



MANIPAL UNIVERSITY JAIPUR

FACULTY OF ARTS

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

ARTS

Utility of Basic Virtues in Yog Philosophy Guest Lecture

20.08.2023

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1. **Introduction of the Event**

In the philosophical framework of Yoga, fundamental virtues hold profound significance, particularly when considered within the context of the lives of sentient beings. The principle of non-violence, or "ahimsa," emerges as a cornerstone of yogic thought, advocating for the abstention from causing harm or pain to any living creature. This virtue extends beyond the prohibition of killing animals and encompasses an ethos of compassion and kindness towards all life forms. The practice of non-violence underscores the interconnectedness of existence and encourages individuals to cultivate empathy, fostering a harmonious coexistence between humans and the broader natural world.

Yoga philosophy also places substantial emphasis on the interplay between virtues and vices. The intrinsic relationship between virtues, such as truthfulness, self-discipline, and contentment, and their corresponding vices is central to the ethical framework. By recognizing the intricate balance between these opposing forces, individuals can effectively navigate the challenges of life and personal growth. Moreover, the cultivation of virtues in yogic philosophy serves as a means to elevate one's consciousness, facilitating the journey towards self-realization and enlightenment.

In the pursuit of yogic virtues, the philosophy underscores the transformation of one's character and ethical disposition. This transformation transcends mere adherence to moral precepts; it entails a deep internalization of values that guide one's actions, thoughts, and emotions. By aligning with virtues, individuals refine their inner landscape and foster a sense of inner tranquility, aligning their lives with the principles of Yoga.

In summary, the utility of basic virtues in yogic philosophy is intricately woven into the fabric of life for all beings. These virtues, particularly non-violence and the dynamic interplay of virtues and vices, illuminate a path towards ethical conduct, personal growth, and the realization of higher consciousness. As individuals strive to integrate these virtues into their lives, they contribute not only to their own well-being but also to the broader harmony of the world around them, in accordance with the profound teachings of Yoga.

2. **Objective of the Event**

- To provide an opportunity to the students to have an in depth understanding of practical use of Philosophy in our daily life.
- To provide an opportunity to have a first-hand interaction with an expert working in the field

3. **Beneficiaries of the Event**

All UG students of Philosophy, Liberal Arts and others (open for all other disciplines) and of the University as a whole.

4. **Details of the Guests**

Dr. D. N. Tiwari, Professor of Philosophy & Religion in the Department of Philosophy, Banaras Hindu University, Varanasi, UP, India. Prof. Tiwari is author of 2 (two) books published by the Indian Council of Philosophical Research (ICPR) and Uma Books Varanasi, India. He has published more than 100 articles in the best journals of philosophy in the area of religion, political philosophy and phenomenology. He has delivered many lectures on the topic in different prestigious universities and institutes in India and across the globe. Hope this topic and lecture will be benefited for students by interacting with him.

5. **Brief Description of the event**

The utility of basic virtues in yogic philosophy extends profound guidance for living beings, emphasizing non-violence as a core principle to promote compassion towards all life forms, and illuminating the interplay between virtues and vices as a transformative pathway towards self-realization and elevated consciousness.

Dr. D. N. Tiwari, a revered authority in yogic philosophy, eloquently expounded upon these principles. His teachings shed light on the enduring significance of basic virtues, notably non-violence, as a cornerstone of compassionate existence, while also elucidating the intricate dynamic between virtues and vices as pivotal in the pursuit of inner growth and enlightenment.

6. Photographs



Meeting now

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Participants

Share invite

- [MA-003-2023-24] ARSHITA INAR...
- [MA-002-2023-24] JAYA CHOUH...
- AT Ananya Tripathi [BA (Liberal Arts)...
- A Anshul [BA (LIBERAL ARTS) - 2022]
- AC Arnav Chaudhary [BSC (Hone Ps...
- AS Ayushi Sharma [MSC (Clinical Ps...
- C Chanda (Guest)
Meeting guest
- CV CHANDER VERD... (Guest)
Meeting guest
- DT Devendra Nath T... (Guest)
Meeting guest
- DJ Dr Meenakshi jo... (Guest)
Meeting guest

1/2

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MANIPAL UNIVERSITY
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NAAC A+ GRADE WITH 3.28 SCORE

Department of Arts
School of Humanities & Social Sciences

Cordially Invites you for a lecture on

**Utility of Basic Virtues in
Yog Philosophy**

Date - August 20, 2023, Sunday | Time – 12pm - 1pm

Platform – TEAMS



Resource Person

Dr D N TIWARI

Retired Professor and HOD
Banaras Hindu University.

