आयोजन किया गया। जिसमें एडिशनल डायरेक्टर महिला बाल विकास विभाग के मुरारी गुप्ता द्वारा विभाग की महिला उत्थान की

योजनाओं की जानकारी दी गई। इस अवसर पर सरपंच गणेश कुमावत, उपसरपंच सीताराम शर्मा, वार्डपंच रामकंवर देवी, सीएचओ गिरिजा मीणा, मनिपाल विश्वविद्यालय से बबिता मलिक, डॉक्टर राहुल श्रीवास्तव, प्रवीण सुरीलिया व हेमंत कुमार व स्थानीय महिलाएँ भी मौजूद रही।

## Attendance Sheet of Villagers





MANIPAL UNIVERSITY  
JAIPUR

Dr. Veena Dhayal  
Faculty coordinator, societal connect activities  
Department of Chemistry

**(Hemant Kumar)**  
**Assistant Director, Society Connect**  
**Directorate of Student's Welfare**

**(Prof. AD Vyas)**  
**Director, Directorate of Student's Welfare**

DIRECTOR STUDENT WELFARE & PROCTOR  
MANIPAL UNIVERSITY, JAIPUR



**MANIPAL UNIVERSITY  
JAIPUR**

**DIRECTORATE OF STUDENTS' WELFARE**  
**SOICETY CONNECT**

**Donation Drive at Old Age Home, Mansarovar**

**In collaboration with**

**Department of Physics and COSMOS: The Science Club**

**Date of Event: 3<sup>rd</sup> October 2022**

## Index

<b>S.No.</b>	<b>Activity Heads</b>	<b>Page no.</b>
1.	Introduction of the Event	3
2.	Objective of the Event	3
3.	Beneficiaries of the Event	3
4.	Brief Description of the event	3
5.	Photographs	3-5
6.	Brochure or creative of the event	6
7.	Schedule of the Event	6
8.	Attendance of the Event	7-10
9.	Link of MUJ website	10



## 1. Introduction of the Event

On the 3rd October, 2022, Department of Physics in collaboration with COSMOS - The Science Club and Directorate of Student Welfare organized a Societal Connect Event at Aatm Nirbhar Vriddhashram for Donation Drive. This event was conducted under the supervision of faculty coordinators, headed by Dr. Rashi Nathawat and Dr. Manoj Kumar Saini.

## 2. Objectives of the Event

- Donation Drive
- Engagement of Elderlies in various activities.

## 3. Beneficiaries of the Event

Members of Aatm Nirbhar Vriddhashram.

## 4. Brief Description of the event

On 3/10/2022 we the COSMOS club of MUJ gave a visit to an old age home “Atmanirbhar vridhashram” as the name suggest the ashram is truly Atmanirbhar or what we might say independent... they may be dependent based on financial help but management and organization is absolutely wonderfully arranged by them independently. When we reached the ashram, they were overwhelmed and we could see the happiness in their eyes. They looked happy but still we could feel their pain of not being able to live with their dear ones. But still, it looked like a big joint family living together under a roof. All these people were so joyful and jolly as if they are in their second childhood. Also, it’s totally mesmerizing that they had their characters like the naughty one in the group, the learned one, the one who teaches everyone, the one who is the leader and so on and that was really adorable.

Our experience involved cheerful memories like playing Housie with them, making some beautiful thumb impressions and hence creating the Cosmos letter by letter, serving them food and in fact having lunch with them all these moments were just mesmerizing. While playing the games we saw and amazing winning spirit and sportsmanship in these people, being in this age and still having that in yourself

was quite appreciable. All of them were so excited about the gifts which were given to the winners. Also, we donated some food items and essentials to the ashram. Another thing worth mentioning was going there and eating the food which they eat daily... it just gave them a personal touch and they were extremely happy about it.

But at the same time there were some emotional moments when they talked about their past and all the dark experiences which eventually brought them in the old age home and that made us shed tears for them.

Even after going through so much in life these people are so joyful and thankful for life and have no complains about it. They definitely taught us that “We must cherish all our happy moments, as they definitely make a fine cushion for old age.” Also, they made us realize the true value of our elders, our parents and grandparents and definitely implanted a seed of respect and love towards them.

## 5. Photographs



Image 1: Group Photo before leaving for the Aashram.



Image 2: Manager of the Ashram addressing the volunteers and about the Ashram.