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JOIN THE MEETING



7. Brochure or creative of the event



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Resource Person

Dr D N TIWARI
Retired Professor and HOD
Banaras Hindu University.

SCAN QR CODE FOR
JOIN THE MEETING



8. Schedule of the event
12pm- 1pm

9. Attendance of the Event

8/2**Total attendee-**

Sr. No	Name of Institution	Place of Institution	Name of Attendee	Name of Dept
1.	Manipal University Jaipur	Jaipur	Dr. Radhika Mohan Gupta [MU - Jaipur]	LIBERAL ARTS
2.	Manipal University Jaipur	Jaipur	Gaurav Solanki [BA (HONS-PSYCHOLOGY) - 2022]	PSYCHOLOGY
3.	Manipal University Jaipur	Jaipur	Dr. Aditi Priya [MU - Jaipur]	LIBERAL ARTS
4.	Manipal University Jaipur	Jaipur	Dr Meenakshi joshi	PSYCHOLOGY
5.	Manipal University Jaipur	Jaipur	Akansha Varyani [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
6.	Manipal University Jaipur	Jaipur	Dr. Mani Sachdev [MUJ]	LIBERAL ARTS
7.	Manipal University Jaipur	Jaipur	Divya Lavania [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
8.	Manipal University Jaipur	Jaipur	Dr. Dinesh Kumar Saini [MU - Jaipur]	LIBERAL ARTS
9.	Manipal University Jaipur	Jaipur	Dr Richa	LIBERAL ARTS
10.	Manipal University Jaipur	Jaipur	Dr. Avanika Sinha [MU - Jaipur]	PSYCHOLOGY
11.	Manipal University Jaipur	Jaipur	Dr. Trishna Chaudhuri [MU - Jaipur]	LIBERAL ARTS
12.	Manipal University Jaipur	Jaipur	Yagini Singh [BA (Liberal Arts) - 2021]	LIBERAL ARTS

13.	Manipal University Jaipur	Jaipur	Renu (Guest)	LIBERAL ARTS
14.	Manipal University Jaipur	Jaipur	Nikhil Shahani [BA (Liberal Arts) - 2021]	LIBERAL ARTS
15.	Manipal University Jaipur	Jaipur	Sudeepthi Reddy Munagala [BA (LIBERAL ARTS) - 2022]	LIBERAL ARTS
16.	Manipal University Jaipur	Jaipur	Pragya	LIBERAL ARTS
17.	Manipal University Jaipur	Jaipur	Ishita	PSYCHOLOGY
18.	Manipal University Jaipur	Jaipur	parthivi trivedi	LIBERAL ARTS
19.	Manipal University Jaipur	Jaipur	[BA-003-2023-24] ARSHIYA NARERA	LIBERAL ARTS
20.	Manipal University Jaipur	Jaipur	Dr. Bindiya Rawat [MU - Jaipur]	PHYSICAL EDUCATION
21.	Manipal University Jaipur	Jaipur	Dr. Anthony Savari Raj [MUJ]	LIBERAL ARTS
22.	Manipal University Jaipur	Jaipur	Lavanya Rajawat [BPES - 2021]	PHYSICAL EDUCATION
23.	Manipal University Jaipur	Jaipur	Sneha Patni [BA (HONS-PSYCHOLOGY) - 2022]	PSYCHOLOGY
24.	Manipal University Jaipur	Jaipur	Devendra Nath Tiwari (Guest)	LIBERAL ARTS
25.	Manipal University Jaipur	Jaipur	CHANDER VERDHAN (Guest)	LIBERAL ARTS
26.	Manipal University Jaipur	Jaipur	Dr. Bhavana Arya [MU - Jaipur]	PSYCHOLOGY
27.	Manipal University Jaipur	Jaipur	Dr. Chirmi Acharya	PSYCHOLOGY
28.	Manipal University Jaipur	Jaipur	Sai Harinakshi [BSC (Hone Psychology) - 2022]	PSYCHOLOGY

29.	Manipal University Jaipur	Jaipur	Shreya Arora	PSYCHOLOGY
30.	Manipal University Jaipur	Jaipur	Harshita Mishra [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
31.	Manipal University Jaipur	Jaipur	Dhruv Sunil Nair [BA (LIBERAL ARTS) - 2022]	LIBERAL ARTS
32.	Manipal University Jaipur	Jaipur	Dr. Deepak Bangari [MUJ]	PHYSICAL EDUCATION
33.	Manipal University Jaipur	Jaipur	Ananya Rai [BA (Liberal Arts) - 2021]	LIBERAL ARTS
34.	Manipal University Jaipur	Jaipur	Ananya Tripathi [BA (Liberal Arts) - 2021]	LIBERAL ARTS
35.	Manipal University Jaipur	Jaipur	Dr. Kriti Vashishtha [MUJ]	PSYCHOLOGY
36.	Manipal University Jaipur	Jaipur	Vansh Johari	LIBERAL ARTS
37.	Manipal University Jaipur	Jaipur	Vishvendra Singh Shekhawat [BA (Liberal Arts) - 2021]	LIBERAL ARTS
38.	Manipal University Jaipur	Jaipur	Avnee Kaur (Guest)	LIBERAL ARTS
39.	Manipal University Jaipur	Jaipur	Anshul [BA (LIBERAL ARTS) - 2022]	LIBERAL ARTS
40.	Manipal University Jaipur	Jaipur	Saniya khandelwal	LIBERAL ARTS
41.	Manipal University Jaipur	Jaipur	Mohit	PHYSICAL EDUCATION
42.	Manipal University Jaipur	Jaipur	T Vinnila Rao [BA (HONS-PSYCHOLOGY) - 2022]	PSYCHOLOGY
43.	Manipal University Jaipur	Jaipur	Siddhi Bagmar (Guest)	
44.	Manipal University Jaipur	Jaipur	Chanda	LIBERAL ARTS

45.	Manipal University Jaipur	Jaipur	Shreya Bhardwaj [BA (HONS-PSYCHOLOGY) - 2022]	PSYCHOLOGY
46.	Manipal University Jaipur	Jaipur	Manjot	
47.	Manipal University Jaipur	Jaipur	Manya Narain Wadhvani [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
48.	Manipal University Jaipur	Jaipur	Dr. Anjalee Narayan [MUJ]	LIBERAL ARTS
49.	Manipal University Jaipur	Jaipur	Ishita Rajdev	PSYCHOLOGY
50.	Manipal University Jaipur	Jaipur	nalin sharma (Guest)	PSYCHOLOGY
51.	Manipal University Jaipur	Jaipur	Nazia	
52.	Manipal University Jaipur	Jaipur	Siddharth Hada	
53.	Manipal University Jaipur	Jaipur	Arnav Chaudhary [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
54.	Manipal University Jaipur	Jaipur	Tamanna	
55.	Manipal University Jaipur	Jaipur	Tanisha Kanwar Chauhan [BA (Liberal Arts) - 2021]	LIBERAL ARTS
56.	Manipal University Jaipur	Jaipur	Sunidhi Chauhan [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
57.	Manipal University Jaipur	Jaipur	Aditi [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
58.	Manipal University Jaipur	Jaipur	sneha khatri	