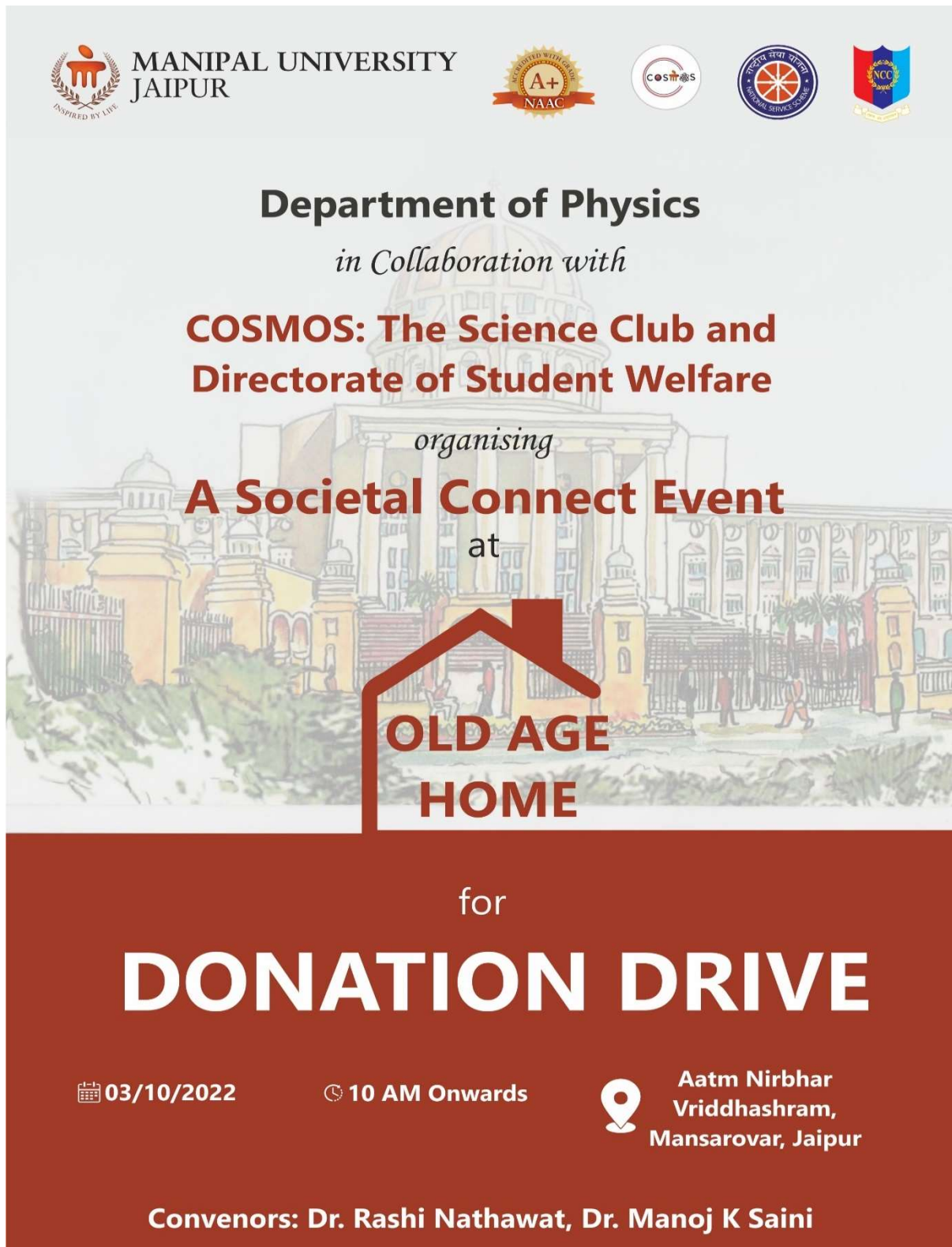
Image 3: Volunteers engaging the citizens in games and activity.








Image 4: Group Photograph


6. Brochure or Creative of the Event



 MANIPAL UNIVERSITY  
JAIPUR


 ACCREDITED WITH GRADE  
**A+**  
NAAC


 COSMOS


 नवोदय सेवा संघ  
NCC  
MANIPAL UNIVERSITY

**Department of Physics**  
*in Collaboration with*  
**COSMOS: The Science Club and  
Directorate of Student Welfare**  
*organising*  
**A Societal Connect Event**  
at  
**OLD AGE  
HOME**

for  
**DONATION DRIVE**

 03/10/2022

 10 AM Onwards

 Aatm Nirbhar  
Vridhashram,  
Mansarovar, Jaipur

**Convenors: Dr. Rashi Nathawat, Dr. Manoj K Saini**



## 7. Schedule of the event

The event was on the 3<sup>rd</sup> October, 2022 from 02:30 PM- 06:00 PM

## 8. Attendance of the event: total 66 students

Sl. No.	Name	Registration No	Year
1	Abhijaat Pandey	219301211	II
2	Abhisumat	209403052	III
3	Adyasa Patnaik	219301166	II
4	Aman Gupta	219303206	II
5	Anand Raghav Choudhary	219301396	II
6	Anikeit Bagaria	219301055	II
7	Ankit kumar	211006014	II
8	Apoorv Raj Dubey	219310104	II
9	Armaan Verma	219102010	II
10	Ashin	209301391	III
11	Ashwin Bhartia	201006001	III
12	Austin Mathew	201002015	III
13	Bhakti Tripathi	211006016	II
14	Bharat Sonkiya	201006007	III
15	Chhavi Mathur	219309976	II
16	Garbhit Sharma	211006007	II
17	Honey Padiyar	200901155	III
18	Hriman Savla	209202045	III
19	Ishita Agarwal	209202106	III
20	Jeet jawale	219202032	II
21	Kairav Mehta	219303143	II
22	Kashish Chadha	211007040	II
23	Kashish zalani	211007026	II
24	Khemendra Singh Khangarot	211015038	II
25	Kriti Kumari	211006001	II
26	Lavanya Aggarwal	210603010	II
27	Madhav Garg	209301551	III
28	Mohd kaif	219107001	II
29	Mohit Yadav	219301001	II
30	Nandini Sharma	211006009	II
31	Nikita Sharma	201002012	III
32	Nivesh Kumar Agarwal	209403066	III
33	Nupur Saboo	209301658	III
34	Om Tiwari	211007031	II
35	P.S.Shiva Narayan	209303186	III
36	Parikrama Jain	209301127	III
37	Prakhar Chandrakar	209303128	III

38	Pratyush Ranjan	211015026	II
39	Preet Kalani	219311291	II
40	Priyanka Agrahari	211007046	II
41	Raunish Dev	211007056	II
42	Ria Kotwal	210501028	II
43	Rimjhim Sharma	219303006	II
44	Rishabh Mathur	209301219	III
45	Rohit Varshney	219402015	II
46	Royal Rajpurohit	211301029	II
47	Sheen	219301450	II
48	Shoham Lal	219303175	II
49	Shriyanshi Srivastava	219301058	II
50	Sneha Khemka	219303012	II
51	Soham Nath	211006004	II
52	Sonaxi Tak	211007018	II
53	Sourabh kumar	219301344	II
54	Swastik Vaish	219303134	II
55	Tanya Singh Thakur	219102011	II
56	Tushar bansal	211007026	II
57	Tushar Matta	209303063	III
58	Ujjwal Singh	211006008	II
59	utkarsh patel	211101007	II
60	Varada Mantrawadi	219302252	II
61	Varun Raskar	209302202	III
62	Vasu avasthi	219301368	II
63	Vedant Nemade	209402022	III
64	Vedant Nemade	219402022	II
65	Vishrut raj	219310074	II
66	Yash Tomar	209302392	III

**9. Post event link:**

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS.html>



*Yash Tomar*  
Yash Tomar  
(3<sup>rd</sup> year, 209302393, B.Tech IT)  
Student Coordinator

*[Signature]*  
Dr. Kashi Nathawat  
(Department of Physics)  
Faculty Coordinator

*[Signature]*  
(Dr. Ashima Bagaria)  
HOD,  
Department of Physics

*[Signature]*  
Mr. Hemant Kumar  
Assistant Director, DSW

*[Signature]*  
(Prof. AD Vyas)  
Director, Directorate of Student's Welfare

DIRECTOR STUDENT WELFARE & PROCTOR  
MANIPAL UNIVERSITY, JAIPUR



# आशादीप संस्थान

## Asha deep Sansthan

- 20/202, Kaveri Path, Mansarovar, Jaipur-302020 Raj. (India)
- 91 - 9887695733, 9982903860
- ashadeepjpr2003@gmail.com  
aatamnirbharoldagehome@gmail.com
- www.ashadeepsansthan.org

Date:03/10/2022

To Whom it may concern

Department of physics in association with society Connect, directorate of student welfair ;NSS and COSMOS- The Science club of Manipal University Jaipur, has organized a social Connect Event " Donation

We appreciated Manipal University Jaipur for the efforts and express our gratitude toward them.

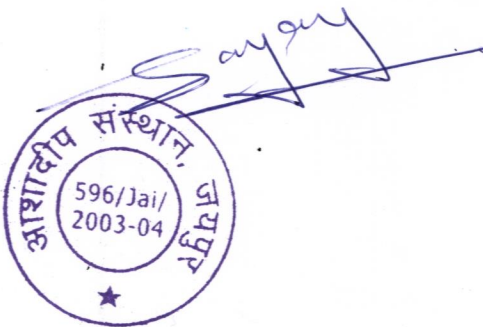
The Event was well Coordinated by student of Cosmos – The Science Club of MUJ. It Was a societal-connect activity where student of Manipal university Jaipur interacted with elders of Atamnirbhar Vraddhashram and donate groceries/ ration to the Asharm.

Dr.Ashima Bagaria, Dr. Rashi Nathawat, Dr. Manoj Kumar sainsi Dr. Uvais VN and Mr. Hemant Kumar

Played an important role in the success of the event.

Drive at Atamanirbhar Vaidhashram on 03 october 2022.

(Every Wrinkle has a Story to Tell....)