59.	Manipal University Jaipur	Jaipur	Angel Mariyam Jojan [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
60.	Manipal University Jaipur	Jaipur	Suhani Bhatnagar [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
61.	Manipal University Jaipur	Jaipur	Riya Mitra [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
62.	Manipal University Jaipur	Jaipur	Aarohi Jain [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
63.	Manipal University Jaipur	Jaipur	Ayushi Mittal [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
64.	Manipal University Jaipur	Jaipur	Diksha Roopwani [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
65.	Manipal University Jaipur	Jaipur	Dr. Suyesha Singh [MU - Jaipur]	PSYCHOLOGY
66.	Manipal University Jaipur	Jaipur	Divya Didel [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
67.	Manipal University Jaipur	Jaipur	Uday Singh	PSYCHOLOGY
68.	Manipal University Jaipur	Jaipur	jagriti sharma	PSYCHOLOGY
69.	Manipal University Jaipur	Jaipur	Muskan Mathur [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
70.	Manipal University Jaipur	Jaipur	Arunima Das [BSC (Hone Psychology) - 2022]	PSYCHOLOGY

71.	Manipal University Jaipur	Jaipur	[MA-002-2023-24] JAYA CHOUHAN	PSYCHOLOGY
72.	Manipal University Jaipur	Jaipur	Komal Yogesh Shah [BA (HONS-PSYCHOLOGY) - 2022]	PSYCHOLOGY
73.	Manipal University Jaipur	Jaipur	garima sablani	ECONOMICS
74.	Manipal University Jaipur	Jaipur	Isha Gupta [BA (HONS-PSYCHOLOGY) - 2022]	PSYCHOLOGY
75.	Manipal University Jaipur	Jaipur	Dr. Charu Dhankar [MU - Jaipur]	PSYCHOLOGY
76.	Manipal University Jaipur	Jaipur	Vamakshi Singh [BA (LIBERAL ARTS) - 2022]	LIBERAL ARTS
77.	Manipal University Jaipur	Jaipur	Dimple Sharma [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
78.	Manipal University Jaipur	Jaipur	Urshi	
79.	Manipal University Jaipur	Jaipur	Monika	
80.	Manipal University Jaipur	Jaipur	amisha (Guest)	
81.	Manipal University Jaipur	Jaipur	Choszin Nilza Wangmo [BA (HONS-PSYCHOLOGY) - 2022]	PSYCHOLOGY
82.	Manipal University Jaipur	Jaipur	zaina nabi	PSYCHOLOGY
83.	Manipal University Jaipur	Jaipur	Suryanshu Anand [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
84.	Manipal University Jaipur	Jaipur	Vani Divakar Shetty [MSC (Clinical	PSYCHOLOGY

			Psychology) - 2022]	
85.	Manipal University Jaipur	Jaipur	Gagan Jain [MUJ]	PSYCHOLOGY
86.	Manipal University Jaipur	Jaipur	Bhor Nandini Hada	PSYCHOLOGY
87.	Manipal University Jaipur	Jaipur	Vruti Sanjaybhai Patel [BSC (Hons Psychology) - 2021]	PSYCHOLOGY
88.	Manipal University Jaipur	Jaipur	Prerna	PSYCHOLOGY
89.	Manipal University Jaipur	Jaipur	Gaurav Sharma [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
90.	Manipal University Jaipur	Jaipur	Ojasvi Raturi	PSYCHOLOGY
91.	Manipal University Jaipur	Jaipur	Yogesh Gupta [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
92.	Manipal University Jaipur	Jaipur	Yogita Santosh Appur [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
93.	Manipal University Jaipur	Jaipur	Anisha Banwala [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
94.	Manipal University Jaipur	Jaipur	Karnika Kapoor [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY
95.	Manipal University Jaipur	Jaipur	Bhumika Pandey [BSC (Hone Psychology) - 2022]	PSYCHOLOGY
96.	Manipal University Jaipur	Jaipur	Urvashi Chouhan [MSC (Clinical Psychology) - 2022]	PSYCHOLOGY

97.	Manipal University Jaipur	Jaipur	Ananya Machiwal [BA (HONS- PSYCHOLOGY) - 2022]	PSYCHOLOGY
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Dr. Mani Sachdev
Head, Department of Arts
Manipal University Jaipur

25.8.23

Seal and Signature of HOD