**Old Age Home, Community that really need your help**



MANIPAL UNIVERSITY  
JAIPUR

MUJ/Q&C/021/F/1.01

Event Report



MANIPAL UNIVERSITY  
JAIPUR

FACULTY OF ARTS AND LAW

SCHOOL OF LAW

DEPARTMENT OF ARTS AND LAW

THE WEBINAR (HUMAN RIGHTS DAY)

ONLINE EVENT

Date of Event: 10.12.2021

HUMAN RIGHTS CELL



## INDEX

1. Introduction of the Event
2. Objective of the Event
3. Beneficiaries of the Event
4. Details of the Guests
5. Brief Description of the event
6. Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event
10. News Publication
11. Feedback of the Event
12. Link of MUJ website





## 1. Introduction of the Event

The Human Rights Cell, School of Law, Manipal University Jaipur organized a group Discussion competition titled "A Welcome Probe: PM Modi's Security Breach" on 26th January 2022 at 12:00 pm. It was an online event conducted through Zooms.

## 2. Objective of the Event

The aim of the event is to make students consider public issues and form their opinion on them. It pushes the students to use their problem-solving skills to come up with a solution to the problem.

## 3. Beneficiaries of the Event

This event was open for all the students of Manipal University Jaipur.

## 4. Details of the Guests

NIL

## 5. Brief Description of the event

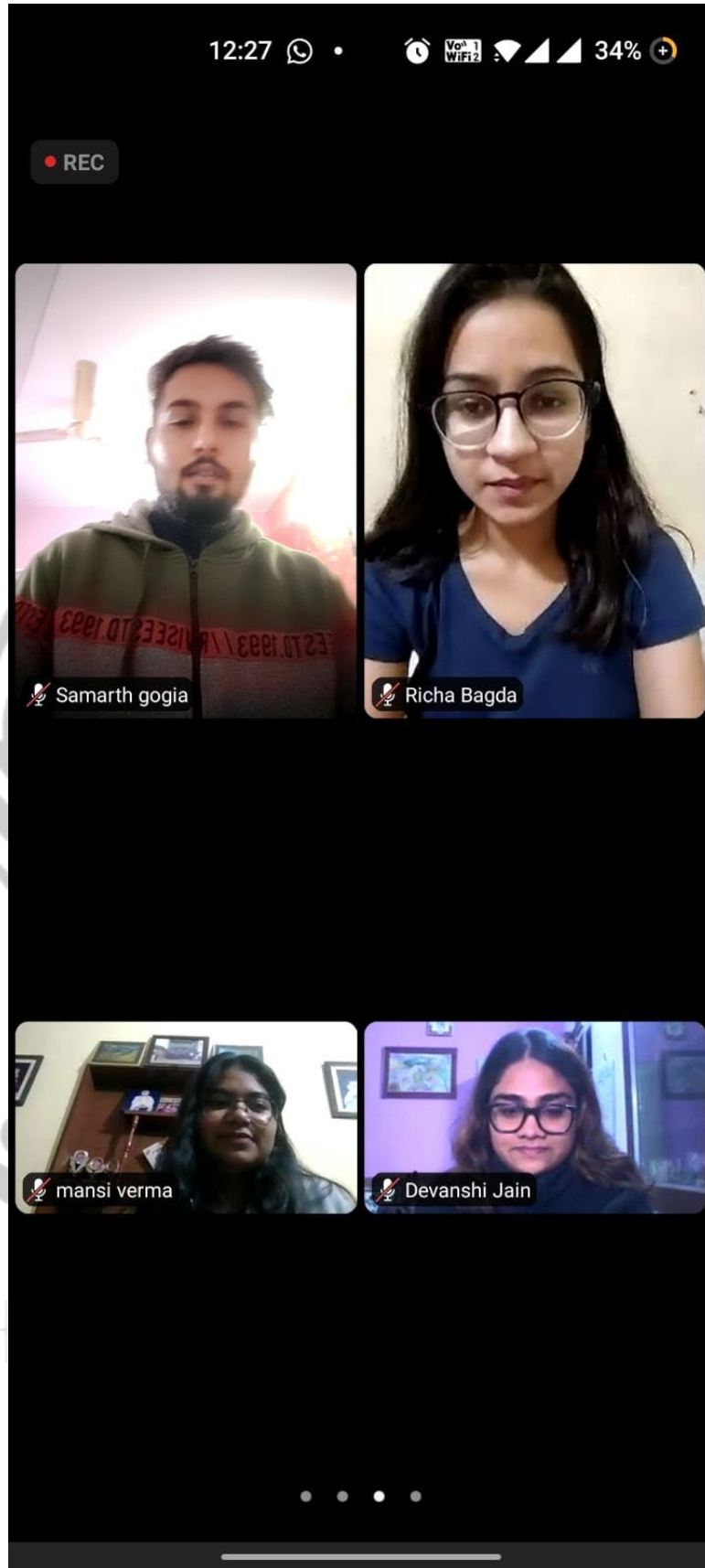
The Human Rights Cell, School of Law, Manipal University Jaipur organized a group Discussion competition titled "A Welcome Probe: PM Modi's Security Breach" on 26th January 2022 at 12:00 pm. It was an online event conducted through Zooms. The aim of the event is to make students consider public issues and form their opinion on them. It pushes the students to use their problem-solving skills to come up with a solution to the problem. The moderator for the event were Ms. Mansi Verma and Ms. Devanshi Jain, School of Law, Manipal University Jaipur. A discussion was done on the following points:

1. Need for introspection at the professional level
2. A tactic to secure votes
3. Life Threat to the supreme constitutional leader of the country
4. Who is liable for the breach?
5. Measures that can be taken in future
6. Is it right to put a government servants security on stake because of the kind of relation the State and union government share?
7. A take on the leak of information of the route taken by the pm
8. Is it a case of' potential international embarrassment'?

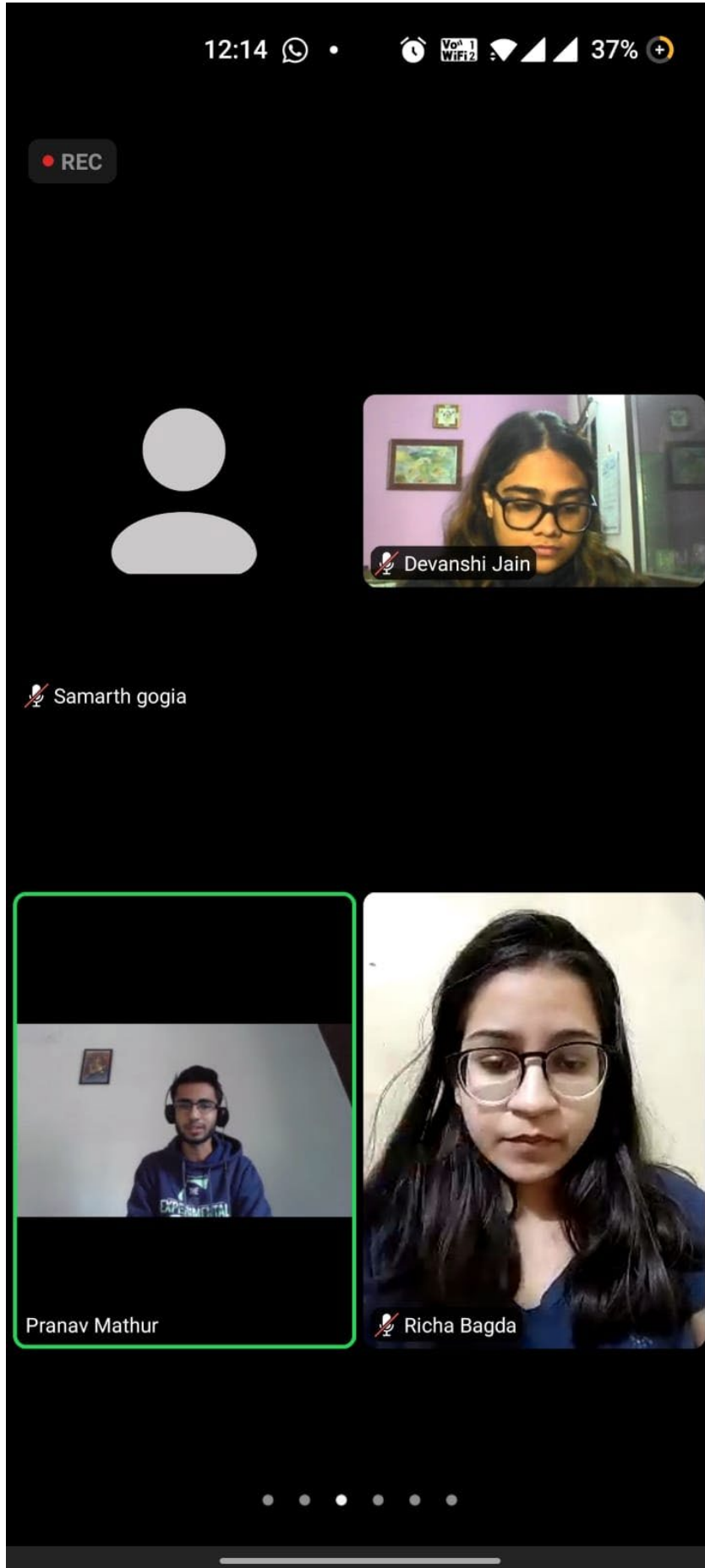


6. 3 to 5 photographs of the event or screenshots of the event.











(Picture of the group discussion)

7. Brochure or creative of the event (insert in the document only)

MANIPAL UNIVERSITY  
JAIPUR

NAAC MUJ

**Group Discussion**

**“ A WELCOME PROBE : PM  
MODI'S SECURITY BREACH ”**

**26th January 2022  
12P.M.**

**Contact  
Devanshi Jain - 7073817509  
Mansi Verma - 9810194564**

8. **Schedule of the event:** The event was held at 12:00 PM on  
26<sup>th</sup> January 2022.

## 9. Attendance of the Event (insert in the document

NAME	REGISTRATION NO.	GENDER	WHATSAPP CONTACT NO.	DEPARTMENT	SEMESTER	OUTLOOK ID
Anikeit Bagaria	219301055	MALE	8178740456	B Tech CSE	First	<a href="mailto:anikeit.219301055@muj.manipal.edu">anikeit.219301055@muj.manipal.edu</a>
Nandini pareek	191301093	FEMALE	9460594197	Law	6th	<a href="mailto:nandini.191301093@muj.manipal.edu">nandini.191301093@muj.manipal.edu</a>
Madhur Shrivastava	191305024	MALE	8619230700	BBA LLB	VI	<a href="mailto:madhur.191305024@muj.manipal.edu">madhur.191305024@muj.manipal.edu</a>
GAURAV PIPARA	201301069	MALE	9521603276	BA LLB	4	<a href="mailto:gaurav.201301069@muj.manipal.edu">gaurav.201301069@muj.manipal.edu</a>
Ashima Bhargava	201305027	FEMALE	9649033023	Law	4	<a href="mailto:ashima.201305027@muj.manipal.edu">ashima.201305027@muj.manipal.edu</a>
Soumya Tripathi	199202080	FEMALE	8355054133	Btech6	6	<a href="mailto:Soumya.199202080@muj.manipal.edu">Soumya.199202080@muj.manipal.edu</a>
Kashish zalani	211007026	FEMALE	7067391595	Bsc psychology	1	<a href="mailto:Kashish.211007026@muj.manipal.edu">Kashish.211007026@muj.manipal.edu</a>
Prayansh Garhwal	211301024	MALE	7340213397	BA LLB sec A	1	<a href="mailto:prayansh.211301024@muj.manipal.edu">prayansh.211301024@muj.manipal.edu</a>
Pranav Mathur	211301104	MALE	9650852327	B.A. LLB (Hons)	1	<a href="mailto:pranav.211301104@muj.manipal.edu">pranav.211301104@muj.manipal.edu</a>
Pranav Vyas	191305016	MALE	8233217822	Law	VI	<a href="mailto:Pranav.191305016@muj.manipal.edu">Pranav.191305016@muj.manipal.edu</a>
Kushal sharma	211301021	MALE	6375347904	BA -LLB	1	<a href="mailto:kushal.211301021@muj.manipal.edu">kushal.211301021@muj.manipal.edu</a>
Raunak Maheshwari	211302010	MALE	7887987329	LLB	1	<a href="mailto:Raunak.211302010@muj.manipal.edu">Raunak.211302010@muj.manipal.edu</a>
Himanshee	210901187	FEMALE		Business administration	1	<a href="mailto:Himanshee.210901187@muj.manipal.edu">Himanshee.210901187@muj.manipal.edu</a>
Himanshi Sharma	211301030	FEMALE	8003772767	BA LLB	1st semester	<a href="mailto:Himanshi.211301030@muj.manipal.edu">Himanshi.211301030@muj.manipal.edu</a>
Shubhangi Sharma	211103015	FEMALE	8822026562	BA Psychology	1st	<a href="mailto:shubhangi.211103015@muj.manipal.edu">shubhangi.211103015@muj.manipal.edu</a>
Sanskar sharma	1909002004	MALE	8381838067	B-com	VI	<a href="mailto:sanskar.190902004@muj.manipal.edu">sanskar.190902004@muj.manipal.edu</a>
Shirisha Bansal	199301239	FEMALE	9672312763	CSE	6th	<a href="mailto:shirisha.199301239@muj.manipal.edu">shirisha.199301239@muj.manipal.edu</a>
Deepak	211301119	MALE	9079137210	Law	1st	<a href="mailto:deepak.211301119@muj.manipal.edu">deepak.211301119@muj.manipal.edu</a>
Deepankar Singh	211301107	MALE	7339766579	Law	first sem.	<a href="mailto:deepankar.211301107@muj.manipal.edu">deepankar.211301107@muj.manipal.edu</a>
Ashutosh	211301120	MALE	8077571917	BA-LLB	1st	<a href="mailto:ashutosh.211301120@muj.manipal.edu">ashutosh.211301120@muj.manipal.edu</a>



# MANIPAL UNIVERSITY JAIPUR

GAURAV PIPARA	201301069	MALE	9521603276	BA LLB	4	<a href="mailto:Gaurav.201301069@mun.manipal.edu">Gaurav.201301069@mun.manipal.edu</a>
Prayani Saha	Dont know	FEMALE	8145384822	Department of Law, NLU	IX	<a href="mailto:prayanisaha@gmail.com">prayanisaha@gmail.com</a>
Anikeit Bagaria	219301055	MALE	8178740456	CSE	First	<a href="mailto:anikeit.219301055@mun.manipal.edu">anikeit.219301055@mun.manipal.edu</a>
Ishan Bhargava	190801015	MALE	9166270477	Bachelor of hotel management	VI	<a href="mailto:ishan.190801015@mun.manipal.edu">ishan.190801015@mun.manipal.edu</a>
Nandini pareek	191301093	FEMALE	9460594197	Law	6th	<a href="mailto:Nandini.191301093@mun.manipal.edu">Nandini.191301093@mun.manipal.edu</a>
Himanshi Sharma	211301030	FEMALE	8003772767	BA LLB	1st year	<a href="mailto:Himanshi.211301030@mun.manipal.edu">Himanshi.211301030@mun.manipal.edu</a>

## 10. News Publication- News printed in newspaper or online links if any for news – insert images)

Nil

## 11. Feedback of the Event (if obtained)

We received the following feedback from a participant:

Labdhi Jain: “It was a very insightful and enlightening group discussion. I am very grateful to the entire core team of Human Rights Cell, Manipal University Jaipur for organizing this event and providing all of us this opportunity to increase our knowledge and awareness.”

## 12. Link of MUJ website stating the event is uploaded on website

<https://jaipur.manipal.edu/muj/life-at-muj/Student-CLUBS/Human-Rights-Cell.html>

Regards,



**MANIPAL UNIVERSITY  
JAIPUR**

**Dr. Maryam Ishrat Beg**

**Associate Professor, School of Law**

**(Faculty Coordinator)**

**Ms. Megha Kaushik**

**President, Human Rights Cell**







**DIRECTORATE OF STUDENT'S WELFARE**

**MANIPAL UNIVERSITY JAIPUR**

**DEPARTMENT OF BIOSCIENCES**

**ENVIRO CLUB PRESENTS**

**Health & Hygiene -A healthy woman makes a healthy society”**

**(LIVE WATER LAB TESTING)**

**Type of Event (Conference/Seminar/Industry Lecture/ Capacity  
Enhancement Session/ Alumni Lecture/etc.)**

**Date of Event ( 11<sup>th</sup> March 2022)**



Content of Report (index)

(Page number may not be required)

(Delete entries which are not applicable)

1. Introduction of the Event
2. Objective of the Event
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4. Details of the Guests
5. Brief Description of the event
6. Geo-tagged Photographs
7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event



## 1. Introduction of the Event

Enviro club in collaboration with Rotary club, Bapu Nagar Jaipur conducted an event with the aim of spreading awareness about drinking water and its measures to test if its fit for drinking purpose or not. This awareness was created among 10<sup>th</sup> and 12<sup>th</sup> students of Govt. Senior Secondary School, Begas on 11th March 2022 at 10:00 AM to 12:00 PM.

## 2. Objective of the Event (bullet points or about 50 words)

- To spread awareness about various parameters of drinking water.
- To guide students on water testing procedures.
- To educate the girls about water and sanitation.

## 3. Beneficiaries of the Event (Student/Faculty/Community etc) (25 words)

- MUJ students
- 10<sup>TH</sup> AND 12<sup>TH</sup> students of Government senior secondary school, Begas
- School and MUJ faculty staff.

## 4. Details of the Guests (Chief Guests, speakers etc Designation, organization, contact details if any please give them in sr no)

- a. Dr. Neetu Bhatnagar (Registrar of MUJ)
- b. Dr. Monika Sogani (Sr. Associate Professor)

## 5. Brief Description of the event (about 200 words)

"A Healthy Woman Makes a Healthy Society" a key initiative and awareness program by India's lead private university #ManipalJaipur in collaboration with #RotaryClub Bapu Nagar Jaipur for more than 200 school girls and boys in near by rural School at Begas. The program was addressed by Chief guest of the function Dr Nitu Bhatnagar, Registrar #MUJ along with Guest of Honour President Rotary Club Bapu Nagar Sh N L Mathur Shb.

Excellent interactive sessions by our female faculty Dr Monika Sogani, Dr Meena Sharma and Dr Reena Poonia on water safety, safe sanitation and opportunities for women in sports.

Special Thanks to #Rotarian team Dr Sudheer Kallaa shb, R S Gupta Shb, Ms Meeta Mathur Mam, Raguhvir Bhandari sa and School Principal Ms Yadav.

## 6. Photographs

3 to 5 geotagged photographs of the event or screenshots of the event (if online) with captions

### DEMONSTRATING THE INSIGHTS OF HEALTH AND HYGIENE



### EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES



### EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES





**EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES**



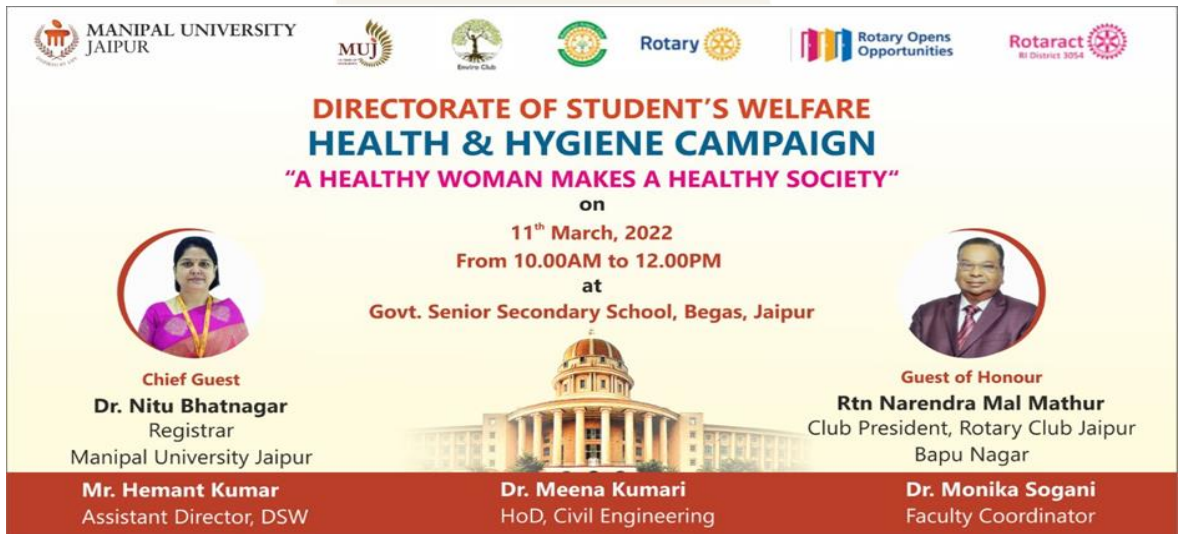
**EDUCATING THE CHILD ABOUT WATER AND ITS CAUSES**





## 7. Brochure or creative of the event





  
**LIVE WATER LAB**  
**जल ही जीवन है**  
**MANIPAL UNIVERSITY JAIPUR**  
**DIRECTORATE OF STUDENT'S WELFARE**  
**(ENVIRO CLUB**  
**/RGC CLUB)**  
*In joint collaboration with*  
**ROTARY CLUB, JAIPUR, BAPU NAGAR**  
**(CLUB ID 73485, Rid 3054)**  
*Organizes*  
**DRINKING WATER TESTING**  
**VENUE: Begas Government School**  
**Time: 10:30 Am Date: 11<sup>th</sup> March, 2022**  
 Dr. Monika Sogani Sr. Associate Professor, Dept. of Biosciences, Faculty Coordinator, ENVIRO Club, MUJ  
 Mr. Hemant kumar Assist. Professor, Dept. of Mechatronics Faculty Coordinator, RGC Club, MUJ



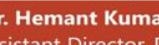

  
**DIRECTORATE OF STUDENT'S WELFARE**  
**HEALTH & HYGIENE CAMPAIGN**  
**"A HEALTHY WOMAN MAKES A HEALTHY SOCIETY"**  
 on  
**11<sup>th</sup> March, 2022**  
**From 10.00AM to 12.00PM**  
 at  
**Govt. Senior Secondary School, Begas, Jaipur**



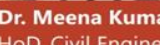
**Chief Guest**  
**Dr. Nitu Bhatnagar**  
Registrar  
Manipal University Jaipur



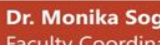
**Guest of Honour**  
**Rtn Narendra Mal Mathur**  
Club President, Rotary Club Jaipur  
Bapu Nagar



**Mr. Hemant Kumar**  
Assistant Director, DSW



**Dr. Meena Kumari**  
HoD, Civil Engineering



**Dr. Monika Sogani**  
Faculty Coordinator

## 8. Schedule of the event (insert in the report)

Serial No.	Name of Students
1	Aditi Agarwal
2	Sakshi
3	Aradhana
4	Manoj
5	Gilchrist
6	Supriya
7	Sanjana
8	Dhruv
9	Tarushi
10	Aanchal
11	Gaury
12	Gurmehar
13	Ishan
14	Mehak



# MANIPAL UNIVERSITY JAIPUR

15	Om
16	Preeti
17	Revansh
18	Sahil
19	Sanskar

The event took place offline on the 11<sup>th</sup> of March 2022

## 9. Attendance of the Event (insert in the document only)

**Total attendee 19**

Dr Abhijeet Singh

Dr. Monika Sogani

**Seal and Signature of Head with date**